



1992-2019

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MISSION

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

To	ASA Members
From	ASA Office
Date	09 July 2019
Subject	SAAS Road Running Top 10 Ranking Lists
No pages	7

ELECTRONIC TRANSMISSION

Circular 69 of ASA 2019 (07/09) – SAAS ROAD RUNNING TOP 10 RANKING LISTS

Dear ASA Members

Please find attached the SAAS Top 10 Ranking Lists as on 8 July 2019.

In previous circulars ASA have made members aware that some Race Organizers do not declare the eligibility of the race, e.g. providing a certified distance of the race, and/or not declaring the age of the athlete, which may indicate that the athlete is not a South African Citizen, or the athlete is running in the wrong age category.

Irregularities in Race Results has serious implications to the integrity of athletics both domestically and internationally.

The athletes at fault are indicated in red on the ranking lists below.

Please note that with immediate effect, and until the corrections were made as required, the athletes indicated in red:

1. Will not be allowed to enter for any National Championships
2. Will not be considered to represent South Africa internationally
3. Will not receive clearance to participate internationally

Your support in making the required corrections will be highly appreciated.

Athletics greetings

Richard Stander

ASA ACEO

Not signed due to electronic sending

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S.A. TOP 10 ROAD PERFORMANCE LISTS 2019

As at 8 July 2019.

MEN

10 KM

IAAF world record: 26:44 - Leonard Patrick Komon (KEN), 26 Sep 2010

ASA national record: 27:38 - Stephen Mokoka, Manchester, 10 May 2015

28:55	Collen Mulaudzi	08 Apr 91	10	Taroudant	03 Mar
29:08	Melikhaya Frans	05 Feb 92	1	Port Elizabeth	27 Apr
29:09	David Manja	08 Jun 91	2	Port Elizabeth	27 Apr
29:13	Lesiba Precious Mashele	13 Oct 90	1	Port Elizabeth	15 Jun
29:32	Thabang Mosiako	23 Feb 95	3	Port Elizabeth	27 Apr
29:33	Rowhaldo Ratz	20 Mar 98	1	Bellville	01 Jun
29:40	Sibabalwe Gladwin Mzazi	28 Aug 88	3	Port Elizabeth	15 Jun

Unofficial

29:27A Mbuleli Mathanga 24 Sep 93 1 Durban 17 Mar

Distance doubtful.

29:40 Anele Dlamini 1 Durban 16 Jun

Age and SA citizenship questioned

29:41 Zuko Kupiso 4 Port Elizabeth 15 Jun

Age and SA citizenship questioned

Juniors

30:35	Mpumelelo Ligwa	29 Feb 00	1	Port Elizabeth	27 Apr
30:53	Oliver Stewart	22 Feb 01	1	Bellville	01 Jun
31:08	Carlo Flink	15 Jun 00	2	Bellville	01 Jun
31:49	Elyas Ayyoub	10 Nov 02	3	Bellville	01 Jun
31:51	Tumi Lephoto	27 Feb 00	1	Pretoria	22 Jun

Unofficial

31:16 Ben de la Porte 1 Durban 08 Jun

Age and SA citizenship questioned

31:49 Bongelani Mkhwanazi 1 Durban 16 Jun

Age and SA citizenship questioned

31:51 Kabelo Hlahane 2 Durban 08 Jun

Age and SA citizenship questioned

32:04 Nicholas Scoposengwe 1 Centurion 01 May

Age and SA citizenship questioned

32:12 Koos Molutsi 3 Durban 08 Jun

Age and SA citizenship questioned

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HALF MARATHON

IAAF world record: 58:18 - Abraham Kiptum (KEN), 28 October 2018

ASA national record: 60:07 - Hendrick Ramaala, Kosice, 04 Sep 1997

1:01:57	Elroy Gelant	25 Aug 86	1	Durban	07 Apr
1:02:03	Mbuleli Mathanga	24 Sep 93	2	Durban	07 Apr
1:02:49	Lesiba Precious Mashele	13 Oct 90	10	Göteborg	18 May
1:03:37	Stephen Lesego Mokoka	31 Jan 85	3	Cape Town	20 Apr
1:03:40	David Manja	08 Jun 91	4	Cape Town	20 Apr
1:03:55	Desmond Mokgobu	23 Nov 88	8	Madrid	07 Apr
1:04:11	Melikhaya Frans	05 Feb 92	5	Cape Town	20 Apr
1:04:13	Philani Buthelezi	07 Jul 89	6	Cape Town	20 Apr
1:04:46A	André Ketchem	07 Oct 83	1	Oudtshoorn	23 Feb

