



2019 - 2024 ASA TEAM SELECTION CRITERIA
MAY 2019 DRAFT
TO BE APPROVED AT ASA AGM 22 JUNE 2019
EFFECTIVE FROM JULY 2019

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1. PREAMBLE

- 1.1. The ASA Board will define excellence objectives to achieve, in line with the ASA Selection Policy, during the 1st ASA Board Meeting after been selected at the ASA QGM. The ASA Board will appoint a Selection Committee in consultation with the ASA Commissions and Excellence Department, and mandate the Selection Committee to compile, or revise, the ASA Selection Criteria.
- 1.2. The ASA Selection Criteria will be submitted annually to the ASA Council for approval.
- 1.3. This Selection Criteria is subject to the ASA Selection Policy as published on the ASA website www.athletics.org.za.
- 1.4. The sole purpose of this document is to provide ASA with an objective and transparent process to select teams that will represent South Africa in Athletics internationally.
- 1.5. To ensure further transparency during the selection process, an appeal process is also implemented. Please refer to the appeal clauses in this document.
- 1.6. Any ASA licensed athlete whom has been ranked in the Top 5 in South Africa in their respective events (see website www.athletics.org.za/statistics), and/or are selected to represent their province at the ASA National Championships, should obtain a passport.
- 1.7. Any ASA licensed athlete who participated at an ASA National Championships, or events identified by ASA, in doing so, makes themselves available for selection for ASA teams representing South Africa.
- 1.8. Any athlete who has been selected to represent South Africa at any championships has the obligation to avail themselves for such selection.
- 1.9. Withdrawals will only be considered for medical/injury or family compassionate reasons. Proof might be requested by the ASA office.
- 1.10. Any athlete who has the potential to precede to the finals of his/her event(s) at a championship should exploit that potential to the fullest.
- 1.11. Any athlete who qualifies to be in the final of his/her event(s) should proceed to represent South Africa in those finals, thereby exploiting to the fullest the possibility of winning medals.
- 1.12. Any athlete who won a medal at any championships should respect the medal ceremony. During the medal ceremony, the athlete should be dressed in the team clothing; conduct them in a dignified manner; and wear the medal with dignity.

2. ELIGIBILITY

To be considered for selection in any ASA team, athletes must fulfil the following criteria:

- 2.1. Be a South African citizen (SA ID-document/number)
- 2.2. Be in possession of a valid SA passport with an expiry date not less than 6 months after returning from the specific championships
- 2.3. Be a member of a South African club, affiliated to ASA, and registered on the ASA registration system
- 2.4. Be in good standing with ASA, the Provincial Federation and the club he/she is affiliated to.

- 2.5. In possession of an ASA License for the relevant year and confirm that the License Declaration was signed, and respect the conditions of the ASA License.
- 2.6. Familiar with the content of the “ASA Integrity Code”, and the “Basic Broadcasting, Advertising and Social Media Guidelines for Athletes, Coaches and Officials” in the ASA Rules and Regulations, and abides by it.
- 2.7. Sign an ASA Team Declaration, if and when nominated for the Team
- 2.8. Athletes will be selected in accordance to the age restrictions to the relevant international championships
- 2.9. The relevant ASA Championships will serve as trials for the selection of ASA teams to international championships. **At the ASA Championships athletes must compete in all the events in which they would like to be selected.**
- 2.10. The ASA Championships will be compulsory for all athletes who would like to be selected in any ASA team for international championships, and athletes who miss the SA Championships will not be considered for selection. Exceptions will only be made for medical/injury or family compassionate reasons, communicated to the ASA office prior to the start of the SA Championships. These exceptions will be considered at the sole discretion of the Executive Board of ASA.
- 2.11. Athletes do not need to reach any qualifying standard at the SA Championships. Qualifying standards can be reached at any IAAF or ASA approved meeting, conforming to the IAAF and ASA rules and regulations.

3. TECHNICAL STANDARDS

3.1. GENERAL

- 3.1.1. Performances must be achieved at competitions sanctioned by the IAAF, CAA, CAASR5 or ASA.
- 3.1.2. For ASA events only performances achieved at meetings listed on the approved ASA National and Provincial fixtures list will be accepted.
- 3.1.3. Performances of athletes at events hosted by Associates will only be considered for selection if the event, and its results, were signed off as correct by an ASA appointed Technical Delegate.

3.2. TRACK & FIELD EVENTS

- 3.2.1. Hand time performances for events up to 800 meters will not be accepted
- 3.2.2. Wind-assisted performances and performances without wind readings will not be accepted
- 3.2.3. For Combined Events wind readings will be calculated according to IAAF Rule 260.18
- 3.2.4. Performances achieved in mixed events, held completely inside a stadium, between male and female athletes, will not be accepted

- 3.2.5. Indoor performances for all field events and for track events of 400m and longer will be accepted

3.3. ROAD RUNNING EVENTS

- 3.3.1. Marathon and Half Marathon Routes must be on the IAAF list of approved routes, measured by IAAF/AIMS A or B qualified route measurers.
- 3.3.2. Only performances on standard road running courses will be considered for selection purposes. Performances on aided and unrecognized road running courses will not be considered for selection purposes

3.4. ULTRA-RUNNING AND TRAIL RUNNING EVENTS

- 3.4.1. Ultra-Running and Trail Running events must be listed on the IAAF, IAU and/or ASA Fixtures lists.
- 3.4.2. Only performances on the IAAF, IAU and/or ASA Fixtures lists will be considered for selection purposes.
- 3.4.3. Due to the nature and distances of Ultra-Running and Trail Running events, being longer than a marathon distance, specific events will be identified as “National Championships Events” on an annual basis. Participation at these events will be a prerequisite for selection onto an ASA Team.
- 3.4.4. In consultation with the relevant Commissions/Committees, other events will also be used to identify ASA team but will not be a pre-requisite.
- 3.4.5. The Road Running criteria to prepare and present Road Runnings teams will be used to prepare and present Ultra-Running and Trail Running Teams

3.5. RACE WALKING EVENTS

- 3.5.1. Qualifying performances achieved in Road Race Walking Events must be on routes according to IAAF Rule 230.11
- 3.5.2. The route must be measured by an IAAF/AIMS A or B qualified route measurer
- 3.5.3. A minimum of three International or Area Race Walking Judges must be officiating

4. REMOVAL OF ATHLETES OR MANAGEMENT

An athlete who is to be nominated or selected to the team by ASA may be removed as a nominee, or member of the team, for any of the following reasons, as determined by ASA:

- 4.1. Voluntary withdrawal. The Athlete or Team Management must submit a written letter via e-mail to the ASA CEO or ASA Excellence Manager. If the voluntary withdrawal brings ASA in disrepute in any way, the license of the athlete or Team Management will be retracted for the remainder of the relevant year.
- 4.2. Withdrawal during competition. If an Athlete or Team Management withdrew from an event, or competition at any stage of the competition, the athlete or Team Management will be withdrawn for the entire competition.

