



## FINAL BOLAND ATHLETICS U/16, U/18 AND U/20 PROVINCIAL TEAM 2020

The following athletes have been selected to represent Boland Athletics at the ASA u/16, u/18 and u/20 National Championships.

We will inform all team members of any information concerning the National Championships. We would also like to update our data on all team members.

Please fill in the relevant form in order for the Team Management and BA Office to make contact with you if we need to. We have also attached an order form for all athletes that have not ordered clothing for 2020.

Please ensure that you mail the deposit slip of payment with the order form. We will inform you when, you will be able to pick it up at the Boland Athletics Office.

Please make contact with the Boland Athletics Office – [office@bolandathletics.com](mailto:office@bolandathletics.com) for any other enquiries.

### PERSONAL INFORMATION

Name and Surname			
Club/ School		2020 Licence Nr	
ID Number		Mobile	
Email		AGE GROUP	

### CLOTHING ORDER

Only complete the form if you wish to order

CLOTHING (LARGE CUT)							
SIZE	XS	S	M	L	XL	2XL	3XL
VEST							
T-SHIRT							
TRACK SUIT							
CROP TOP							

#### The purchase cost is:

1. R300,00 – Boland Track Suit
2. R100,00 - Boland Athletics T-Shirt
3. R100,00 Boland Athletics Vest/Crop Top

#### BANK DETAILS

Account name: Boland Athletics  
 Branch: Standard Bank, Paarl  
 Branch code: 050210  
 Account Number: 072179503  
 Ref: Athletes Name

**PLEASE EMAIL TO: [sfseppie@gmail.com](mailto:sfseppie@gmail.com) ON OR BEFORE 20 MAY 2020**

## G -U16 BOLAND TEAM

	NAME	SURNAME	EVENTS NO 1	EVENT NO 2	EVENT NO 3&4
1	Christolique	McNeil	1500mSC	800m	
2	Andrea	Boshoff	HJ		
3	Carina	Van Der Vyfer	5000mW		
4	Cayleigh	Carolissen	3000m	1500m	
5	Emma	Hartley	5000mW		
6	Heista	Bruwer	HT		
7	Helende	Kemp	3000m		
8	Jade	Avenant	1500m		
9	Jaymee	Cooper	PV		
10	Jody - Rose	Willemse	5000mW		
11	Kiera - Lee	Abrahams	90m H	LJ	200m
12	Lana	Oberholzer	90m H		
13	Lane	Gilomee	300mH	90mH	
14	Leila	Van Aarde	300mH	90mH	
15	Michaela	BirCH	JT		
16	Mienke	Pepier	PV		
17	Robyn	Ferreira	TJ		
18	Sumari	Rademeyer	PV		
19	Tersia	Adams	1500mSC		
20	Uanita	Eneglbrecht	SP	DT	JT
21	Vasti	Le Roux	300mH	90mH	
22	Lisa	Terblanche	Discus		
23	Zynzhia	Brown	100m	200m	
24	Lisa	Terblanche	SP	DC	
25	Zainup	Brenner	100m	200m	
26	Barbara	De Kock	400m		
27	Lisa	Ahrends	HJ		
28	Isabella	Kruger	1500m		

## B-U16 BOLAND TEAM

	NAME	SURNAME	EVENTS NO 1	EVENT NO 2	EVENT NO 3&4
1	Adrian	Kotze	DT	SP	
2	Alito	Pietersen	1500m		
3	Aqeel	De Bruyn	DT	SP	
4	Bernardo	Diederick	JT	LJ	100m
5	Carick	Kustoor	HJ	TJ	
6	Cheswill	Jooste	200m		
7	Christiano	Galant	5000mW		
8	Christopher	Ley	5000mW		
9	Christopher	Gouws	HJ		
10	Clemond	Nel	100H	300mH	
11	Colon	Daniels	5000mW		
12	Dale Robin	Martin	200m		
13	Daylin	Kamfer	HJ		
14	Dewald	De Villiers	400mH		
15	Divan	Fuller	JT		
16	Duwayne	Damon	3000m	LJ	
17	Handre	Nel	PV		
18	Hope	Dliso	HJ		
19	Jacques	Van Der Berg	JT		
20	Jadrian	Goosen	800m		
21	Jameel	de Jongh	300mH		
22	Jayden	Engelbrecht	HJ		
23	Jivanno	Melouw	TJ	LJ	400m
24	Joshua	Acker	DT	SP	
25	Jovawn	Visagie	300mH		
26	Juyeren	November	3000m	1500m SC	
27	Leanardo	vd Werf	1500m	3000m	
28	Lee-Tin	Syfers	1500mSC		
29	Luan	Jumat	400m		
30	Marius	Galant	5000mW		
31	Msa	Delihlazo	3000m	1500m	
32	Olwethu	Solo	800m		
33	Ruben	Mundell	100mH		
34	Santino	Appels	3000m		
35	Santino	Appels	1500mSC	3000m	
36	Stephan	Alexander	1500mSC		
37	Storm	Durr-Behrens	1500mSC		
38	Valentino	Ward	300mH		
39	Waylon	Martin		3000m	
40	Xander	De Bruin	DT		
41	Zhandre	Hattingh	1500mSC	800m	

