

AANDWEDLOOP NIGHT RUN

7 Dec 2022 | 10 KM



**IN SUPPORT OF
DRAKENSTEIN
PALLIATIVE HOSPICE**

STARTING TIME (10KM) 18:30

**LICENSED RUNNERS (R100)
pre-entry**

**UNLICENSED RUNNERS (R150)
pre-entry**

**LICENSED RUNNERS (R110)
raceday-entry**

**UNLICENSED RUNNERS (R160)
raceday-entry**

**STARTING TIME (5KM) 18:45
Fun Run**

(R60) pre-entry

(R70) raceday-entry

**PRE-ENTRIES AVAILABLE
info@topevents.co.za**

FIRST 1 500 ENTRIES FOR 10KM

FIRST 500 ENTRIES FOR 5KM

**PICNIC BASKETS &
REFRESHMENTS FOR SALE (NO
ALCOHOL WILL BE SOLD OR
ALLOWED AT THE VENUE)**

PAARL



**ATLETIEKKLUB
ATHLETIC CLUB**
1895 - 1995



NATIONAL LOTTERIES COMMISSION
a member of the dti group



**Drakenstein
Palliative
Hospice**
helping people, help people



BOLAND ATHLETICS

RACE INFORMATION

ENQUIRIES	LUCKY MOKWENA: lmokwen1@icloud.com 0848265895
ENTRY FEE (10 KM)	R100 (PRE-ENTRY info@topevents.co.za) R110 (RACEDAY-ENTRY at VENUE)
TEMPORARY NUMBER	R50
STARTING TIME	18:30
CUT-OFF TIME	20:30
ENTRY FEE (5 KM)	R60 (PRE-ENTRY info@topevents.co.za) R70 (RACEDAY-ENTRY at VENUE)
STARTING TIME	18:45
PRIZE GIVING	20:30
AGE (10 KM)	15 YEARS +
MEDALS	All finishers on both distances to receive medals
GENERAL	RACE CARD COMPULSORY (HAND IN AT FINISH LINE). No card no results

ADDITIONAL INFORMATION

- PRE-ENTRIES (10KM ONLY) via TOPEVENTS website www.topevents.co.za on or before Sunday, 04 December 2022 at 24:00. info@topevents.co.za.
- PRE-ENTRIES (5KM ONLY) contact lmokwen1@icloud.com.
- Entries day of event from 16:00-18:15
- Race number collections 16:00-18:15
- Only the first 1500 entries will be excepted. Entries received after cut-off time will not be excepted.
- Official race number MUST be worn on the front and the 2022 license numbers back of the vest for LICENSED RUNNERS.
- Official race number MUST be worn on the front and the TEMPORARY LICENSE on the back of the vest for UNLICENSED RUNNERS.
- Age category tags must be clearly visible on the vest Infront.
- Please note we will not have a separate price for walkers.
- Tog bag facility will be available, but we urge all participants to leave all bags in cars.
- Security for the duration of the event.

PRIZE (MEN AND WOMEN)

	1	2	3	4
SENIOR	R600	R400	R250	R200
VETERANS	R300	R200	R150	
MASTERS	R250	R200	R150	
GRAND MASTERS	R250	R200	R150	
JUNIORS	R250	R200	R150	

ENTRY FORM

NAME				SURNAME				
MOBILE				EMAIL				
AGE ON 07 December 2022		2022 LICENCE		CLUB				
CATEGORY	S	V 40 - 49	M 50 - 59	GM 70 - 79	J (15 - 19)	SEX	M	F

BANKING DETAILS: PAARL ATLETIEKKLUB/ ABSA/ BRANCH: 334210/ ACCOUNT NR: 400158223

PLEASE EMAIL PROOF OF PAYMENT AND ENTRY FORM TO: lmokwen1@icloud.com

DECLARATION

I declare that I am an amateur and agree to abide by the rules of the race as well as the rules of ASA. I hereby indemnify the organizers, of any claims that may result from my participation in this race.

COMPETITORS SIGNATURE:

ATHLETES YOUNGER THEN 18 PLEASE NOTE PARENTS OR GUARDIAN MUST SIGN