



**PRELIMINARY BOLAND ATHLETICS U/18 AND U/20 TEAM
TO THE SOUTH AFRICAN U/18 AND U/20 TRACK AND FIELD CHAMPIONSHIPS
28 – 30 MARCH 2019
DALJOSAFAT STADIUM, PAARL**

The following athletes have been selected to represent Boland at the 2019- South African Youth & Junior Track and Field Championships on 28 – 30 April 2019, in Paarl.

NOTES:

As per the ASA Team Manual for the 2019 - U/18 and U/20 ASA Championships the competition is for the following age groups only (IAAF Rule 141):

Youth: 16 or 17 Years old on 31 December 2019 (born in 2002 or 2003)

Juniors: 18 or 19 Years old on 31 December 2019 (born in 2000 or 2001)

Please take note that no athlete born later than 2003 will be allowed to participate

The maximum number of events in which a Youth athlete born in 2002 or 2003:

CAN COMPETE IS TWO INDIVIDUAL EVENTS PLUS ONE OF THE RELAYS.

IF THE TWO INDIVIDUAL EVENTS ARE TRACK EVENTS, ONLY ONE OF THESE MAY BE LONGER THAN 400m.

Any athlete not in the team announced, have the right to appeal in writing for reconsideration of the decision. The appeal must be made to the Boland Athletics Office at office@bolandathletics.com before Tuesday, 12 March 2019 at 15h00. The appeal should include all information the athlete considers relevant to the selection panel's reconsideration of its decision, including:

Athlete's Name and Surname

Athlete's Club and ASA License number

Qualifying Performance and Meeting where the performance was achieved

Failure to appeal according to the protocol above will lead to automatic failure of the appeal. Please note that no other reasons, other than a qualifying performance on the ASA or provincial calendar will be considered for selection.

ASA has done away with a minimum entry standard for national championships and has left it to the discretion of the provinces to decide who may compete as individual athletes. Boland Athletics will exercise that discretion and will not allow athletes who have not achieved at least the minimum standard (B-standard) to be entered as individual entries.

TEAM MANAGEMENT

Designation	Name and Surname	Mobile Number	Email
General Manager	Sean September	0846559090	sfseppie@gmail.com
Senior Manager Boys	Quinton Fredericks	0794150242	quintonfredericks1@gmail.com
Senior Manager Girls	Chanel Gerber	0794398602	chanelfff@gmail.com
Head Coach	John Smith	0738488587	swwelect@telkomsa.net

RELAY SQUADS

Please note that any athlete selected for a relay squad is selected for the Boland Athletics Team on the explicit condition that they are available to run in the relays they are selected for. Any athlete not available for a relay squad will be removed from the general team.

ASA LICENCE NUMBER All athletes must provide its ASA License number by not later than Tuesday ,12 March 2019. Those who do not have a ASA license number must acquire not later than Tuesday, 12 March. Failure to will result in the automatically disqualification form the Boland team. Please email license number to sfseppie@gmail.com.

UNDER 20 GIRLS

	NAME	DOB	QAULIFYING TIME	EVENTS 1	EVENT 2	SCHOOL/ CLUB	ASA #	ID NUMBER
1	Nicole Janse V Rensburg	1/4/2001	3.87m	PV		GM	205	
2	Erica Moolman	1/3/2001	3.37m	PV		PG		
3	Jannicke Van Wyk	1/1/2002	14:55	100m H				
4	Gabrialla Ludick		12.89 26.13	100m	200m	RH		
5	Lara Johnson		12.69	100m				
6	Skye Boshoff	3/8/2000	49.21 m	HT				
7	Yandiswa Shange	6/3/2000	10:00.93	3000m		Maties AC		
8	Megan Swanepoel	1/1/2001	10:59.29 11:40.00	3000m	3000m SC	NB		
9	Virnita Africa		12:04.35	3000m SC		NB		
10	Caitlin Schlemeyer		12:20.90	3000m SC		VB		
11	Kristie Snyman		1.75m	HJ		PG		
12	Fleur Slot		1.70m	HJ		NB		
13	Nicole Louw		2:11.97	800m		RH		
14	Cara Coetzee	12/5/2001	46.23m	DT		GM		
15	Georgia Channon	3/19/2001	42.76m	DT		BH		
16	Mia Skyler		18:06.77	5000m				
17	Maja Van Aswegen		19:39.08	5000m		SH		
18	Nicole Louw		4:33.08	1500m		RH		
19	Jana Van Schalkwyk		45.33m	JT		GM		
20	Ansune Smit		38.55m	JT		SW		
21	Julie Vercuel		63.54	400m H		PI		
22	Janke Van Schalkwyk		62.67 58.02	400m H	400m	WB		
23	Kristin Meyer		56:19.99	10 000m Race Walk		ST		
24	Stephanie Van Zyl		58:09.15	10 000m Race Walk		HO		