- 4.3. Injury or illness as certified by a physician (or medical staff) approved by ASA. If an athlete or Team Management refuses verification of his/her illness or injury by a physician (or medical staff) approved by ASA, his/her injury will be assumed to be disabling and the license of the athlete will be retracted for the remainder of the relevant year.
- 4.4. Relay Teams. Any member of the Team must be available for the relay team, should team management call upon the services of the athlete. If an Athlete is not available for the team, or withdraw from a relay team, the athlete will be withdrawn from all other events the athlete is entered for in the competition. ASA reserve the right to implement further remedial actions after the competition, should the athlete fail in any way to participate in the relevant relay event.
- 4.5. National Team Conditions. All Members of the team will be required to sign a National Team Conditions, before the member officially becomes a member of the team. If the Member violates ASA's Statement of Conditions in any way, the athlete will be withdrawn from the team. An example of the National Team Conditions
- 4.6. Involuntary Withdrawal. An Athlete or Team Management who is named to the team by virtue of an error or oversight (by ASA) may be removed from the team at any time.
- 4.7. Fitness test – If an Athlete, or Team Management are required to do a fitness test, and fail or refuse to do so, the Athlete, or Team Management will be withdrawn from the team.
- 4.8. Training session. If an Athlete, or Team Management are not available for a training session the Athlete, or Team Management will be withdrawn from the team
- 4.9. Declaring a dispute. If an athlete, or any member of his/her support team, or a Member of team Management declare a dispute with ASA, and do not follow the relevant constitutional processes, e.g. to take ASA to court, or to bring ASA in disrepute in any way, the athlete or Team Management will be withdrawn from the team until the relevant disciplinary process is concluded.

5. RESPONSIBILITIES OF ASA VERSUS TEAMS

- 5.1. When an athlete/management is selected to represent South Africa, the athlete/management will:
 - 5.1.1. Pay his/her own passport fees
 - 5.1.2. Paying passport expedition fees
 - 5.1.3. Traveling to a passport office to obtain a passport
 - 5.1.4. Paying for passport photographs
 - 5.1.5. Expenses related to transport to and from pick-up point, e.g. nearest airport.
 - 5.1.6. Medical screening of athlete as required by customs, e.g. yellow fever injections
 - 5.1.7. Expenses related to any misconduct on the part of the athlete/management while the athlete/management is a member of the team
 - 5.1.8. Expenses incurred by ASA as a result of an athlete/management withdrawing from a team e.g. flight and accommodation cancelation fees
 - 5.1.9. Expenses incurred by ASA as a result of an athlete/management changing their travel arrangements, or missing their flight/bus and other related expenses.

5.1.10. Cover loss of income for the period the athlete/management represented South Africa

5.2. When an athlete/management is selected to represent South Africa, ASA will:

5.2.1. Cover travel expenses from pick up point e.g. closest airport or bus terminal, to central point from where the team will depart

5.2.2. Provide Team Management which will include Managers, Coaches, Doctor and physios to take care of the team from the point of departure from South Africa until the team arrived back in South Africa.

5.2.3. Provide Team clothing e.g. tracksuit, running gear, social wear, etc. This exclude specific needs such as spikes, and equipment

5.2.4. Provide food and refreshments for the duration the team is out of the country

5.2.5. Provide Accommodation for the duration the team is out of the country

5.2.6. Provide Per Diem (pocket money) to support the athlete's basic needs while out of the country.

6. PROCESS OF SELECTION OF TRACK AND FIELD TEAMS

6.1. SQUAD

6.1.1. The Cross Country Squads and Half-Marathon Squads will also be considered for the Track and Field Squads in preparation for the IAAF World Championships.

6.1.2. For each team a squad of athletes may be announced even before the SA Championships. Athletes that already achieved the qualifying standard and some athletes very close of qualification may be listed in the squad.

6.1.3. The purpose of the selected squad is to assist the ASA office with the team preparation process.

6.1.4. Athletes in the squad will not necessarily form part of the preliminary team to be selected, even if they have achieved a qualifying performance.

6.1.5. Where squads are announced, and any athlete is not listed in the squad, he/she will have the right to appeal in writing for reconsideration of the decision of the selectors.

6.1.6. All appeals must be forwarded to the ASA office within 48 hours of the announcement of the squad and must include the following:

6.1.6.1. Name of the athlete

6.1.6.2. ID-number

6.1.6.3. Name of the club and province where the athlete is registered

6.1.6.4. ASA license number of the athlete

6.1.6.5. Event to be considered

6.1.6.6. Performance

6.1.6.7. Date of Meeting

6.1.6.8. Venue of Meeting

6.1.6.9. Please note that no other information will be considered

- 6.1.7. After the closing date of appeals, no performance achieved before the announcement of the squad will be considered
- 6.1.8. Any qualifying performance achieved after the finalization of the squad might be included in the Preliminary Team.

6.2. PRELIMINARY TEAM

- 6.2.1. The Preliminary Team will normally be announced within one week after the SA Championships.
- 6.2.2. Athletes will only be selected in the Preliminary Team if they achieved the ASA Qualifying standard, provided they are eligible for selection (see eligibility clause above).
- 6.2.3. The qualifying standard was achieved during the qualification period at an eligible meeting.
- 6.2.4. Any athlete not in the announced Preliminary Team, have the right to appeal in writing for reconsideration of the decision of the selectors.
- 6.2.5. All appeals must be forwarded to the ASA office within 48 hours after the announcement of the Preliminary Team and must include the following:
 - 6.2.5.1. Name of the athlete
 - 6.2.5.2. ID-number
 - 6.2.5.3. Name of the club and province where the athlete is registered
 - 6.2.5.4. ASA license number of the athlete
 - 6.2.5.5. Any information that the athlete considers relevant for reconsideration by the selectors of their decision
- 6.2.6. Please note that the appeal must be against the non-selection of the athlete and NOT against the selection criteria, qualifying standards or selection process.

