



## BRIEFING DOCUMENT FOR THE BOLAND TEAM

### 2021 ASA – ALL AGES NATIONAL CHAMPIONSHIPS

07 – 10 APRIL 2021 DAL JOSAPHAT STADIUM, PAARL

**Dear: ATHLETE/ MANAGER/ COACH (See attached list)**

Congratulations on your selection for the team attending the above-mentioned Championships. You are selected to represent Boland Athletics in the following event(s):

**(See attached list)**

#### **TEAM MANAGEMENT**

For more information, please contact:

1. Chef De Mission: Brandon Du Plessis
2. Snr Manager: Sean September: 084 655 9090
3. Ass. Manager: Marianna Schoeman: 0839498509
4. Manager Girls: Tania Carstens: 0842717516
6. Manager Boys: Christopher Rogers: 0732320046
7. Head Coach: Andre van Der Burg: 0836271628
8. Coach Throws: John Smith: 0738488587  
Coach Throws: Nico Cronje:
9. Coach Middle Distance: E. Koopman 082 267 63633
10. Coach Jumps: L Niehaber/ R Julius

#### **TRAVEL ARRANGEMENTS**

Boland Athletics is the host province. Clubs and schools must assist with the travel arrangements of the athletes to the venue and back.

#### **ACCOMMODATION ARRANGEMENTS**

No accommodation arrangements will be made for the athletes in the team, except for those living more than 100km's outside of Paarl. Please make contact with your respective manager (Boys/Girls)

#### **MEALS**

The following meals will be catered for:

- Breakfast
- Lunch
- Supper (Only for those athletes/ Team Management making use of team accommodation)

#### **EXPENSES**

The only expense for the athlete will be the team kit. The athlete must report at the Team Screening Centre in front of the main gate.

#### **WITHDRAWALS**

Athletes who do not confirm by Wednesday, 31 March 2021 at 14h00 that they will participate as required on page 2, will automatically be withdrawn from the team and will be reported as such at the ASA Technical Meeting on Tuesday, 06 April 2021. Withdrawals must be made at the mentioned meeting to avoid penalties.

#### **REPORTING AT TEAM MANAGEMENT**

The Team Management will be located at the warm-up area (Track/ Field). Athletes must report to the Team Management as follows:

##### **Day 1 - 4:**

ALL athletes must report at the team screening centre in front of the main gate. Athletes report to the Team Management at least 2 hours before the start of the event to obtain final arrangements for the Championships.

#### **COMPETITION RULES**

The ASA - All Ages (Sub-Youth, Youth and Junior) Champs takes place in accordance with WA competition rules, as athletes will be qualifying for ASA national teams.

#### **CONDITIONS TO PARTICIPATE**

1. The Boland Team is selected with the expectation that all members of the team will perform at their best during the Championships. If it becomes clear that an athlete does not have the same objective, the athlete will be withdrawn from the team with immediate effect.

2. Training sessions and personal training programmes must be followed as long as the team is together.
3. Athletes that carry an injury or any form of sickness must withdraw from the team. Withdrawal must be by means of a medical certificate only.
4. The athlete must always carry a legal form of identification.
5. The conduct of all members of the Boland team must be exemplary at all times and must adhere to the general ethic values of society.
6. The rules of Team Management must be adhered to. Team Management will have the right to conduct hearings for those who do not adhere to the rules and their decisions will be binding.
7. No alcohol or any other illegal substances may be in the possession of a team member for the duration of the championships.
8. Team members are not allowed to smoke, drink alcohol or take in any illegal substance while wearing Boland Athletics gear.
9. Male members of the team are not allowed in the rooms of female members of the team and vice versa.
10. Team members must at all times contribute to the team spirit.
11. Be punctual for all events/ activities.
12. The appearance of the Team, both collectively and individually, must be neat at all times. The wearing of excessive jewellery or clothing that is not socially acceptable is not in the spirit of the sport and will not be tolerated.
13. Be cautious when taking in any fluids, Substance or medicine that is not cleared by the Team Doctor
14. The intake of any medicine prior to the team gathering must be declared.
15. Athletes who used illegal medicines or substances prior to the Championships will be withdrawn from the team with immediate effect.
16. Athletes who take medicines prescribed by a doctor must be able to present the doctor's prescription at all times during the competition.
17. Team members must take responsibility over their own personal belongings. Neither team management or the Federation will be held accountable for any lost goods.
18. Members of the team found guilty of misconduct such as stealing, damage to property, any form of discrimination, intolerance against their fellow human beings, etc. will be withdrawn from the team with immediate effect and disciplinary action will follow later.
19. The interest of the team is always more important than that of the individual.
20. Due to practical reasons the team must remain together for the duration of the competition. Members of the team not adhering to this rule will be withdrawn from the team.
21. Due to the Covid -19 protocol that will be adhered to during the competition ALL members must at all times wear a mask.
22. If any of the team members have any symptoms prior to the competition he/ she must please isolate and inform the team management, in order for them to do tracking.
23. Team members who have symptoms during the competition must please inform the Teams Covid-19 Compliance officer.
24. **Teams Covid -19 Compliance Officer:  
Reagan Julius – 061 493 2218**

