



## BOLAND ATHLETICS U/16, U/18 AND U/20 PROVINCIAL TEAM 2021

**The following athletes have been selected to represent Boland Athletics at the ASA – All Ages (u/16, u/18 and u/20) - National Championships.**

Any athlete not in the team announced, have the right to appeal in writing for reconsideration of the decision. The appeal must be made to the Boland Athletics Office at [office@bolandathletics.com](mailto:office@bolandathletics.com) before Wednesday, 31 March 2021 at 15h00. The appeal should include all information the athlete considers relevant to the selection panel's reconsideration of its decision, including: *Athlete's Name and Surname, Athlete's Club/ School and ASA License number, Qualifying Performance and Meeting where the performance was achieved*

***Failure to appeal according to the protocol above will lead to automatic failure of the appeal. Please note that no other reasons, other than a qualifying performance on the ASA or provincial calendar will be considered for selection.***

The announcement of the final team will be on Wednesday, 31 March 2021 at 20h00.

Please make contact with the Boland Athletics Office – [office@bolandathletics.com](mailto:office@bolandathletics.com) for any other enquiries. Please note this is a provisional team.

1. 31 March 2021 – Appeals – 15h00
2. 31 March 2021 – Final Team – 20h00

### GIRLS U16

NR	ATHLETE	CLUB	LICENCE	ID	EVENT 1	PERFOR	EVENT 2	PERFOR	EVENT 3	PERFOR
1	Uanita ENGELBRECHT	PAC / PGIM	J71		Discus	39.93	Shot Put	13.74	Javelin	39.75
2	Barbara DE KOCK	LAR			200m	25.73	300mH	45.96		
3	Mia WILSON	LAR			400m	58.36	300mH	44.73		
4	Cara WILSON	LAR			400m	59.51	300mH	46.29		
5	Emma HARTLEY	SWA	J210		5000 M W	29:04.56				
6	Madri VAN ZYL	WAC	J272		5000 M W	30:49.02				
7	Talitha DU BRUYN	SWA			5000 M W	29:30.65				
8	Nelia DESTROO	PAC			Discus	35.33	Shot Put	12.01		
9	Mische WILSON	PGIM			200m	25.8				

10		Caitlin LOMBAARD	DROS	J286		Discus	38.88				
11		Lisa TERBLANCHE	PAC	J119		Discus	33.77	Shot Put	12.01		
12		Hesta BRUWER	ROB	J255		Hammer	44.85				
13		Anje GROBBELAAR	PAC / PGIM			High Jump	1.60				
14		Marne GROBLER	HOP			Javelin	39.31				
15		Kiera-Lee ABRAHAMAS	PAC / LAR	J63		Long Jump	5.69	90mH	13.34		
16		Ane VILJOEN	PAC	J7		Pole Vault	2.95				
17		Jaymee COOPER	PGIM			Pole Vault	3.05				
18		Cara ELS				Pole Vault	2.95				
19		Chris-Mari NEL	ORAK	J488		Shot Put	12.07	Hammer	38.02	Discus	42.09
20		Isabella NEL	PAC / PGIM			Triple Jump	10.70				
21		Aimee BOTHMA	PAC / PGIM			Hammer	38.33				
22		Anja COETZEE	ORAK			Hammer	41.62				
23		Tercia ADAMS				1500mSC	05:37.00				
24		Shakira MATTHYSEN				1500mSC	05:40.9				
25		Michaela BIRCH	PAC			Javelin	38.64				
26		Anli ENGELBRECHT	PAC			Javelin	38.27				
	B	Kara-Mari BEYERS [10]	STEL / PGIM			3000m	11:12.86				
	B	Carina VAN WYK [7]	PAC / PGIM			Pole Vault	2.80				
	B	Nicole McThomas [6]	PAC / PGIM			1500mSC	05:52.25				
	B	Emelia FORTUIN [8]				1500mSC	05:54.10				
	B	Lara EHLERS [13]	STEL / BH			Long Jump	5.19				