6.3. FINAL TEAM

- 6.3.1. All qualified athletes will be considered in the selection of the Final Team.
- 6.3.2. The total number of athletes selected may be limited by:
 - 6.3.2.1. The regulations set by the LOC of the International championships,
 - 6.3.2.2. Logistical reasons
 - 6.3.2.3. Budgetary constraints
- 6.3.3. The following factors, as well as any other factors that may be deemed relevant by the selectors, will be considered in selecting athletes where more than the maximum number of athletes allowed have qualified:
 - 6.3.3.1. Current form
 - 6.3.3.2. Future individual medal potential at major competitions
 - 6.3.3.3. Head-to heads
 - 6.3.3.4. Previous major competition history
 - 6.3.3.5. Injury status
 - 6.3.3.6. Position at the ASA Championships

- 6.3.4. Any athlete not in the announced Final Team, have the right to appeal in writing for reconsideration of the decision of the selectors.
- 6.3.5. All appeals must be forwarded to the ASA office within 48 hours after the announcement of the Final Team and must include the following:
 - 6.3.5.1. Name of the athlete
 - 6.3.5.2. ID-number
 - 6.3.5.3. Name of the club and province where the athlete is registered
 - 6.3.5.4. ASA license number of the athlete
 - 6.3.5.5. Any information that the athlete considers relevant for reconsideration by the selectors of their decision

6.4. GENERAL CRITERIA FOR SENIOR TEAMS

- 6.4.1. **UNDER 20 ATHLETES IN SENIOR TEAMS** - Athletes aged 18 or 19 years in the year of competition may compete in any event except the 10 000m, marathon and race walk events longer than 10km.
- 6.4.2. **UNDER 18 ATHLETES IN SENIOR TEAMS** - Athletes aged 16 or 17 years in the year of competition may compete in any event except the throwing events, the combined events, 5000m and longer, marathon and the race walk events longer than 10km.
- 6.4.3. **ATHLETES YOUNGER THAN 16** - No athlete younger than 16 years of age in the year of competition may be selected.
- 6.4.4. For all Senior Teams the standard for the Selection Criteria for the Olympic Games will be the norm, unless otherwise stated.
- 6.4.5. In the period leading up to 2024 the A-Standard will be used to select teams to the IAAF World Championships, CAA African Championships and CAA SR Championships.
- 6.4.6. To create capacity, the B-Standard of the Selection Criteria will be used for the CAA African Championships and CAA SR Championships. In applying the B-Standard of the Selection Criteria, the ASA Selection Policy will be used as point of reference.
- 6.4.7. The ASA Board, at their discretion, will consider the selection of an athlete which is a medal contender for the relevant event, but for some reason did not qualify on the A or B Standard.
- 6.4.8. A maximum of 3 athletes may be selected in any individual event
- 6.4.9. Please note that all events might not be on the programme of the relevant championships and athletes will only be selected if the event is on the final programme
- 6.4.10. **RELAY TEAMS**
 - 6.4.10.1. A maximum of eight athletes may be entered for each relay team.
 - 6.4.10.2. All athletes already entered in the corresponding individual events (100m or 400m) including the eventual reserves shall automatically count towards the eight entries of the team.
 - 6.4.10.3. Any four athletes among those entered for the competition, whether for the relay or for any other event, may then be used in the composition of the team for the first round.

6.5. EVENT SPECIFIC CRITERIA FOR SENIOR TEAMS

6.5.1. ATHLETES CAN QUALIFY IN ONE OF 4 WAYS:

- 6.5.1.1. **AUTOMATIC** - Automatically by achieving the A-standard within the qualification period.

6.5.1.2. **POSITION** - Based on the **finishing position at designated competitions** as follows (in these cases the athletes shall also be considered as having achieved the entry standard):

- 6.5.1.2.1. The **CAA African Champions** in all the individual events (except for the marathons). ASA will have the ultimate authority to enter the athlete or not.
- 6.5.1.2.2. For the **10,000m**, the top 15 athletes finishing in the senior men's and women's races at the last IAAF World Cross Country Championships.
- 6.5.1.2.3. For the **combined events**, the top three in the men's and women's IAAF Combined Events Challenge of the relevant year.
- 6.5.1.2.4. For the **20km race walk**, the top three in the men's and women's IAAF World Race Walking Challenge of the relevant year.
- 6.5.1.2.5. For the **50km race walk**, the top three in the IAAF World Race Walking Cup of the relevant year.
- 6.5.1.2.6. For the **marathons**, the top 10 finishers at the IAAF Gold Label marathons held in the qualification period.
- 6.5.1.2.7. In the case of the IAAF World Championships, the reigning world outdoor champion and that of the winner of the previous year's IAAF Diamond Race (in the corresponding World Championships events) and Hammer Throw Challenge as wild cards, in each individual event can be entered. If both are from South Africa, only one of the two can be entered with this wild card. In other words a maximum of 4 athletes can be entered per item, when applying the mentioned exceptions. The exceptions does **not apply to the 5000m, 10,000m, marathons and race walks** where entries will continue to be administered by entry standards only.

6.5.1.3. MEDAL CONTENDER - If the athlete is a medal contender but for some reason did not qualify on the A or B Standard. Selection is subject to the entry standard of the relevant Championships

6.5.2. **RELAY TEAMS** - Relay teams can qualify in one of two ways for the Olympic Games:

- 6.5.2.1. First stage: Participation at the IAAF World Relay Championships. The first 10 teams qualify for the IAAF World Championships, plus the 6 best teams on the world rankings. Note: The IAAF will invite the 6 teams based on their world rankings at the time of invitation.
- 6.5.2.2. Second stage: Participation at the IAAF World Championships. The first 8 teams qualify for the Olympic Games, plus the 8 best teams on the world rankings. Note: The IAAF will invite the 8 teams based on their world rankings at the time of invitation.
- 6.5.2.3. For the purpose of being ranked in the world, the results of relay races shall be valid only on condition that they are part of a competition staged in compliance with IAAF rules and that at least two different international teams, representing at least two countries, compete in the race.

