



2023 BOLAND ATHLETICS CLUBS AS AT 7 DECEMBER 2023

ASHTON AC, ASHTON (Cape Winelands District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Lettesia Swanepoel-Papa	066 535 9817	lettesiaswanepoel@gmail.com
Secretary	Lucreatia Jansen	061 795 4012	Lucreatia 29@gmail.com
Treasurer	Beatrix Jansen	072 115 2300	Beatrixjansen007@gmail.com

BOLAND CORRECTIONAL SERVICES AC, MALMESBURY (West Coast District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Basil Jantjies	082 045 5030	basil.jantjies@dcs.gov.za
Secretary	Wiseman Soni	073 468 7768	wiseman.soni@dcs.gov.za
Treasurer	Johnty Rhode	082 723 4394	

BOLAND SANDF AC, SALDANHA BAY (West Coast District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Phineas David	083 277 4398	Phineasblows@yahoo.com
Secretary	Dibakazi Sizani		gdibakazi@yahoo.com
Treasurer	Cecilia Lesego		Celkilelo@gmail.com

BONNIEVALE AC, BONNIEVALE (Probation Club) (Cape Winelands District)

Position	Name and Surname	Mobile	E-Mail
Chairperson			
Secretary			
Treasurer			

BOTRIVIER AC, BOTRIVIER (Probation Club) (Overberg District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Louis Swartz	072 060 0967	jennydiannswartz@gmail.com
Secretary	Jenny Swartz	084 077 2759	botrivierathleticsclub@gmail.com
Treasurer	Jan Gildenhuys	083 656 6894	jangildenhuys@gmail.com

BREDASDORP AC, BREDASDORP (Overberg District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Gurswin Prins	081 813 3522	prinsmens@gmail.com
Secretary	Kelly Ann Vries	076 475 3862	kellyv@capeagulhas.gov.za
Treasurer	Jacoba Fouch-Hack	071 098 7260	cobiefouche@gmail.com

CALEDON AC, CALEDON (Probation Club) (Overberg District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Edward Wessels	082 954 8784	edward.motivation100@gmail.com
Secretary	Theresa Plaatjies	083 315 2724	Tplaatjies9@gmail.com
Treasurer	Dayle Combrinck	081 214 2835	combrinckdayle@vodamail.co.za

CAPITEC AC, STELLENBOSCH (Cape Winelands District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Marais Van Wyk	072 954 7114	maraisvanwyk@capitecbank.co.za
Secretary	Anja Wolstenholme	084 824 5027	anjawolstenholme@capitecbank.co.za
Treasurer	Selatole Moshabane	078 393 3714	selatolemoshabane@capitecbank.co.za

CERES AC, CERES (Cape Winelands District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Nico Jansen	078 882 5299	njansen2003@hotmail.com
Secretary	Jakob Volmoer	078 558 2537	jakobvolmoer666@gmail.com
Treasurer	Dawid Koopman	083 736 9790	david.koopman@gmail.com

CITRUSDAL AC, CITRUSDAL (Probation Club) (West Coast District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Johannes Zimri	083 445 4737	johannes.zimri@westerncape.gov.za
Secretary	Carl Potgieter	082 883 4856	citrusdalathletics@gmail.com
Treasurer	Carl Potgieter	082 883 4856	citrusdalathletics@gmail.com

CLUB MYKONOS MULTISPORT, LANGEBAAN (West Coast District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Bossie Boshoff	083 462 4400	clubmykonosport@gmail.com
Secretary	Marcelle Greef	072 113 5490	marcellegreef1@gmail.com
Treasurer	Helane Smit	082 052 7837	hsmit@clubmykonos.co.za

DWARSRIVER VALLEY AC, DWARS RIVER VALLEY (Cape Winelands District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Eleanor Damon	072 836 1092	eleanordamon@yahoo.com
Secretary	Faith Stubbs	078 157 3737	stubbsfaith2@gmail.com
Treasurer	Desire Williams	076 903 8598	desirewilliams85@gmail.com

ELGIN GRABOUW AC, GRABOUW (Overberg District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Derrick Uren	082 707 7497	derrickuren@gmail.com
Secretary	Shirley Jonas	082 977 4695	elgingrabouwatletiekkklub@gmail.com
Treasurer	Petra Smit	082 776 8811	elgingrabouwatletiekkklub@gmail.com

FRANSCHHOEK AC, FRANSCHHOEK (Cape Winelands District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Christopher Boonzaaier	082 404 8244	chribo233@gmail.com
Secretary	Carol Davids	072 342	
Treasurer	Jeff Roziers	082 318 7943	jeffroziers@gmail.com

HANGKLIP AC, KLEINMOND (Overberg District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Japie Swanepoel	082 443 3033	japie@raceday.co.za
Secretary	Wendy Lucas	083 383 3534	wendylucas.ct@gmail.com
Treasurer			

HOPEFIELD AC, HOPEFIELD (Probation Club) (West Coast District)

