



BOLANDATHLETICS

BOLAND ATHLETICS TEAM FOR 2022 ASA TRACK & FIELD CHAMPIONSHIPS

*Minimum age to qualify for ASA SA Senior Championships - born 2006 or older

MEN	EVENT	WOMEN
Wade Van Niekerk (PAC)	100m	
Wade Van Niekerk (PAC)	200m	Zaine LOTTER (MAT)
Gardeo ISAACS (MAT) Pieter CONRADIE (MAT)	400m	
	800m	Mienke VILJOEN (AA) [J3314]
	1500m	
Deon-Lee HENDRICKS (AA)	5000m	
	10 000m	
	3000m SC	Chenique SAS (WOR)
Antonio ALKANA (PAC) Jason OCTOBER (MAT)	110mH / 100mH	Nienka DU TOIT (AA) Minke ENGELBRECHT (PAC)
Clemond NEL (PAC)	400mH	Barbara DE KOCK (PAC)
Breyten POOLE (MAT) Keagan FOURIE (AA)	High Jump	Nienka DU TOIT (AA) Lisa AHRENDIS (PAC) Miclynn AFRICA (PAC)
Nicus VAN COLLER (PAC) Migail VAN HUYSTEEN (PAC) Handre NEL (STE) Dehan FRYLINK (STE) James DU TOIT (PAC) Jessie PEREZ (MAT)	Pole Vault	Anais VAN WYK (PAC) Sumari RADEMEYER (PAC) Miré REINSTORF (MAT)
Ruswahl SAMAAI (PAC) Daiyaan WYNGAARD (PAC) Jason TITO (PAC) Lleyton DAVIDS (PAC)	Long Jump	Kira-Lee ABRAHAMS (PAC) Monique ENGELBRECHT (PAC) Andrea CORNELLISSSEN (MAT) Azria SYLVESTER (MAT) Adrienne GALLOP (PAC)
Patrick GENTIL (MAT) Cheslin KORTJE (MAT) Lleyton DAVIDS (PAC)	Triple Jump	
	Shot Put	Nienka DU TOIT (AA)
Victor HOGAN (PAC) Rocco NORTJE (PAC)	Discus Throw	Cara COETZEE (PAC)
Renaldo FRECHOU (PAC) Damion BOTHMA (PAC)	Hammer Throw	
Rocco VAN ROOYEN (PAC)	Javelin Throw	Cari STEENKAMP (PAC) Jana VAN SCHALKWYK (MAT)

Appeals Process:

Athletes who are not in the team have until 12:00 on Friday 8 April 2022 to appeal in writing for reconsideration to be included in the final team by email to the Boland Athletics Office at office@bolandathletics.com

All appeals must include the following information: Name and Surname of Athlete, Club, 2022 ASA License Number, Event, Qualifying Time/ Distance/ Event where qualifying distance was achieved.



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