6.6. QUALIFICATION PERIODS FOR SENIOR TEAMS

6.6.1. The qualifying periods to select South African teams to represent South Africa will be aligned with the IAAF Qualifying periods, and may be up to two years prior to the event the team is selected for. The qualifying periods will be adjusted in accordance with changes in the relevant IAAF entry/qualifying standards

- 6.6.2. The standards to select both men and women will be on equal levels
- 6.6.3. The “B” Standard will only be used at the discretion of the ASA Board to address demographic imbalances e.g. to add more women were not enough women qualified for a team on the “A” standard; to allow younger/upcoming talented athletes in a team to develop future medal contenders, etc.
- 6.6.4. The ASA Board, at their discretion, will consider the selection of an athlete which is a medal contender for the relevant event, but for some reason did not qualify on the A or B Standard.

6.7. QUALIFYING STANDARDS FOR SENIOR TEAMS

MINIMUM CRITERIA TO SELECT SENIOR TEAMS TO INTERNATIONAL EVENTS

Note: If the athlete is a medal contender but for some reason did not qualify on the A or B Standard, the athlete will be considered for the final team. Such Selection will be subject to ASA Board approval.

* 2019 IAAF/IOC Changes

** IAAF Standard is higher than ASA A-Standard therefore ASA A –Standard is aligned with the IAAF Standard

MEN		Event	WOMEN	
A-Standard	B-Standard		A-Standard	B-Standard
10.03	<u>10.10*</u>	100m	11.10	<u>11.24*</u>
20.31	<u>20.40*</u>	200m	22.65	<u>23.02 *</u>
44.91	<u>45.30*</u>	400m	50.69	<u>51.80*</u>
01:44.84	<u>01:45.80*</u>	800m	01:58.81	<u>02:00.60*</u>
<u>03:36.00</u>	<u>03:36.00**</u>	1500m	04:05.99	<u>04:06.50*</u>
<u>13:22.50</u>	<u>13:22.50**</u>	5000m	15:09.82	<u>15:22.00*</u>
27:30.10	<u>27:40.00*</u>	10000m	31:12.49	<u>31:50.00*</u>
02:12:03	<u>02:16:00*</u>	Marathon	02:28:48	<u>02:37:00*</u>
08:21.20	<u>8:29.00*</u>	3000m SC	09:30.06	<u>09:40.00*</u>
13.38	<u>13.46*</u>	110m H / 100m H	12.77	<u>12.98*</u>
48.50	<u>49.30*</u>	400m H	54.77	<u>56.00*</u>
<u>2.30</u>	<u>2.30**</u>	High Jump	<u>1.94</u>	<u>1.94**</u>
<u>5.71</u>	<u>5.71**</u>	Pole Vault	<u>4.56</u>	<u>4.56**</u>
<u>8.17</u>	<u>8.17**</u>	Long Jump	<u>6.72</u>	<u>6.72**</u>
<u>16.95</u>	<u>16.95**</u>	Triple Jump	<u>14.20</u>	<u>14.20**</u>
<u>20.70</u>	<u>20.70**</u>	Shot Put	18.30	<u>18.00*</u>
65.00	65.00*	Discus Throw	<u>61.20</u>	<u>61.20**</u>
77.00	<u>76.00**</u>	Hammer Throw	71.00	71.00*
83.00	83.00*	Javelin Throw	62.00	<u>61.50*</u>
8227	<u>8200*</u>	Deca/Heptathlon	6306	<u>6300*</u>
<u>TBC</u>	<u>TBC</u>	<u>10km RW from 2023</u>	<u>TBC</u>	<u>TBC</u>
01:20:31	<u>01:22:30*</u>	20km RW up to 2021	01:30:14	<u>01:33:00*</u>
<u>TBC</u>	<u>TBC</u>	<u>30km RW from 2021</u>	<u>TBC</u>	<u>TBC</u>
03:46:47	<u>03:59:00*</u>	50km Race Walk	-	<u>04:30:00*</u>
<u>Top 10 at IWR + 6 from Top Lists</u>		4x100m	<u>Top 10 at IWR + 6 from Top Lists</u>	
<u>Top 10 at IWR + 6 from Top Lists</u>		4x400m	<u>Top 10 at IWR + 6 from Top Lists</u>	
<u>Top 12 at IWR + 4 from Top Lists</u>		4x400m Mixed	<u>Top 12 at IWR + 4 from Top Lists</u>	

6.8. GENERAL CRITERIA FOR UNDER 20 AND UNDER 18 TEAMS

6.8.1. UNDER 20 ATHLETES IN UNDER 20 TEAMS

- 6.8.1.1. Only athletes aged 16, 17, 18 or 19 in the year of competition may compete.
- 6.8.1.2. The maximum number of events in which an Under 20 athlete can compete in an Under 20 completion is two individual events plus one of the relays.
- 6.8.1.3. If the two individual events are Track Events, only one of these may be longer than 200m.
- 6.8.1.4. For under 20 athletes the maximum distance on the track is 5000m.

6.8.2. UNDER 18 ATHLETES IN UNDER 20 TEAMS - Athletes aged 16 or 17 years in the year of competition may compete in any event except the throwing events, the combined events, events longer than 3000m, and the race walks longer than their relevant age category distances (currently 5km for u/18 girls and 10km for u/18 boys).

6.8.3. UNDER 18 ATHLETES IN UNDER 18 TEAMS - Only athletes aged 16 or 17 in year of competition may compete. NB: Organizers will request proof of age before an athlete can be entered.

6.8.4. ATHLETES YOUNGER THAN 16 - No athlete younger than 16 years of age in the year of competition may be selected.

6.8.5. A maximum of two athletes in each event (with the exception of the Relays) may be selected.

6.8.6. Only one team for each relay race, composed by a maximum of eight athletes may be selected.

6.8.7. All performances must be achieved during the qualifying period

6.8.8. All performances must be achieved during an official competition organised in conformity with IAAF Rules.

6.8.9. All performances must be achieved during competitions organised or sanctioned by ASA.

6.8.10. Performances achieved in mixed competitions in track events will not be accepted. Exceptionally, in accordance with IAAF Rule 147, performances achieved in field events, 5000m, and Race Walk may be accepted in circumstances where there were insufficient athletes of one or both genders competing to justify the conduct of separate events and there was no pacing or assistance given by an athlete(s) of one gender to an athlete(s) of the other gender.