UNDER 18 GIRLS

	NAME	DOB	QAULIFY DIST/TIME	EVENTS 1	EVENT 2	SCHOOL/ CLUB	ASA #	ID NUMBER
1	Tonet Tallie		3.30m	PV		LR		
2	Cara Bester	1/1/2002	29:26.81	5000m Race Walk		SW		
3	Leone Pieterse		30:28.75	5000m Race Walk		NB		
4	Anneken Viljoen		2:11.51 4:43.38	800m	1500m	BH		
5	Selma Du Preez		2:16.7	800m		SW		
6	Alme Jordaan		4:45.2	1500m		WZ		
7	Cimon Vd Westhuizen		2:15.86 4:49.53	800m	1500m	BH		
8	Hannah Botha		1.63m 1.65m	HJ		PG		
9	Benitha Pretorius		1.60m	HJ		GM		
10	Teneal Els		39.79m	DT		GM		
11	Janke Oosthuizen		38.57m	DT		LR		
12	Inge Von Wielligh		37.42m	DT		SW		
13	Elke Vd Westhuizen		56.29 25.28	400m	200m	LR		
14	Tatum Ludick		57.94	400m		RH		
15	Alex Heerink van Breda		63.96	400m H	200m	PG		
16	Rochelle Geustyn		64.57	400m H				
17	Catlin Isaacs		12.44 26.01	100m	200m	ST		
18	Merlyn-Lee Williams		12.76	100m	4 x 100m Relay			
19	Hane Vd Merwe		46.17m	JT		SEN		
20	Anouk Heuer		42.23m	JT		SEN		
21	Jessica Hess		42.52m	JT		BH		
22	Amor Nell		41.01m	JT		LR		
23	Carli Steenkamp		40.87m	JT		PG		
24	Anias Van Wyk		3.12	PV		PG		
25	Anja Prins		51.85m	HT		HO		
26	Marli Botha		50.08	HT		ST		
27	Karla Bruwer		47.61m	HT		NB		
28	Azea Sylvester		5.42m	LJ		BH		
29	Adrienne Gallop		5.50m	LJ		LR		
30	Virgil Lee Africa		7:36.12	2000m SC		NB		

UNDER 20 BOYS

	NAME	DOB	QAULIFY DIST/TIME	EVENTS NO 1	EVENT NO 2 & 3	SCHOOL/ CLUB	ASA #	ID NUMBER
1	Tristan Faro	5/15/2001	10.64 21.84 15.47m	100m	200m /Triple Jump	BD		
2	Javier Farmer		10.67	100m		HJ		
3	Stuart Bruintjie		10.97	100m		HU		
4	Tariq Klink		55:11.23	10 000m Race Walk		NB		
5	Gerhard Eckley		54:37.74	10 000m Race Walk		PV		
6	Wensley Mecuur		53:03.17	10 000m Walk		NWB		
7	Damien Mornay Bothma		65.33m	HT		GM		
8	Juana Olivier	5/27/2001	57.50m	HT		BL		
9	Dewald De Koker		48.60	400m		ST		
10	Adrian Taylor		49.60	400m				
11	Liam Pietersen		53.87	400m H				
12	Ruaan Labushagne		53.46	400m H				
13	Mark Standfiet	11/25/2001	31:14.69	10 000m				
14	Gavin Oerson		33:53.74	10 000m				
15	Kanenelo Thulo		9:25.04	3000m SC				
16	Louyiso Skiti		9:31.39	3000m SC				
17	Stephen Millard		4:01.61	1500m		PR		
18	Lleyton Davids		14.98m	Triple Jump		NB		
19	Breyton Poole		2.15m	HJ		Maties		
20	Emelio Bassick		1.95m	HJ		PJ		
21	Cullen Plaaityies		1.95m	HJ		OH		
22	Francois Prinsloo		15.06m	SP		NB		
23	Deanlee Hendricks		15:05.26	5000m				
24	Lance Micheals		15:17.25	5000m		NB		
25	Francois Prinsloo	11/11/2001	53.95m	DT		NB		
26	Jannie Visser		51.62m 14.87m	DT	SP	SEN		
27	Juan Smit	23/05/2000	61.55m	JT		Paarl AC	P208	

UNDER 18 BOYS

	NAME	DOB	QAULIFY DIST/TIME	EVENTS 1	EVENT 2	SCHOOL/ CLUB	ASA #	ID NUMBER
1	Tshepo Xabakashe		53:03.40	10 000m W		UZ		
2	Tiaan Walters		51:55.30	10 000m W		SW		
3	Marco de Witt		59.91m	HT		BL		
4	Jurian De Wit		57.50m	HT		GM		
5	Saul Pitout		55.09m	HT				
6	Luciano Custodio	3/31/2002	54.12 / 14:35	400m H	110m H	HJ		
7	Louis De Jager		55.32	400m H		SW		
8	Denmar Jacobs		14.40 \\ 14.72 (110m		HO		
9	Aldo Rautenbach		1:55.21	800m		BL		
10	Gawain Jantjies		1:55.81	800m		GM		
11	Kyle Rademeyer		5.20m 4.95m	PV		GM/Paarl AC		
12	Nikolai Van Huyssteen	08/07/2002	5.07m	PV		GM/ PAARL AC		
13	Reece Nathan Montsumi		1.95m	HJ		SEN		
14	Elgin Charlies		13.82m / 18.97	TJ		WN		
15	Francesco May		13.71m/ 13.81m	TJ		NB		
16	Jannes Marais	8/08/2002	6:19.69	2000m SC		BH		0208085180080
17	Romano Sauls	28/02/2002	6:22.31 (B)	2000m SC		NWB		
18	Nolan Johan Diedericks	25/04/2002	6:22.91 (B)	2000m SC		GM		0204255118083
19	Willie liebenberg		63.27 m	JT		HJ		
20	Zandre M. Jacobs	18/02/2002	10.76 22.03	100m	200m	GM		
21	Celino Pietersen		10.93	100m		HM		
22	Jared James Africa		10.90	100m		PR		
23	Bradley Olifant		10.96	100m		NB		
24	Reece N Burger		11.03	100m		HJ		
25	Hugo Mostert		11.03	100m	200m	NB		
26	Adrian John Swart	28/02/2002	21.77 48.03	200m	400m	Paarl AC		
27	Emile Geysler		49.39	400m				
28	Coetzee Le Roux		16.29m 59.90m	SP	JT	HJ		
29	Jason Tito		7.40m	LJ		SEN		