Unofficial

1:04:31	Anele Dlamini		1	Durban	29 Jun
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Age and SA citizenship questioned

Juniors

1:10:52	Carlo Flink	15 Jun 00	1	Cape Town	20 Apr
1:17:28	Gershon Aziza	22 Jun 00	1	Wellington	01 May
1:19:08	Sibonele Human	27 Feb 00	1	Hoekwil	01 Jun

Unofficial

1:10:49	Ben de la Porte		1	Durban	07 Apr
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Age and SA citizenship questioned

1:11:29	Nhlakanipho Hlatswayo		1	Pietermaritzburg	24 Feb
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Age and SA citizenship questioned

1:13:06	Siphamandla Nkosi		1	Vryheid	07 Apr
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Age and SA citizenship questioned

1:13:38A	Tshiamo Malibe		1	Nquthu	14 Apr
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Age and SA citizenship questioned

1:14:11	Johannes Motaung		1	Frankfort	06 Apr
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Age and SA citizenship questioned

1:19:11	Jason Esplin		2	Wellington	01 May
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Age and SA citizenship questioned

1:19:37	Phillemon Achuse		2	Frankfort	06 Apr
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Age and SA citizenship questioned

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MARATHON

IAAF world record: 2:01:39 - Eliud Kipchoge (KEN), 16 September 2018

ASA national record: 2:06:33 - Gert Thys, Tokyo, 14 Feb 1999

2:07:58	Stephen Lesego Mokoka	31 Jan 85	3	Otsu	10 Mar
2:10:42	Desmond Mokgobu	23 Nov 88	9	Oita	03 Feb
2:21:10	Sibusiso Nzima	23 Nov 86	1	Durban	07 Apr
2:22:28A	Luthando Hejana	30 Jan 87	1	East London	10 Mar
2:22:36	Mholi Jali	28 Dec 93	3	Durban	07 Apr
2:23:17	Lungile Gongqa (vet)	22 Feb 79	1	Langebaan	23 Mar
2:23:42	Sithembele Fanekho	21 May 91	4	Durban	07 Apr
2:23:47	Joseph Manyedi	24 Nov 82	1	Benoni	27 Jan

Unofficial

2:21:28	Tsepo Mathibele		2	Durban	07 Apr
Age and SA citizenship questioned					
2:23:42	Talimo Monesa		1	Sasolburg	02 Feb
Age and SA citizenship questioned					

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WOMEN

10 KM

IAAF world record: 29:43 (mx) - Joyciline Jepkosgei (KEN), 09 Sep 2017

IAAF world record: 30:29 (wo) - Asmae Leghzaoui (MAR), 08 Jun 2002

ASA national record: 31:13 - Elana Meyer, Budapest, 14 Oct 2001

32:57	Irvette van Zyl	05 Jul 86	3	Durban	23 Jun
33:08	Kesa Molotsane	08 Jan 92	3	Port Elizabeth	04 May
33:22	Glenrose Xaba	31 Dec 94	4	Durban	23 Jun
33:30	Jenet Mbhele	06 Oct 94	5	Durban	23 Jun
34:05	Gerda Steyn	03 Mar 90	1	Dubai	25 Jan
34:10	Lebo Phalula	09 Dec 83	1	Port Elizabeth	15 Jun
34:35	Zintle Xiniwe	23 Oct 86	2	Bellville	01 Jun
34:40	Annie Bothma	26 Dec 95	12	Port Elizabeth	04 May
34:55	Jenna Challenor	06 Jul 81	3	Durban	07 Apr
35:15	Makhosi Mhlongo	03 Jan 82	15	Durban	23 Jun

Juniors

36:29	Carmie Prinsloo	31 Jan 02	1	Pretoria	26 Jan
37:30	Tayla Kavanagh	05 May 01	1	Durban	07 Apr
38:07	Vicky Oelofse	09 Oct 00	2	Port Elizabeth	04 May
38:35	Jana le Roux	19 May 00	2	Bellville	01 Jun
38:58	Chanté Dixon	05 Mar 02	1	Cape Town	26 May