6.8.11. Wind assisted performances (over 2m/sec) will not be accepted.

6.8.12. Indoor performances will be accepted.

6.8.13. Hand-timed performances for events up to and including 800m will not be accepted.

6.8.14. For Race Walks:

- 6.8.14.1. Road performances will be accepted
- 6.8.14.2. Results of races conducted using the pit lane will be accepted
- 6.8.14.3. For the running events of 200m and over, performances achieved on over-sized tracks will not be accepted.

6.8.15. For relays, no qualifications as in the case for senior athletics are required.

6.9. MINIMUM CRITERIA TO SELECT UNDER 20 TEAMS TO INTERNATIONAL EVENTS

Note: If the athlete is a medal contender but for some reason did not qualify on the A or B Standard, the athlete will be considered for the final team. Such Selection will be subject to ASA Board approval.

Men		Event	Women	
A-Standard	B-Standard		A-Standard	B-Standard
10.36	10.55	100m	11.59	11.80
20.77	21.35	200m	23.48	24.20
46.56	47.70	400m	52.76	55.25
01:46.77	1:49.50	800m	02:05.12	2:09.20
03:43.40	3:48.00	1500m	04:11.66	4:28.20
<u>TBC</u>	<u>TBC</u>	3000m	<u>TBC</u>	<u>TBC</u>
13:38.75	14:15.00	5000m	15:51.30	16:40.00
08:37.33	9:10.00	3000m SC	09:53.70	10:45.00
13.54	14.20	110m H / 100m H	13.38	14.20
50.90	53.20	400m H	57.97	60.75
2.21	2.16	High Jump	1.84	1.83
5.40	5.10	Pole Vault	4.20	4.05
7.63	7.55	Long Jump	6.20	6.20
16.12	15.60	Triple Jump	13.54	13.00
19.71	18.25	Shot Put	16.24	15.50
60.76	55.00	Discus Throw	54.17	48.00
75.62	68.00	Hammer Throw	62.71	57.50
73.52	68.70	Javelin Throw	54.31	49.50
7729	7200	Deca/Heptathlon	5665	5300
40:48.43 <u>TBC</u>	44:20.00 <u>TBC</u>	10000m RW <u>TBC</u>	45:59.92 <u>TBC</u>	51:00.00 <u>TBC</u>

* Subject to IAAF changes

6.10. MINIMUM CRITERIA TO SELECT UNDER 18 TEAMS TO INTERNATIONAL EVENTS

Note: If the athlete is a medal contender but for some reason did not qualify on the A or B Standard, the athlete will be considered for the final team. Such Selection will be subject to ASA Board approval.

Boys		Event	Girls	
A-Standard	B-Standard		A-Standard	B-Standard
10.61	10.90	100m	11.68	12.30
21.15	22.25	200m	23.67	25.35
47.13	49.45	400m	53.48	57.20
01:49.68	01:54.50	800m	02:05.00	02:14.00
03:44.29	03:59.00	1500m	04:19.57	04:34.00
08:09.98	08:44.00	3000m	09:20.36	09:50.00
05:38.69	06:05.00	2000m SC	06:35.50	07:14.00
13.67	14.20	110m H / 100m H	13.48	14.35
51.96	55.00	400m H	58.90	62.50
2.14	2.06	High Jump	1.80	1.77
5.00	4.65	Pole Vault	4.05	3.80
7.41	7.25	Long Jump	6.12	6.00
15.46	14.80	Triple Jump	13.00	12.50
19.99	18.00	Shot Put	17.00	15.00
59.54	55.00	Discus Throw	48.80	43.00
73.01	67.00	Hammer Throw	65.10	60.00
73.88	65.00	Javelin Throw	52.80	48.00
7500	6500	Deca/Heptathlon	5650	4900
<u>TBC</u>	<u>TBC</u>	5000m Race Walk	23:10.40	25:20.00
42:41.73 <u>TBC</u>	47:30.00 <u>TBC</u>	10000m RW <u>TBC</u>	-	-

* Subject to IAAF changes

7. PROCESS OF SELECTION OF ROAD RUNNING TEAMS

7.1. SQUAD

- 7.1.1. The Cross Country Squads and Half-Marathon Squads will also be considered for the Track and Field Squads in preparation for the IAAF World Championships.
- 7.1.2. For each team a squad of athletes may be announced even before the ASA Championships. Athletes that already achieved the qualifying standard and some athletes very close of qualification may be listed in the squad.
- 7.1.3. The purpose of the selected squad is to assist the ASA office with the team preparation and monitoring process.
- 7.1.4. Athletes in the squad will not necessarily form part of the preliminary team to be selected, even if they have achieved a qualifying performance.
- 7.1.5. Where squads are announced, and any athlete is not listed in the squad, he/she will have the right to appeal in writing for reconsideration of the decision of the selectors.
- 7.1.6. All appeals must be forwarded to the ASA office within 48 hours of the announcement of the squad and must include the following:
 - 7.1.6.1. Name of the athlete
 - 7.1.6.2. ID-number
 - 7.1.6.3. Name of the club and province where the athlete is registered
 - 7.1.6.4. ASA license number of the athlete
 - 7.1.6.5. Event to be considered
 - 7.1.6.6. Performance
 - 7.1.6.7. Date of Meeting
 - 7.1.6.8. Venue of Meeting
 - 7.1.6.9. Please note that no other information will be considered
- 7.1.7. After the closing date of appeals, no performance achieved before the announcement of the squad will be considered
- 7.1.8. Any qualifying performance achieved after the finalization of the squad might be included in the Preliminary Team.

