



**UPDATED FINAL BOLAND TEAM TO ASA NATIONAL CROSS COUNTRY CHAMPIONSHIPS
SATURDAY 16 SEPTEMBER 2023 AT NELSON MANDELA UNIVERSITY IN GQEBERHA**

	NAME	SURNAME	CLUB/SCHOOL	EVENTS	ID NUMBER	LICENCE
1	Leone	Hugo	Paarl Gimnasium High School	G16	070111 0129 080	J20239
2	Yandiswa	Shange	Athletes Academy AC	SW-4km	000630 1316 086	P119
3	Fina	Dube	Athletes Academy AC	SW-4km	00094 1351 080	P177
4	Anja	van Heerden	Maties AC	W23-4km	031210 0455 087	P240
5	Bellamy	Kruger	Maties AC	W23-4km	021127 0109 088	P213
6	Riana	Nel	Stellenbosch AC	W23-4km	040721 0117 088	J20247
7	Louise	Dippenaar	Swartland AC	SW-4km	910717 0176 089	P81
8	Lisha	Van Onselen	Athletes Academy AC	SW-10km	970310 0320 084	P125
9	Elisabeth	Maritz	Whalers AC	MW-40	790730 0022 083	P434
10	Mariaan	Malan	Swartland AC	MW-55	670824 0031 080	P54
11	Martha	Harmse	Bredasdorp AC	MW-55	650925 0080 086	P1361
12	Mark	Lester	Paul Roos Gimnasium	B15	081020 5244 082	J 20400
13	Patrick	Witbooi	St Albans Primary School	B15	080716 6648 087	J20667
14	JP	VD Walt	Parel Vallei High School	B16	071009 5807 081	J20669
15	Nashville	Hofmeester	Ceres AC	JM-8km	040519 5409 082	J20596
16	Angelo	Booyesen	Correctional Services AC	SM-4km	911001 5325 085	P1204
17	Alexandro	Da Silva	Maties AC	M23-4km	010221 5266 085	P243
18	Deon-Lee	Hendricks	Athletes Academy AC	SM-4km	970717 5250 084	P104
19	Nadeel	Wildschutt	Athletes Academy ACV	SM-4km	961128 5339 086	P126
20	Nadeel	Wildschutt	Athletes Academy ACV	SM-10km	961128 5339 086	P126
21	Deon-Lee	Hendricks	Athletes Academy AC	SM-10km	970717 5250 084	P104
22	Angelo	Booyesen	Correctional Services AC	SM-10km	911001 5325 085	P1204
23	Anton	Farao	Wellington AC	MM40	800909 5321 082	P1528
24	Dawid	Andrews	St Helena Bay AC	MM55	651005 5216 081	P1401
25	Dirkie	Bester	Swartland AC	MM55	870708 5059 089	P89
26	Thomas	Moses	Ceres AC	MM65	570109 5137 087	P633

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