#### GIRLS U18

NR		ATHLETE	CLUB	LICENCE	ID	EVENT 1	PERFOR	EVENT 2	PERFOR	EVENT 3	PERFOR
1		Anais VAN WYK	PAC / PGH	J7		Pole Vault	3.30				
2		Elandri SCHIMDT	AA / BH	J440		1,500 m	04:38.54	3,000 m	10:16.63		
3		Lizan ENGELBRECHT	PAC / ???	J36		Pole Vault	3.15				
4		Sumari RADEMEYER	PAC / PGIM	J5		Pole Vault	3.52				
5		Andrea BOSHOFF	??? / SWE	J331		High Jump	1.68				
6		Sumari BESTER	PAC / HUG			Pole Vault	3.15				
7		Adrienne GALLOP	LAR	J456		Long Jump	5.65				
	B	Hannah GILDENHUYS [10]				Long Jump	5.11				
	B	Monique ENGELBRECHT [5]				Long Jump	5.60				
	B	Lenice LOUW (???) [8]				Triple Jump	11.01				
	B	Carla STEENKAMP [7]				Javelin	40.25				
	B	Isabella KRUGER [10]	PGH			1500m	04:50.3				
	B	Melende KEMP [12]	PGH			1500m	04:51.3				

#### GIRLS U20

NR		ATHLETE	CLUB	LICENCE	ID	EVENT 1	PERFOR	EVENT 2	PERFOR	EVENT 3	PERFOR
1		Elke VAN DER WESTHUIZEN	PAC	J20		200m	24.50	100m	12.01		

2		Brenda DU TOIT	PAC / LAR	J21		400m	56.45	400mH	61.83		
3		Mienke VILJOEN	AA	J439		800m	02:13.1				
4		Anja VAN HEERDEN	PGH			1500m	04:41.83				
5		Sarah COPELAND	AA			3000m	09:37.9				
6		Virgil-Lee AFRICA	DROS			5000m	18:38.85	3000mSC	12:02.27		
7		Leah SWILE				100mH	15.15				
8		Andrea CORNELLISEN	MAT	J398		Long Jump	5.95				
9		Mire RIETSTORFF	PAC	P2427		Pole Vault	4.12				
10		Tonet TALLIE	PAC	J10		Pole Vault	3.80				
11		Sanmarie Visser	PAC	J21		Discus	44.00				
12		Teneal ELS	PAC / PGIM	J4		Discus	40.20				
13		Ankia VILJOEN	PAC / PGIM			Shot Put	12.29	Javelin	37.73		
14		Almé JORDAAN				3000m	10:12.34	5000m	18:03.76		
15		Marli BOTHA				Hammer	47.48				
	Relay	Tatum LUDICK	RGH			4 x 400m					
	Relay	Zanade OCTOBER	LAR			4 x 400m					
	B	Ilse BRUGMAN [10]	STEL			800m	02:14.98				
	B	Anja VAN HEERDEN [12]				1500m	04:41.80				
	B	Karla BRUGMAN [14]	STEL			1500m	04:48.46				
	B	Alme JORDAAN [15]				1500m	04:49.03				
	B	Andrea BEYERS [10]				Shot Put	11.83				
	B	Lisa TERBLANCHE [14]				Shot Put	11.46				
	B	Janke OOSTHUIZEN [10]				Discus	39.35				
	B	Jane OOSTHUIZEN [11]				Discus	39.02				
	B	Michelle BURGER [7]				Hammer	41.19				
	B	Nicki SCHONKEN [20]	PAC			Javelin	38.98				

## BOYS U16

NR	ATHLETE	CLUB	LICENCE	ID	EVENT 1	PERFOR	EVENT 2	PERFOR	EVENT 3	PERFOR
1	Bronwyn BOWERS	WGIM	J192		5km RW	28:18.80				
2	Valentino FREDERICKS	LAN	J326		3000m	09:35.14	1500m	04:25.73		
3	Immanuel PRINSLOO	PAC / PGIM			100mH	13.64				
4	Jeyren NOVEMBER	DRO			1,500 m Steeple	04:52.90				
5	Lee-Tin SYFERS	DRO			1,500 m Steeple	04:57.62				
6	Ruben MUDELL	CUR			100 m Hurdles	13.27				
7	Freek DE KOCK	PAC / PGIM			300 m Hurdles	40.84	Javelin	56.07		
8	Adriaano HARTOGH	PAC / PGIM			300 m Hurdles	41.17	100mH	13.94		
9	Rayniel SITA	WGIM			High Jump	1.85				
10	Cullen RUITERS	HHH			High Jump	1.80				
11	Hope DLISO	WGIM			High Jump	1.80				
12	Pieter VAN MALTITZ	PAC / PGIM			Pole Vault	3.60				
13	Liam VAN ROOYEN	PAC / PGIM			Shot Put	16.45	Discus	51.09		

