



PRELIMINARY BOLAND ATHLETICS TEAM FOR 2023 ASA HALF MARATHON CHAMPIONSHIPS AT POLLOCK BEACH, SUMMERSTRAND IN GQEBERHA ON SATURDAY 3 JUNE 2023.

ATHLETE	CATEGORY	CLUB
Deon-Lee Hendricks	Senior Men	The Athlete Academy
Dawid Andrews	Men 50 to 59	St Helena Bay Athletics Club
John Small	Men 60 to 69	Wellington Athletics Club
Cailey Bredenkamp	Women 60 to 69	Paarl Athletics Club

APPEALS PROCESS:

Athletes who may have been overlooked for the team have until 12:00 on Friday 19 May 2023 to appeal in writing for reconsideration to be included in the final team by email to the Boland Athletics Office at office@bolandathletics.com

1. All appeals must include the following information:
2. Name and Surname of Athlete
3. Club and 2023 ASA License Number
4. Qualifying Event and Qualifying Time/Distance
5. Event where qualifying distance was achieved.

PLEASE NOTE

The ASA Half Marathon Championships will be hosted in conjunction with the Nelson Mandela Bay 21.1km race presented by Eastern Province Athletics.

No individual athletes will be allowed to enter the ASA Half Marathon Championship race, but they can enter the open race as contenders, providing they meet the qualifying criteria.

Athletes not selected to represent a province can enter the open race as individuals, but may not wear provincial colours, and will not count towards the member team prizes.

These entries must be sanctioned by the Province and are done with the LOC.

The individual athletes must pay their own entry fee as stipulated on the brochure of the race.



Mike Fraser
Boland Athletics Office
Mobile: 083 518 7272
Email: office@bolandathletics.com
Website: www.bolandathletics.com

17 May 2023