Position	Name and Surname	Mobile	E-Mail
Chairperson			
Secretary			
Treasurer			

LANGEBAAN AC, LANGEBAAN (West Coast District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Christopher Rogers	073 232 0046	chrodgers1@gmail.com
Secretary	Winston Cloete	078 603 1771	wcloete@yahoo.com
Treasurer	Francois Simerie	078 761 3740	fsimerie3@gmail.com

LANGEBAAN STRANDLOPERS AC, LANGEBAAN (West Coast District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Louis Van Der Walt	082 949 2333	lvdw1@mweb.co.za
Secretary	Dollie Viljoen	066 224 2661	dolliev636@gmail.com
Treasurer			

MATIES STELLENBOSCH AC, STELLENBOSCH (Cape Winelands District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Heinrich Fortuin	074 321 9782	heinrichfortuin@gmail.com
Secretary	Malikha Martin	081 424 6258	Malikha09@gmail.com
Manager/Treasurer	Keagan van Aarde	083 387 9976	vanaarde@sun.ac.za

MONTAGU AC, MONTAGU (Cape Winelands District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Freek Fortuin	076 518 7576	fortuinfreek@gmail.com
Secretary	Patty van Dyk	082 744 3655	pattivdyk@gmail.com
Treasurer	Patti Van Dyk	082 744 3655	pattivdyk@gmail.com

NAMAQUA AC, (West Coast District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Adele Maass	083 627 7759	maassadele@gmail.com
Secretary	Elna Esterhuysen	083 701 1316	elnawj@gmail.com
Treasurer	Alwyn Maass	083 639 9830	alwyn@namaquawines.co.za

OLIFANTSRIVIER AC, VREDENDAL (West Coast District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Gerrie Cilliers	083 650 0642	gerriec64@gmail.com
Secretary			
Treasurer			

PAARL AC, PAARL (Cape Winelands District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Brandon Du Plessis	076 187 7260	brandonathletics@yahoo.com
Secretary	Hope Conradie	071 999 3326	hopeconradie13@gmail.com
Treasurer	David Andrews	084 621 3066	deandrews16@gmail.com

ROBERTSON AC, ROBERTSON (Cape Winelands District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Edward Salies	078 812 1069	edwardsalies@gmail.com
Secretary	Almarie Salies	082 834 0817	almariecoerecius@gmail.com
Treasurer	Jonita Philander	076 424 0643	jphilander94@gmail.com

SALKORIANE AC, VREDENBURG (West Coast District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Sakkie Mentoor	083 304 0143	mentoor.sakkie@gmail.com
Secretary	Catherine Muray	064 008 0589	mentoor.sakkie@gmail.com
Treasurer	Katrina Bester	060 356 1216	mentoor.sakkie@gmail.com

ST HELENA BAY AC, ST HELENA BAY (West Coast District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Joggie Maarman	071 438 6699	joggiemaarman2016@gmail.com
Secretary	Denvor Onverwacht	084 736 2177	justdenvor@gmail.com
Treasurer	Dawid Andrews	084 835 7297	andrewsdawid6@gmail.com

STELLENBOSCH AC, STELLENBOSCH (Cape Winelands District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Willem Smit	082 576 1965	wsmit@sun.ac.za
Secretary	Khanita Rhode	079 720 4315	stellenboschatletiekklub@gmail.com
Treasurer	Anneke Slabbert	083 232 6804	annekeslabbert7@gmail.com

SWARTLAND AC, MOORREESBURG (Cape Winelands District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Piet Smit	073 447 2902	pietsmit26@gmail.com
Secretary	Karola Venter	066 387 4151	venterkarola@gmail.com
Treasurer	Susan Smit	082 214 2511	susansmit6@gmail.com

THE ATHLETE ACADEMY AC, STELLENBOSCH (Cape Winelands District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Elana Meyer	079 895 0574	eliteendurancesa@gamil.com
Secretary	Mia Lyons	084 061 2872	admin@athletesacadsemy.co.za
Treasurer	Janet Welham	083 270 9601	janet@saige.co.za

WHALERS AC, HERMANUS (Overberg District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Les Hanna	082 525 2468	lesgeorgehanna@hotmail.com
Secretary	Louise Erasmus	082 897 1650	brownjug@hermanus.co.za
Treasurer	Ronel Bootha	082 656 0147	ronelbootha@gmail.com

WELLINGTON AC, WELLINGTON (Cape Winelands District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Jacobus Visagie	083 442 5335	jacobusvsg@gmail.com
Secretary	Charles Botman	072 876 2815	atletieklklubwellington@gmail.com
Treasurer	Cathrine Meyer	072 971 6361	cathrine.meyer3@gmail.com

WORCESTER AC, WORCESTER (Cape Winelands District)

Position	Name and Surname	Mobile	E-Mail
Chairperson	Russell Cupido	082 532 0826	russell.cupido@gmail.com
Secretary	Vondra Nell	071 083 2085	kostervondra@gmail.com
Treasurer	Husaam Neethling	081 776 1675	neethlinghusaam@gmail.com



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