14		Oliver REID	PRG			Shot Put	16.11			
15		Ruan DE WEERDT	PRG			Discus Throw	52.90			
16		Joshua COETZEE	WGIM			Discus Throw	47.18			
17		Benedict GEORGE				300 m Hurdles	40.45			
	B	Johan ENSLIN [6]	STEL / PGIM			400m	52.8			
	B	Roelof LE ROUX [3]	STEL / PGIM			800m	02:02.75			
	B	Throne MICHELS [8]				3000m	09:39.02			
	B	Storm BEHRENS [4]				3000m	09:46.13			
	B	Jaden VAN DER LINDE [2]	PAC	J57		Pole Vault	3.50			
	B	Esa NIKLAUS [7]				Javelin	52.90			
	B	Renaldino Swarts [3]				400m	51.8			
	B	Ashwin SWART [8]				400m	52.8			
	B	Josh MESSINA [6]	STEL			1500m	04:26.58			
	B	Stephan PIETERSE [6]	PAC / PGIM			Pole Vault	3.00			

#### BOYS U18

NR	ATHLETE	CLUB	LICENCE	ID	EVENT 1	PERFOR	EVENT 2	PERFOR	EVENT 3	PERFOR
1	Christiaan BESTER	SWA	J211		10km RW	51:13.78				
2	Dian FRYLING	PRG			Pole Vault	4.10				
3	Elton LOMBAARD	PAC / HJS			Discus	56.10				
4	Jo HIMMELSTUTZER	PAC / HJS			Discus	50.16	Shot Put	17.16		
5	Jacques ROSSOUW	HJS			High Jump	1.90				
6	Migail VAN HUYSSTEEN	PAC / PGIM	J55		Pole Vault	4.50				
7	Handre NEL	STEL	J405		Pole Vault	4.05				
8	James DU TOIT	PAC	J67		Pole Vault	4.05				
9	Nicus VAN COLLER	PAC			Pole Vault	4.00				
10	Joshua ACKER	PAC / PRG	J49		Shot Put	17.10	Discus	51.35		
11	Rocco NORTJE	PAC / PGIM			Shot Put	17.08	Discus	56.39		
12	John-Oliver KLYNSMITH	PRG			Shot Put	16.29	Discus	50.14		
	B	Martin WIAAN [3]			200m	21.93				
	B	Iwan GERMISHUYS [3]	PAC / PGIM		Long Jump	6.79				
	B	Dian VAN HEERDEN [11]	PAC / PGIM		Discus	49.81				
	B	JC NOTNAGEL [4]	PAC		Javelin	64.37				
	B	Johan UYS [5]	WGIM		Javelin	63.57				
	B	Divan FULLER [7]			Javelin	59.95				
	B	Damion VAN WYK [2]	CER		2000mSC	06:24.9				

#### BOYS U20

NR	ATHLETE	CLUB	LICENCE	ID	EVENT 1	PERFOR	EVENT 2	PERFOR	EVENT 3	PERFOR
1	Bradley OLIPHANT	WAC / DRO	J264		100 m	10.57	200 m	20.78		
2	Adrian SWART	PAC / PGIM			400 m	48.76				

3		Jason TITO	PAC			Long Jump	7.68			
4		Nikolai VAN HUUSTEEN	PAC	J54		Pole Vault	5.42			
5		Tiaan SMIT	SAC	J412		Pole Vault	4.40			
6		Carel VAN DER MERWE	PAC	P31		Hammer	58.18			
7		Daiyaan WYNGAARDT	PAC			Long Jump	7.45			
	B	Pierre VAN STADEN [4]	PAC / PGIM			Pole Vault	4.20			
	B	Gawain JANTJIES [9]	PAC			1500m	04:03.00			
	B	Jared AFRICA [20]*				100m	10.8h			
	B	Jaden LEWIS [3]	LANG			Long Jump	7.06			