#### **PROGRAMME**

The final programme will be available on [www.bolandathletics.com](http://www.bolandathletics.com)



**BOLAND**ATHLETICS

## ATHLETE INFORMATION

Name: _____	Contact number: _____
ASA (Club) Licence no: _____	ID no. _____ (Certified Copy)
Email: .....	
E-mail your details to: <a href="mailto:sfseppie@gmail.com">sfseppie@gmail.com</a>	
<b>You will be withdrawn from the Team if you are not a licensed athlete</b>	

I confirm that I will participate at the 2021 ASA All Ages National Track and Field Championships	I confirm that I will not participate at the 2021 ASA All Ages National Track and Field Championships. A medical certificate must accompany a withdrawal.
---	---

## MEDICAL INFORMATION

<b>NAME FATHER</b>		<b>CELL:</b>
<b>NAME MOTHER</b>		<b>CELL:</b>
<b>EMAIL</b>		

### CONCENT FORM

In the case of an emergency, I give permission that my child \_\_\_\_\_ may receive medical treatment and may be hospitalised if necessary. The management may give permission for anaesthetics.

**Allergies: YES/ NO:** If Yes, please state and give the medicine prescription

**Private/ State Hospital:** \_\_\_\_\_

#### Medical Fund Information:

Name: \_\_\_\_\_ Number: \_\_\_\_\_

Main Member: \_\_\_\_\_ ID: \_\_\_\_\_

Main Member: Address: \_\_\_\_\_

**SIGNED AT** \_\_\_\_\_ **ON THE** \_\_\_\_\_ **DAY OF** \_\_\_\_\_ **2021**

**SIGNATURE: PARENT/ GUARDIAN:** \_\_\_\_\_



## 2021 SA YOUTH AND JUNIOR CHAMPIONSHIPS

07 – 10 APRIL 2021 - DAL JOSAPHAT STADIUM, PAARL

NAME OF ATHLETE: \_\_\_\_\_

### CLOTHING ORDER

Only complete the form if clothing is ordered

CLOTHING (LARGE CUT)							
SIZE	XS	S	M	L	XL	2XL	3XL
Vest /crop top							
T-Shirt (New Design)							
Tracksuit							

### TEAM CLOTHING

The SA Youth and Junior Champs takes place in accordance with WA Competition Rules, as athletes will be qualifying for National Teams.

Boland Athletics Clothing must be worn during the abovementioned Championships especially during the medal ceremony.

Please note that the athlete's medal will not be issued if the athlete's is not properly dressed in the provincial colours, or does not arrive for the medal ceremony. No excuse will be accepted (WA and ASA Rule).

Boland Athletics clothing can be purchased on Tuesday, 06 April 2021.

Please make contact with the team management.

The purchase cost is:

1. R400,00 – Boland Track Suit
2. R150,00 - Boland Athletics T-Shirt (New Design)
3. R100,00 Boland Athletics Vest/Crop Top

### BANK DETAILS

Account name: Boland Athletics

Branch: Standard Bank, Paarl

Branch code: 050210

Account Number: 072179503

Proof of payment must be emailed to: [sfseppie@gmail.com](mailto:sfseppie@gmail.com)