



2022 BOLAND ATHLETICS & BOLAND SCHOOLS CROSS COUNTRY CHAMPIONSHIPS REPORT

Boland Athletics and Boland Schools athletes produced a festival of Cross Country Running at the Boland Athletics and Boland Schools Cross Country Championships at Dal Josaphat Stadium in Paarl on Saturday 13 August 2022. These athletes have been competing in 6 Regional Cross Country Leagues spread out across 9 Regions across the length and breadth of the Boland since 7 May 2022 in preparation for the Boland Athletics and Boland Schools Cross Country Championships. The Results of the Championships are attached with this Report.





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