



1992-2019

**CONTACT DETAILS**

t: +27 (0) 11 880 5800  
f: (+27) 11 442 3091  
@: ceo@athleticssa.net  
www.athletics.org.za

**POSTAL ADDRESS**

P O Box 2712  
Houghton Estate  
2041

**STREET ADDRESS**

Athletics House  
No. 3, 11th Avenue  
Houghton Estate  
Johannesburg 2198

**BOARD MEMBERS**

PRES: Mr. Aleck Skhosana  
VICE-PRES: Dr Harold Adams  
T+F: Mr. Pieter Lourens  
RR: Mr. James Moloi  
CC: Mr. Jakes Jacobs  
Ath: Ms. Dorah Mngwevu  
ADD: Ms. Motlatsi Keikabile  
Ms. Shireen Noble  
Ms. Esther Malema  
Ms. Ntathu Gwadiso  
E.O. Mr. Jazz Mnyengeza  
Mr. William Mokatsanyane

**HONORARY MEMBERS**

Mervyn KING  
Mluleki GEORGE

**PARTNERS**

IAAF  
CAA  
SASCOC  
SRSA  
NLC  
ASA Provinces  
ASA Associates  
3Sixty Life  
Sizwe Medical Fund  
SABC  
Adidas  
SA Sports Trust

**MISSION**

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

To	ASA Members
From	ASA Office
Date	4 June 2019
Subject	ASA CIRCULAR 50 - 2019 ALL AFRICA GAMES SQUAD
No pages	3

**ELECTRONIC TRANSMISSION**

**ASA CIRCULAR 50  
2019 ALL AFRICA GAMES SQUAD  
RABAT & CASABLANCA, MOROCCO, 19-31 AUGUST 2019**

Dear ASA Members

Please find attached a Squad of 78 Athletes (51 men and 27 women) which are in process of qualifying for the 2019 All Africa Games. The Preliminary Team will be announced by SASCOC in due time.

ASA Members are reminded that the athletics team that will represent South Africa at the 2019 All Africa Games will represent the 1<sup>st</sup> stage of ASA's preparation for the 2024 Olympic Games.

ASA Members are also reminded that the Preliminary Team for the 2019 IAAF World Championships, and in essence the team in preparation for the 2020 Olympic Games will be announced soon.

In this regard ASA is referring ASA Members to ASA Circular 31 which provide guidance of ASA's Preparation Strategy and Criteria for the period 2019-2024. This document will be approved at the 2019 ASA AGM on 22 June 2019.

Athletes not listed in the 2019 All Africa Games Preparation Squad below have the right to appeal for reconsideration in writing to the ASA office for attention of Hezekiel Sepeng (hezekiel@athleticssa.co.za) before close of the business, Friday 14 June 2019.

The appeal should include:

1. Name and Surname of Athlete:
2. Date of birth:
3. 2018 ASA License number:
4. ASA Province where license was issued:
5. Performance to be considered:
6. Date and venue of achievement:

Athletics greetings

Richard Stander  
ASA ACEO

Not signed due to electronic sending

**Disclaimer**

**From the ASA Office e-mail: [ceo@athleticssa.net](mailto:ceo@athleticssa.net). For more information: ASA website [www.athletics.org.za](http://www.athletics.org.za)**  
The information contained in this communication from the sender is confidential. It is intended solely for use by the recipient and others authorized to receive it. If you are not the recipient, you are hereby notified that any disclosure, copying, distribution or taking action in relation of the contents of this information is strictly prohibited and may be unlawful

