



2024 BOLAND ATHLETICS PRELIMINARY SENIOR TRACK & FIELD TEAM FOR ASA CHAMPIONSHIPS

Selected Athlete/s	Boland A- QS	ASA Entry MEN I/C	OG Entry MEN	EVENT	OG Entry WOMEN	ASA Entry WOMEN I/C	Boland A-QS	Selected Athlete/s
	10.48	10.50 10.60	10.00	100m	11.07	12.20 12.30	11.90	
	20.93	21.25 21.35	20.16	200m	22.57	25.00 25.10	24.24	
VAN NIEKERK, WAYDE MARTIN, WIAAN 46.32	46.74	48.10	45.00	400m	50.95	57.50	53.81	
	01:48.97	1:51.70	1:44:70	800m	1:59:30	2:14.60	02:11.12	
	03:46.29	3:55.50 3:52.00	3:33.50	1500m	4:02.50	4:50.00 4:45.00	04:28.13	
HENDRICKS, DEON LEE 13:56.61	13:59.20	14:45.00 14:30.00	13:05.00	5000m	14:52.00	18:16.00 18:00.00	16:06.54	LISHA VAN ONSELEN
NADEEL WILDSCHUTT	29:45.42	31:50.00 31:15.00	27:00.00	10 000m	30:40.00	40:30.00 39:30.00	36:36.93	LISHA VAN ONSELEN
	09:15.47	9:55.00 9:45.00	8:15.00	3000m SC	9:23.00	13:12.00 13:00.00	11:41.17	
				100mH	12.77	14.95 15.05	14.31	
	14.06	15.45 15.55	13.27	110mH				
	52.74	54.00	48.70	400mH	54.85	1:03.60	57.12	
FOURIE KEAGON 2.15 POOLE, BREYTON 2.17 VAN DER MERWE, LUKE 2.13	2.07	1.98m	2.33	HJ	1.97	1.62m	1.68	AHRENS, LISA 1.73
NEL, HANDRE 4.60 VAN EYK, ZANDER 4.80 PUTZIER, BRYCE 4.80 LEE ROTHMAN MIKAEL VAN HYTEEN	4.54	4.20m	5.82	PV	4.73	3.00m	3.25	REINSTORF, MIRE ROTHMAN, SYDNEY 4.00 DE BEER, ANSUME 3.80
SAMAAI RUSWAHL MANUEL, DIVAN 7.69	7.61	7.10m	8.27	LJ	6.86	5.50m	5.91	CORNELISSEN, ANDREA 6.01 ABRAHAMS, KIERA-LEE 5.95 BASSON, MIEKE 5.92
MBONGO, MIVUYO 15.85	15.28	14.10m	17.22	TJ	14.55	11.10m	12.38	
	17.44	14.80m	21.50	SP	18.80	11.80m	14.57	

HOGAN VICTOR	51.30	45.00m	67.20	DT	64.50	42.00m	51.29	
BOTHMA, DAMIEN 60.47 FRECHOU, RENALDO 59.82 SMIT, CHRISTOPHER 59.90	57.31	50.00m	78.20	HT	74.00	46.00m	54.03	
VAN ROOYEN, ROCCO 79.62	64.46	59.00m	85.50	JT	64.00	40.50m	48.73	VAN SCHALKWYK, JANA 55.42
PEREZ, JESSE	3646	5 000 Pts	8,460	DEC				
				HEP	6,480	4 000 Pts	2933	
	1:40:48.00	1h:50.00 1h48:00.00	1:20:10	20km W		2h05:00.00 2h03:00.00	2:01:37.78	
HARTOGH, ADRIANO ABRAHAMS MO-EECK				MEN U/20 DECATH				
BROOKES, LEAGON JORDAAN, MATT				MEN U/18 DECATH				
ENJAY BROWN				BOYS U/16 PENT				
				WOMEN U/20 HEPT				MOSTERT, MIEKE
DANIELLE VAN DER HEIDE				WOMEN U/18 HEPT				SMIT, ANJA/CARA WILSON MONIQUE DE BEER
				GIRLS U/16 PENT				BRIANA GEORGE, KAYLA LE ROUX
AFRIKA, MICAH KAYSTER, MARLON SYSTER, TRISTAN EKSTEEN, CANAAN QUDE MATJAN				U/16 4 X100M				KONDE, FAITH CORNELIUS, ASHLEY KAYSER, CHARNE STICKLING, MILANA
COETZEE, JAGER BUSH, JOWAINE				U/18 4 X 400M MIXED				WILSON, MIA VILJOEN, PIPPA HELEN DU TOIT
AFRIKA, MICAH BOTH, LUC, MEYER, LEZARIO, MARLON KAYSTER JORDAN TIM				U/16 MEDLEY				KONDE, FAITH, KAYSER, CHARNE MARTHINUSSEN, CUBIN BINNEMAN, ENYA STICKLING, MILANA

GENERAL CRITERIA

1. The final selection of the team is subject to the final approval by the Boland Athletics Board.
2. The Boland Athletics Selection Criteria is an annexure to the Boland Athletics Constitution that deals with the “Strategy for the Selection and Preparation of Boland Athletics Teams”.
3. In selecting athletes for the SA Championships, priority will be given to the selection of athletes with the potential to qualify for IAAF World Championships Events and to win medals for Boland Athletics at the Athletics South Africa Championships.
4. Athletes who do not achieve Boland Athletics Qualifying Times/Standards will be selected onto the Final Team at the discretion of the BA Executive Board.

APPEAL

An athlete not in the team when it is announced has the right to appeal in writing for consideration to be included in the final team.

The appeal must be made to the Boland Athletics office at office@bolandathletics.com by 13:00 on Tuesday 9 April 2024.

The appeal should include all information the athlete considers relevant to the selection panel’s reconsideration of its decision.

Issued Sunday 7 April 2024



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