7.2. PRELIMINARY TEAM

- 7.2.1. The Preliminary Team will normally be announced within one week after the ASA Championships.
- 7.2.2. Athletes will only be selected in the Preliminary Team if they achieved the ASA Qualifying standard, provided they are eligible for selection (see eligibility clause above).
- 7.2.3. The qualifying standard was achieved during the qualification period at an eligible meeting.
- 7.2.4. Any athlete not in the announced Preliminary Team, have the right to appeal in writing for reconsideration of the decision of the selectors.
- 7.2.5. All appeals must be forwarded to the ASA office within 48 hours after the announcement of the Preliminary Team and must include the following:
 - 7.2.5.1. Name of the athlete
 - 7.2.5.2. ID-number
 - 7.2.5.3. Name of the club and province where the athlete is registered
 - 7.2.5.4. ASA license number of the athlete
 - 7.2.5.5. Any information that the athlete considers relevant for reconsideration by the selectors of their decision
- 7.2.6. Please note that the appeal must be against the non-selection of the athlete and NOT against the selection criteria, qualifying standards or selection process.

7.3. FINAL TEAM

- 7.3.1. All qualified athletes will be considered in the selection of the Final Team.
- 7.3.2. The total number of athletes selected may be limited by:
 - 7.3.2.1. The regulations set by the LOC of the International championships,
 - 7.3.2.2. Logistical reasons
 - 7.3.2.3. Budgetary constraints
- 7.3.3. The following factors, as well as any other factors that may be deemed relevant by the selectors, will be considered in selecting athletes where more than the maximum number of athletes allowed have qualified:
 - 7.3.3.1. Current form
 - 7.3.3.2. Future individual medal potential at major competitions
 - 7.3.3.3. Head-to heads
 - 7.3.3.4. Previous major competition history
 - 7.3.3.5. Injury status
 - 7.3.3.6. Position at the ASA Championships
- 7.3.4. Any athlete not in the announced Final Team, have the right to appeal in writing for reconsideration of the decision of the selectors.
- 7.3.5. All appeals must be forwarded to the ASA office within 48 hours after the announcement of the Final Team and must include the following:
 - 7.3.5.1. Name of the athlete
 - 7.3.5.2. ID-number
 - 7.3.5.3. Name of the club and province where the athlete is registered
 - 7.3.5.4. ASA license number of the athlete
 - 7.3.5.5. Any information that the athlete considers relevant for reconsideration by the selectors of their decision

7.4. GENERAL CRITERIA FOR TEAMS

7.4.1. UNDER 20 AND UNDER 18 ATHLETES IN SENIOR TEAMS

- 7.4.1.1. For marathon and ultra-marathons must be 20 years or older in the year of competition. No Under 18 and/or Under 20 athletes will be considered to represent South Africa in marathon and ultra-marathons
- 7.4.1.2. In distances up to a Half-marathon (21.1km) Athletes aged 18 or 19 years in the year of competition may compete in the senior category
- 7.4.1.3. Under 20 athletes may compete in distances up to 5000m on the track in the under 20 or senior category.
- 7.4.1.4. Under 18 athletes may compete in distances up to 3000m on the track in the youth or senior category.
- 7.4.1.5. No athlete younger than 16 years of age in the year of competition may be selected to represent South Africa in the youth, junior or senior categories in any event.
- 7.4.1.6. For all Senior Teams the standard for the Selection Criteria for the relevant Olympic Games will be the norm.
- 7.4.1.7. In the period leading up to 2024 the A-Standard will be used to select teams to the IAAF World Championships, CAA African Championships and CAA SR Championships.

- 7.4.1.8. To create capacity, the B-Standard of the Selection Criteria will be used for the CAA African Championships and CAA SR Championships. In applying the B-Standard of the Selection Criteria, the ASA Selection Policy will be used as departure point.
- 7.4.1.9. The ASA Board, at their discretion, will consider the selection of an athlete which is a medal contender for the relevant event, but for some reason did not qualify on the A or B Standard.
- 7.4.1.10. A maximum of 3 athletes may be selected in any individual event
- 7.4.1.11. In team competitions all team members must qualify at least on the B-standard
- 7.4.1.12. In relay competitions a maximum of 4 participating reserves will be selected. The reserves must also qualify at least on the B-standard.
- 7.4.1.13. Please note that all events might not be on the programme of the relevant championships and athletes will only be selected if the event is on the programme

7.5. EVENT SPECIFIC CRITERIA FOR SENIOR TEAMS

Athletes can qualify in one of 4 ways:

- 7.5.1. **AUTOMATIC** - Automatically by achieving the IAAF Gold Label Status within the qualification period.
- 7.5.2. **POSITION** - Based on the finishing position at designated competitions in IAAF Silver Label Status within the qualification period.
- 7.5.3. **INVITED** – Athletes invited by the IAAF
- 7.5.4. **DISCRETION** – **On the discretion of the ASA Board, and** based on the finishing position at designated competitions in on the IAAF Bronze Label Status within the qualification period.

7.6. QUALIFICATION PERIODS FOR TEAMS

- 7.6.1. The qualifying periods to select South African teams to represent South Africa will be aligned with the IAAF Qualifying periods, and may be up to two years prior to the event the team is selected for. The qualifying periods will be adjusted in accordance with changes in the relevant IAAF entry/qualifying standards
- 7.6.2. The standards to select both men and women will be on equal levels
- 7.6.3. The IAAF Gold, Silver and Bronze Label System will be used as criteria to identify individuals and teams to represent South Africa internationally.
- 7.6.4. Athletes performing on the IAAF Gold level Status will obtain automatic selection to any team representing ASA
- 7.6.5. The IAAF Silver level Status will be the primary criteria to select teams to represent South Africa and will be called the “A” Standard
- 7.6.6. The IAAF Bronze Status will be the secondary criteria to select teams to represent South Africa and will be called the “B” Standard.
- 7.6.7. The “B” Standard will only be used at the discretion of the ASA Board to address demographic imbalances e.g. to add more women were not enough women qualified for a team; to allow younger/upcoming talented athletes in a team to develop future medal contenders, etc.
- 7.6.8. The ASA Board, at their discretion, will consider the selection of an athlete which is a medal contender for the relevant event, but for some reason did not qualify on the A or B Standard.
- 7.6.9. In accordance with the IAAF Label System Multi-disciplined distances/times will be used e.g. in accordance with the IAAF Label System, half-marathon times can be used to selected marathon athletes; 10km times can be used to select half marathon athletes, etc.