**2019 ALL AFRICA GAMES SQUAD  
RABAT & CASABLANCA, MOROCCO, 19-31 AUGUST 2019**

No	Name	Surname	Events	Gender	Province
1	Emile	ERASMUS	100m	Male	AGN
2	Thandolwenkosi	DLODLO	100m / 200m	Male	ANWN
3	Phatutshedzo	MASWANGANYI	100m / 200m	Male	AGN
4	Luke	DAVIDS	100m / 200m	Male	WPA
5	Thembo	MONARENG	100m	Male	AGN
6	Chederick	VAN WYK	100m / 200m	Male	ACNW
7	Sinesipho	DAMBILE	200m	Male	AGN
8	Theodore	YOUNG	200m	Male	ACNW
9	Gardeo	ISAACS	400m	Male	BOLA
10	Thapelo	PHORA	400m	Male	AGN
11	Ashley	HLONGWANE	400m	Male	AGN
12	Ranti	DIKGALE	400m	Male	AGN
13	Tshepo	TSHITE	800m	Male	AGN
14	Kabelo	MAHLOSI	800m	Male	ANWN
15	Rynhardt	VAN RENSBURG	800m	Male	AFS
16	Theuns	EHLERS	800m	Male	AGN
17	Duran	FARO	800m	Male	WPA
18	Ryan	MPHAHLELE	1500m	Male	CGA
19	Precious	MASHELE	5000m	Male	CGA
20	Ruan	DE VRIES	110mH	Male	AGN
21	Tiaan	KLEYNHANS	110mH	Male	ACNW
22	Lindsey	HANEKOM	400mH	Male	AGN
23	Sokwakhana	ZAZINI	400mH	Male	AGN
24	Cornel	FREDERICKS	400mH	Male	AFS
25	Mpho	LINKS	High Jump	Male	ACNW
26	Keagan	FOURIE	High Jump	Male	EPA
27	Breyton	POOLE	High Jump	Male	BOLA
28	Chris	MOLEYA	High Jump	Male	AGN
29	Valco	VAN WYK	Pole vault	Male	BOLA
30	Nikolai	VAN HUYSTEEN	Pole vault	Male	BOLA
31	Kyle	RADEMEYER	Pole vault	Male	BOLA
32	Cheswill	JOHNSON	Long Jump	Male	CGA
33	Jovan	VANVUUREN	Long Jump	Male	AGN
34	Devan	MANUEL	Long Jump	Male	BOLA
35	Wayne	SNYMAN	20 Km Race Walk	Male	AGN
36	Menzi	MTHEMBU	Triple Jump	Male	CGA
37	Khotso	MOKOENA	Triple Jump	Male	CGA
38	Sefako	MOKHOSOA	Triple Jump	Male	AFS

Disclaimer

Page 2 of 3

From the ASA Office e-mail: [ceo@athleticsssa.net](mailto:ceo@athleticsssa.net). For more information: ASA website [www.athletics.org.za](http://www.athletics.org.za)

The information contained in this communication from the sender is confidential. It is intended solely for use by the recipient and others authorized to receive it. If you are not the recipient, you are hereby notified that any disclosure, copying, distribution or taking action in relation of the contents of this information is strictly prohibited and may be unlawful

39	Orazio	CREMONA	Shot Put	Male	CGA
40	Kyle	BLIGNAUT	Shot Put	Male	CGA
41	Jason	VAN ROOYEN	Shot Put	Male	CGA
42	Victor	HOGAN	Discus	Male	BOLA
43	Werner	VISSER	Discus	Male	CGA
44	Tshepang	MAKHETHE	Hammer Throw	Male	ACNW
45	Brendon	SKINNER	Javelin	Male	AGN
46	Johann	GROBLER	Javelin	Male	ACNW
47	Rocco	VAN ROOYEN	Javelin	Male	WPA
48	Philmar	VAN RENSBURG	Javelin	Male	AMPU
49	Fredriech	PRETORIUS	Decathlon	Male	AGN
50	Duncan	MCGLADDERY	Decathlon	Male	AGN
51	Lebogang	SHANGE	20 Km Walk	Male	CGA
52	Tebogo	MAMATU	100m	Female	AGN
53	Rose	XEYI	100m	Female	AGN
54	Tamzin	THOMAS	200m	Female	CGA
55	Justine	PALFRAMAN	200m	Female	BOLA
56	Danel	HOLTON	400m	Female	ACNW
57	Gena	LOFSTRAND	800m	Female	KZNA
58	Niene	MULLER	800m	Female	AGN
59	Taylon	BIELD	100m Hurdles	Female	AGN
60	Zeney	VAN DER WALT	400m Hurdles	Female	AGN
61	Wenda	NEL	400m Hurdles	Female	AGN
62	Julia	DU PLESSIS	High Jump	Female	CGA
63	Kristi	SNYMAN	High Jump	Female	WPA
64	Mire	REINSTORF	Pole vault	Female	ASWD
65	Esli	LAMLEY	Pole vault	Female	AFS
66	Linique	BENEKE	Long Jump	Female	AFS
67	Eljone	KRUGER	Long Jump	Female	ACNW
68	Zinzi	CHABANGU	Long Jump	Female	CGA
69	Patience	NTSHINGILA	Triple Jump	Female	CGA
70	Ischke	SENEKAL	Shot Put	Female	EPA
71	Meike	STRYDOM	Shot Put	Female	CGA
72	Yolandi	STANDER	Discus	Female	AFS
73	Margo-Chene	PRETORIUS	Hammer Throw	Female	AGN
74	Marga	CUMMING	Hammer Throw	Female	ACNW
75	Sunette	VILJOEN	Javelin	Female	ACNW
76	Jo-Ane	VAN DYK	Javelin	Female	ACNW
77	Zelda	SCHULTZ	20km RW	Female	ACNW
78	Anel	OOSTHUZEN	20km RW	Female	ASWD

**Disclaimer**

**From the ASA Office e-mail: [ceo@athleticssa.net](mailto:ceo@athleticssa.net). For more information: ASA website [www.athletics.org.za](http://www.athletics.org.za)**

The information contained in this communication from the sender is confidential. It is intended solely for use by the recipient and others authorized to receive it. If you are not the recipient, you are hereby notified that any disclosure, copying, distribution or taking action in relation of the contents of this information is strictly prohibited and may be unlawful