Unofficial

37:18	Beatrice Themane		1	Bellville	01 Jun
Age and SA citizenship questioned					
38:23	Simangaliso Madlala		1	Durban	08 Jun
Age and SA citizenship questioned					
38:25	Andiswe Xulu		2	Durban	08 Jun
Age and SA citizenship questioned					
38:37	Sisanda Sikhakhane		3	Durban	08 Jun
Age and SA citizenship questioned					
39:13	Virgill-Lee Africa		3	Bellville	01 Jun
Age and SA citizenship questioned					

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HALF MARATHON

IAAF world record: 1:04:51 (mx) - Joyciline Jepkosgei (KEN), 22 Oct 2017

IAAF world record: 1:06:11 (wo) - Netsanet Gudeta (ETH), 24 Mar 2018

ASA national record: 1:06:44 - Elana Meyer, Tokyo, 15 Jan 1999

1:12:35	Gerda Steyn	03 Mar 90	9	Ras Al Khaimah	08 Feb
1:14:51	Irvette van Zyl	05 Jul 86	1	Bedfordview	13 Jan
1:17:31	Kesa Molotsane	08 Jan 92	1	Gordon's Bay	06 Apr
1:18:15	Zintle Xiniwe	23 Oct 86	2	Gordon's Bay	06 Apr
1:18:20	Lebo Phalula	09 Dec 83	6	Cape Town	20 Apr
1:18:50	Christine Kalmer	10 Feb 86	1	Benoni	27 Jan
1:19:05	Makhosi Mhlongo	03 Jan 82	1	Pietermaritzburg	24 Feb
1:20:00A	Jenet Mbhele	06 Oct 94	1	Nquthu	14 Apr
1:20:20	Hanlie Botha (vet)	01 Nov 78	10	Cape Town	20 Apr
1:20:28	Tyler Beling	24 Aug 99	1	Gordon's Bay	06 Apr

Juniors

1:34:46	Zhandre Loubser-Kuhn	17 Mar 00	1	Cape Town	20 Apr
1:34:46	Mzhane Loubser-Kuhn	17 Mar 00	2	Cape Town	20 Apr
1:42:39	Lisha Prinsloo	30 Jun 00	3	Cape Town	20 Apr
1:43:02A	Michelle van Heerden	15 Nov 01	1	Wilderness	04 May
1:50:47A	Laila Abouzaid	06 Sep 02	2	Simon's Town	17 Feb
1:54:29A	Ela Meiring	29 Jan 03	3	Simon's Town	17 Feb
1:59:36	Kayla Hinchcliffe	27 Jul 01	1	Pietermaritzburg	24 Feb

Unofficial

1:42:03	Anja Webber		1	Port Elizabeth	22 Jun
Age and SA citizenship questioned					
1:42:14	Phakoe Tsofelo		1	Frankfort	06 Apr
Age and SA citizenship questioned					
1:46:39	Naftileen Grobler		2	Pretoria	06 Jul
Age and SA citizenship questioned					

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MARATHON

IAAF world record: 2:15:25 (mx) - Paula Radcliffe (GBR), 13 Apr 2003

IAAF world record: 2:17:01 (wo) - Mary Keitany (KEN), 23 Apr 2017

ASA national record: 2:26:35 - Colleen de Reuck, Berlin, 29 Sep 1996

2:36:21	Nolene Conrad	26 Jul 85	16	Osaka	27 Jan
2:40:51	Christine Kalmer	10 Feb 86	43	Nagoya	10 Mar
2:43:59A	Ann Ashworth	06 Apr 84	1	East London	10 Mar
2:44:27	Irvette van Zyl	05 Jul 86	1	Pretoria	24 Feb
2:44:52	Charné Bosman (vet)	06 Nov 75	1	Benoni	27 Jan
2:46:05A	Jenna Challenor	06 Jul 81	1	Simon's Town	17 Feb
2:48:20	Cornelia Joubert	22 Jun 88	1	Johannesburg	10 Feb
2:48:52	Mari Rabie	10 Sep 86	28	London	28 Apr
2:48:53	Ntombesintu Mfunzi	27 Dec 81	13	Hannover	07 Apr
2:52:01A	Stephanie Smith	24 Oct 85	2	East London	10 Mar

A = aided course

mx = mixed race, i.e. with men

wo = women-only race

Compiled by Riël Hauman

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Member of the Association of Road Racing Statisticians & the Association of T&F Statisticians

Member of the IAU Records Committee

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