

Boland Athletics (Provincial Athletics Coach) Level 2

MONDAY/ TUESDAY - 04/05 OCTOBER 2021 - DALJOSAFAT STADIUM - PAARL

Please note:

Only coaches with a valid level 1, coaching certificate and evidence of coaching for at least a year will be able to register for the level 2 coaching course.

PROGRAMME OF ACTIVITIES

Day 1

Monday, 04 October 2021

Registration/ Opening	08h00 - 09h00
Session 1	09h00 - 11h00
Tea	11h00 - 11h30
Session 2 (Drug Free Sport)	11h30 - 12h00
Session 3	12h00 - 13h00
Lunch	13h00 - 14h00
Session 4	14h00 - 16h00
	16h00 - 16h30

Day 2

Tuesday, 05 October 2021

Registration
Session 1
Tea
Session 2
Session 3
Lunch
Exam
Closing

Cost: Valid Boland Athletics License nr: R500 p/p

: No License Nr/ From other region:R700 p/p :Include - Breakfast/ Lunch/ 2 Water per day/ Certificate/

Notes - Please bring with writing pad and pen/ pencil

Banking Details

Boland Athletics, Standard Bank, Paarl, Branch Code: 050210, Account Number: 072179503, Payment Reference: Name - CC22021. Please bring deposit slip with. Cash payments will be excepted on the day.

Optional:

Boland Athletics Cap R100

Boland Athletics Coaching Manual R200.00

michael.fraser0@gmail.com [Switch account](#)



The name and photo associated with your Google account will be recorded when you upload files and submit this form. Only the email you enter is part of your response.

* Required

Email *

Your email

Surname and Name *

Your answer

Sex *

Female

Male

Date of Birth *

Date

yyyy/mm/dd

ID Number *

Your answer



Demographics *

- White
- Colored
- Black
- Indian
- Other:

Disability *

- Yes
- No
- Maybe

Type of Disability *

Your answer

ID Photo *

 Add file

Address *



Your answer

District *

Wine-lands

Overberg

West Coast

Phone number (Mobile) *

Your answer

Club/ School/ Tertiary Institution *

Your answer



Please select ONE discipline *

- Short Sprints
- Long Jump/ Triple Jump
- Option 3
- Hurdles
- High Jump
- Javelin
- Discus
- Shot Put
- Middle Distance
- Option 10
- Hammer Throw
- Pole Vault
- Other:

Level 1 Completed (Date) *

Date

yyyy/mm/dd

Name/s of athlete Coach in 2020/19 *

Your answer



2020/21 ASA License Number *

Your answer

Food Preference *

- Halaal
- Vegetarian
- Kosher
- No Preference

Optional

- Boland Athletics Cap - R100.00
- Boland Athletics Coaching Manual

Comments

Your answer

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