## G-U18 BOLAND TEAM

	NAME	SURNAME	EVENTS NO 1	EVENT NO 2	EVENT NO 3 & 4
1	Anke	Deetlefs	PV		
2	Arwen	Richardson	HJ		
3	Brenda	Du Toit	200m	LJ	100mH/ 400mH
4	Carli	Groeneveld	400m/relay	188	
5	Chenique	Sas	3000m	2000mSC	
6	Elandri	Schmidt	3000m	1500m	
7	Elke	Van der Westhuizen	200m	400m	
8	Hane	Van der Merwe	JT		
9	Inge	Buxton	5000mW		
10	Lee -Ann	Schroeder	5000mW		
11	Lizaan	Engelbrecht	PV		
12	Marietjie	Cilliers	2000mSC	3000m	
13	Marli	Botha	HT		
14	Michaela	Horn	HJ		
15	Michelle	Burger	HT		
16	Teneal	Els	DT		
17	Virgell- Lee	Africa	2000mSC		
18	Washima	Blaauw	100m		
19	Milan	Horn	400mH		
20	Ankia	Viljoen	SP	JT	
21	Alex	Heerink van Breda	100m	200m	400mH
22	Leah	Swile	100mH		
23	Rochelle	Genustyn	400mH		
24	Hannah	Botha	HJ		
25	Adrienne	Gallop	LJ		

**G -U20 BOLAND TEAM**

	<b>NAME</b>	<b>SURNAME</b>	<b>EVENTS NO 1</b>	<b>EVENT NO 2 &amp; 3</b>
1	Alme	Jordan	5000m	3000m
2	Andrea	Cornelissen	LJ	200m
3	Anja	Prins	HT	
4	Anneken	Viljoen	800m	1500m
5	Benitha	Pretorius	HJ	
6	Cara	Coetzee	DT	
7	Cara	Bester	10 000mW	
8	Cimon	van der Westhuizen	1500m	800m
9	Georgia Riekie	Channon	DT	
10	Inge	Von Weilligh	DT	
11	Jana	Van Schalkwyk	JT	
12	Meagan		3000mSC	5000m
13	Melissa	Hoffman	HT	
14	Mieke	Basson	LJ	100m
15	Natalie	Louw	LJ	
16	Nikki	Schonken	JT	
17	Tonet	Tallie	PV	
18	Zoe	Williams	100m	200m
19	Zoe	Eksteen	100m	200m
20	Jamie Leigh	Oliphant	100m	200m
21	Erica	Moolman	PV	
22	Nicole	Janse van Rensburgh	PV	
23	Jana	Swanepoel	PV	
24	Zani	Van Zyl	400m	
25	Emma	Ritter	400m	
26	Ju-Mari	Archer	400mH	
27	Elitha	Sylvester	100mH	400mH

## B-U18 BOLAND TEAM

	NAME		EVENTS NO 1	EVENT NO 2 & 3
1	Bradley	Olifant	100m	200m /4x100m
2	Christiaan	Bester	10 00mW	
3	Denman	Jacobs	110mH	4x100m
4	Lechan	Toerien	TJ	
5	Jaden	Lewis	LJ	TJ
6	Ricky	Martin	HJ	
7	Adam	Burger	HJ	
8	Jacques	Rossouw	HJ	
9	Fanuel	Zimri	2000mSC	
10	CP	Kleynhans	JT	
11	Coetzee	Le Roux	SP	
12	Jo	Himmelstutzer	SP	
13	Schalk	van Schalkwyk	DT	SP
14	Gerhard	Strydom	10 00mW	
15	Maissa	Gringue	800m	4x400m
16	Jarred James	Africa	100m	200m/ 4x100m
17	Migail	Van Huysteen	PV	
18	Jayden	Douries	4x400m	400mH
19	Jayden	Daniels	4x100m	100m
20	Debrahano	Plaaitjies	4x400m	400m
21	Emile	Geyser	4x400m	400m
22	Devon	Blaauw	4x400m	400m
23	Francois	Malan	HT	
24	Pierre	Van Staden	PV	
25	Rocco	Nortje	DT	SP
26	Adrian	Hage	PV	

**B- U20 BOLAND TEAM**

	<b>NAME</b>	<b>SURNAME</b>	<b>EVENTS NO 1</b>	<b>EVENT NO 2 &amp; 3</b>
1	Adrian	Swart	400m	200m / 4 x 100m
2	Bothma	Damien	HT	
3	Brandon - Lee	Jonkers	5000m	
4	Cherabi	Hichem	PV	
5	Claudio	Matolla	4x400m	400m
6	Herman	Visser	HT	DT
7	Jason	Tito	LJ	
8	Jayson	Weber	400m	200m/ 4x400m
9	Kyle	Rademeyer	PV	
10	Kyle	Slater	4x100m	100m
11	Lleyton	Davids	TJ	
12	Luciano	Custodio	400mH	4x400m
13	Nikolai	van Huyssteen	PV	
14	Liam	Pietersen	400mH	4x400m
15	Francesco	May	TJ	
16	Tariq	Klink	10 00mW	
17	Joruhan	De Wit	HT	
18	Tristan	Farao	TJ	