



INTERNATIONAL SCHOOLS RELAY COMPETITION

5 NOVEMBER 2022

DALJOSAFAT STADIUM, PAARL



PROGRAM

Performance Scores: ASA 2020 table, Electronic Time, Height above sea=0

Seq	Time	Pit	Event	Category	Next	Spec
1	10:00		Final Boys 18 1,2,3,4-00m Relay			
2	10:10		Final Boys 18 4X800m Relay			
3	10:20		Final Girls 11 4X100m Relay			
4	10:30		Final Boys 11 4X100m Relay			
5	10:50		Final Boys 12 4X100m Relay			
6	11:00		Final Girls 12 4X100m Relay			
7	11:20		Final Girls 15 4X100m Relay			
8	11:30		Final Boys 15 4X100m Relay			
9	11:40		Final Girls 16 4X100m Relay			
10	11:50		Final Boys 16 4X100m Relay			
11	12:00		Final Girls 13 4X100m Relay			
12	12:10		Final Boys 13 4X100m Relay			
13	12:20		Final Girls 18 4X100m Relay			
14	12:30		Final Boys 18 4X100m Relay			

GENERAL INFORMATION

- All team managers must report at 09:00 in the registration hall for team managers meeting.
- Final timetable will be discussed.
- Please fill in attached Excel Sheet and email to the Boland Athletics Office.
office@bolandathletics.com
- All athletes will receive a participation certificate.
- The medal ceremony for each race will take place immediately after each final.
- Teams (Team Managers) will be hosted inside a demarcated area on the field. Please bring school Gazebos with.
- All other spectators can make use of the grass embankment and the pavilion.
- Tuckshop will be available

All enquiries regarding:

Entries: Reinhard Jonkerman: jonkermanr@gmail.com

Regards

Boland Athletics