7.6.10. As example, in 2018 the Gold Label standards, and therefore automatic qualifiers for ASA teams were:

- 7.6.10.1. Marathon: 2:09:30 for men and 2:28:00 for women
- 7.6.10.2. Half Marathon: 61:00 for men and 70:45 for women
- 7.6.10.3. 10KM Road Race: 28:00 for men and 32:00 for women
- 7.6.10.4. 10,000m: 27:45.00 for men and 31:45.00 for women
- 7.6.10.5. 5KM Road Race: 13:30 for men and 15:00 for women
- 7.6.10.6. Top 25 finishers in the marathon at the Rio 2016 Olympic Games
- 7.6.10.7. Top 25 finishers in the marathon at the IAAF World Championships London 2017
- 7.6.10.8. Top 10 finishers in the 10,000m at the IAAF World Championships London 2017
- 7.6.10.9. Top 10 finishers in the 5,000m at the IAAF World Championships London 2017
- 7.6.10.10. Top 25 finishers at the IAAF World Half Marathon Championships Cardiff 2016
- 7.6.10.11. Top 25 finishers at the IAAF World Half Marathon Championships Valencia 2018
- 7.6.10.12. Top 25 finishers in the senior races at the IAAF World Cross Country Championships Kampala 2017
- 7.6.10.13. Winners of any IAAF Gold or Silver Label road race on or after 01.01.2016
- 7.6.10.14. Top 3 finishers at any marathon and half marathon valid as Area Championships held on or after 01.01.2016
- 7.6.10.15. Winners of any IAAF Cross Country Permit race on the 2017/2018 calendar
- 7.6.10.16. NB: The above performances will be adjusted in line with IAAF adjustments

7.6.11. As example, in 2018 the Silver Label standards were:

- 7.6.11.1. Marathon: 2:11:45 for men and 2:32:00 for women
- 7.6.11.2. Half Marathon: 62:00 for men and 72:00 for women
- 7.6.11.3. 10KM Road Race: 29:00 for men and 33:00 for women
- 7.6.11.4. 10,000m: 28:30 for men and 32:30 for women
- 7.6.11.5. 5KM Road Race: 13:45 for men and 15:30 for women
- 7.6.11.6. Winners of any IAAF Bronze Label road race on or after 01.01.2016
- 7.6.11.7. NB: The above performances will be adjusted in line with IAAF adjustments

7.6.12. As example, in 2018 the Bronze Label standards were:

- 7.6.12.1. Marathon: 2:13:45 for men and 2:36:30 for women
- 7.6.12.2. Half Marathon: 63:30 for men and 74:00 for women
- 7.6.12.3. 10KM Road Race: 30:00 for men and 35:30 for women
- 7.6.12.4. 10,000m: 29:30 for men and 34:45 for women
- 7.6.12.5. 5KM Road Race: 14:00 for men and 15:45 for women

8. QUALIFYING FOR RACE WALKING TEAMS

- 8.1. 50Km Athletes can qualify for the South African team at any event as specified above, in the 18 months leading up the international Championships/Games.
 - 8.1.1. As from 2021 the 50km event will be reduced to 30km

- 8.2. 20Km Athletes can qualify for the South African team at any event as specified above, in the 6 months leading up the international Championships/Games.
 - 8.2.1. As from 2023 the 20km event will be reduced to 10km

9. OLYMPIC GAMES – 2020 AND 2024

- 9.1. The Final Team will be selected and announced by SASCOC according to SASCOC selection principles
- 9.2. A maximum of 3 athletes will be selected for any individual event
- 9.3. Qualifying period subject to IAAF changes:
- 9.3.1. For the Marathon and 50km Race Walk – 1 January of the preceding year to 30 May of the relevant year
- 9.3.2. For the 10,000m, 20km Race Walk, and combined events - - 1 January of the preceding year to 29 June of the relevant year
- 9.3.3. For all other events: – 1 May of the preceding year to 29 June of the relevant year

- 9.4. The following will be the minimum qualification standards for the Olympic Games:

MINIMUM CRITERIA TO SELECT THE TEAM TO THE OLYMPIC GAMES

Men	Event	Women
IAAF/IOC		IAAF/IOC
10.05	100m	11.15
<u>20.24</u>	200m	22.80
<u>44.90</u>	400m	51.35
1:45.20	800m	1:59.50
<u>3:35.00</u>	1500m	<u>4:04.20</u>
<u>13:13.50</u>	5000m	15:10.00
<u>27:28.00</u>	10000m	31:25.00
8:22.00	(91,4cm) 3000m SC (76,2cm)	<u>9:30.00</u>
<u>13.32</u>	(106,7) 110m H / 100m H (84,0)	12.84
48.90	(91,4) 400m H (76,2)	55.40
<u>2.33</u>	High Jump	<u>1.96</u>
<u>5.80</u>	Pole Vault	<u>4.70</u>
<u>8.22</u>	Long Jump	<u>6.82</u>
<u>17.14</u>	Triple Jump	<u>14.32</u>
<u>21.10</u>	(7.26kg) Shot Put (4kg)	<u>18.50</u>
<u>66.00</u>	(2kg) Discus Throw (1kg)	<u>63.50</u>
<u>77.50</u>	(7.26kg) Hammer Throw (4kg)	72.50
<u>85.00</u>	(800gm) Javelin Throw (600gm)	64.00
<u>8350</u>	Decathlon: Day 1: 100m, LJ, SP (7,26kg), HJ, 400m, Day 2: 110mH (1,06m), DT(2kg), PV, JT (800gm), 1500m	
	Heptathlon: Day 1: 100mH (84 cm), HJ, SP (4kg), 200m Day 2: LJ, JT (600gm), 800m	<u>6420</u>
<u>TBC</u>	<u>10km RW (from 2024)</u>	<u>TBC</u>
1:21:00	20km RW <u>(2020 only)</u>	1:31:00
<u>TBC</u>	<u>30km RW (from 2024)</u>	<u>TBC</u>
3:50:00	50km Race Walk <u>(2020 only)</u>	<u>04:30:00 (TBC)</u>
<u>2:11:30</u>	Marathon	2:29:30
Top 8 at IWC + 8 from Top Lists	4X100m Relay	Top 8 at IWC + 8 from Top Lists
Top 8 at IWC + 8 from Top Lists	4X400m Relay	Top 8 at IWC + 8 from Top Lists
Top 8 at IWC + 8 from Top Lists	4x400m Mixed Relay	Top 8 at IWC + 8 from Top Lists

*** Subject to IAAF/IOC Changes**

- 9.5. All athletes that achieved the qualifying standard, or are very close to achieving the qualifying standard, will be included in the Squad after the 2019 IAAF World Championships. Appeals for inclusion in the squad must be lodged within 48 hours after the Squad was announced.
- 9.6. The Preliminary Team may be announced even before the relevant ASA Senior Championships. Appeals for inclusion in the Preliminary Team must be lodged within 48 hours after the Preliminary Team was announced.
- 9.7. Participation at the relevant ASA Senior Championships will be a prerequisite for selection in the Preliminary Team
- 9.8. Depending on invitations, participation at least two of the scheduled ASA Elite Competitions will be a prerequisite for selection
- 9.9. Selection in the Preliminary Team does not guarantee selection in the Final Team
- 9.10. The Final Team as selected by the ASA Selectors will be forwarded to SASCOC at a date as defined by SASCOC
- 9.11. SASCOC will announce the Final Team on a date still to be confirmed

10. SELECTION OF TEAM MANAGEMENT

- 10.1. ASA Selection Criteria for Team Management will be endorsed by the ASA AGM of the preceding year of the relevant Championships.
- 10.2. Nominations for positions on the Team Managements of the following years will be accepted from ASA Provinces up to 6 weeks after the ASA AGM.
- 10.3. The ASA Presidium will appoint Team Managements
- 10.4. During the following ASA Council Meeting prior to the year of competition, Team Managements for the following year will be announced.

10.5. MANAGERS SELECTION PROCEDURES

- 10.5.1. Individuals wishing to be considered for national team staff positions should complete the application form (Annexure "A").
- 10.5.2. Applicants must meet specific criteria as indicated below to apply for national team staff positions. Please do not apply for a staff position for which you have not met all of the criteria. Such applications will not be considered.

10.6. DUTIES OF TEAM MANAGEMENT

Duties and responsibilities of the team management can be downloaded on <https://www.athletics.org.za/administration>.

10.7. CANDIDATES POOL

- 10.7.1. The Team Management for the team to represent ASA in the following year will be selected from the applications received by ASA via their respective Provinces
- 10.7.2. To be considered for inclusion in the pool, all interested persons must submit the annexures as mentioned below, regardless of the individual's past experience or team assignments.

10.8. GENERAL REQUIREMENTS

In order to be selected, applicants for any one of the ASA Team managerial staffs must:

- 10.8.1. Submit a fully completed application (**annexure "A"**) and submit it to ASA via their respective provinces before the closing date.
- 10.8.2. Applicants who have submitted applications in previous years are eligible **but must** submit a new application to confirm their interest and provide current contact information.
- 10.8.3. Applications must provide a full and accurate disclosure of any prior experience on ASA national teams. False representation of prior national staff experience will immediately disqualify an individual from consideration.
- 10.8.4. Be a current member (licensed) in good standing with ASA, and remain a member in good standing for the duration of the period served.
- 10.8.5. Declared that the applicant is credible by completing **annexure "B"**, and submit it to ASA with the application (**annexure "A"**).
- 10.8.6. The applicant will give permission for ASA to do a background check on the applicant.
- 10.8.7. Should the credibility of the applicant be compromised in any way during the time of the screening period, or the period up to the departure of the team and the return of the team, the applicant must notify ASA, and ASA reserve the right to withdraw the candidate.
- 10.8.8. Possesses a valid passport that does not expire until at least six (6) months after the conclusion of the competition for which they may be selected.

- 10.8.9. Be available for the entire duration of the Championships, including any training camps, committing to up to three (3) weeks travel with the team.
- 10.8.10. Be in good health and able to withstand the physical rigors of traveling with and working with the team.
- 10.8.11. Be detail-oriented and logistically-minded with a service-oriented personality, committed to putting the athlete first.
- 10.8.12. Be willing to serve in a behind-the-scenes administrative position with limited or no opportunity to see the event.
- 10.8.13. Sign the ASA Agreement to Represent South Africa internationally
- 10.8.14. **Applicants must also meet national team managerial selection criteria as specified below.**
- 10.8.15. **Please only apply for team staff positions and events for which you are truly qualified.**

10.9. CRITERIA FOR ASA TEAM MANAGEMENT

Applicants must meet all of the general requirements, as listed above, in addition to the following criteria. Further, before submitting an application, individuals should review the full selection procedures for ASA teams

10.9.1. Team Managers must:

- 10.9.1.1. Managers must be an Office Bearer on provincial or National level with at least an ASA National (Level 3) T.O. or IAAF Level 2 T.O. qualification.
- 10.9.1.2. Be experienced and have the proven ability working with teams at the national and international levels with positive ratings and comments on the athlete and staff evaluations.
- 10.9.1.3. Have the proven ability to establish harmonious relationships with athletes, personal coaches and other team personnel.
- 10.9.1.4. Have served as head manager or professional support staff on a full team environment on at least three (3) national teams during the last eight (8) years of which one (1) must have been the Under 18, Under 20 or senior CAA African Championships, an IAAF World Championships, or Olympic Games.
- 10.9.1.5. Participate in ASA National or Provincial Managers Training Seminar at the Annual Meeting of the relevant year, or the relevant ASA national Outdoor Championships (head managers selected for the Olympic Games staff must plan to attend the 2019 IAAF World Championships).

10.9.2. Team Coaches must:

- 10.9.2.1. Coaches must be a registered ASA National Coach,
- 10.9.2.2. Have served as a head coaches or assistant coaches of a provincial team at a National Championships the past 8 years, of which at least one (1) must have been as personal coach; or team coach, at the Under 18, Under 20 or senior CAA African Championships, an IAAF World Championships, or Olympic Games.
- 10.9.2.3. Participate in ASA National or Provincial Managers Training Seminar at the Annual Meeting of the relevant year, or the relevant ASA national Outdoor Championships (head managers selected for the Olympic Games staff must plan to attend the 2019 IAAF World Championships)

10.9.3. Doctors and physios must:

- 10.9.3.1. Have served as a Doctor or Physio of a provincial team at a National Championships the past 8 years
- 10.9.3.2. Have a Health Profession Council annual Subscription
- 10.9.3.3. Have proof of Malpractice Insurance
- 10.9.3.4. A Member of SASMA

