



**BOLAND LEAGUE MEETING
PAARL ATHLETICS CLUB
WEDNESDAY, 23 OCTOBER 2019**



RESULTS -

Event: Shot Put - Masters Women

No.	Performance	Wind	Pos.	First name	Surname	School / club
P136	8,87		1	Jackie	Smith	Paarl AC M55
P1557	8,96		2	Hesmarie	van Deeventer	Belville AC M35

Event: Shot Put - Youth Girls

No.	Performance	Wind	Pos.	First name	Surname	School / club
	11,52		1	Ankia	Viljoen	Paarl AC

Event: Shot Put - Youth Boys

No.	Performance	Wind	Pos.	First name	Surname	School / club
	12,29		1	Elton	Lombaard	Paarl AC
	14,48		2	Jo	Hummelstytzer	Paarl AC

Event: Javelin - Youth Girls

No.	Performance	Wind	Pos.	First name	Surname	School / club
P918	31,26		1	Camilla	Engelbrecht	Paarl AC
T245	30,05		2	Leone	Hugo	Paarl Gimnasium

Event: Javelin - Junior Girls

No.	Performance	Wind	Pos.	First name	Surname	School / club
P2130	48,23		1	Jana	van Schalkwyk	Paarl AC

Event: Javelin - Master Woman

No.	Performance	Wind	Pos.	First name	Surname	School / Club
P15574	18,96		1	Hesmari	van Deventer	Belville AC (35)

Event: Javelin - Youth Boys

No.	Performance	Wind	Pos.	First name	Surname	School / club
T2414	57,65		1	Willie	Liebenberg	Paarl Boys H (u/18)
T2410	53,23		2	Divan	Fuller	Paarl Boys H (u/15)
T2413	50,28		3	Jacques	van den Berg	Paarl Gim (u/15)
T2419	47,27		4	Adam	Niklaas	Hugenote (u/18)
T2411	40,58		5	Paul	Schultz	Paarl Gim (u/15)
T2409	35,62		6	Louw	du Toit	Paarl Gim (u/15)

Event: Long Jump - Sub Youth Girls

No.	Performance	Wind	Pos.	First name	Surname	School / club
T2405	4,54	-1,2	1	Remique	Albertus	Wellington

Event: 1500m - Men

No.	Performance	Wind	Pos.	First name	Surname	School / club
P15579	04:04,7		1	Jason	Koopman	UWC
P1399	04:17,2		2	Geo	van Niekerk	Wellington
T2417	04:34,0		3	Gideon	Louw	Hugenote HS
P13785	4:36,03		4	Dumisan	Dosi	SAPS (M40)
P1261	05:15,4		5	Maurice	Fortuin	Correctional Ser (M49)

Event: 1500m - Sub Youth Girls

No.	Performance	Wind	Pos.	First name	Surname	School / club
P709	4:47,82		1	Elandri	Schidt	Stellenbosch AC

Event: 200m - Junior Boys

No.	Performance	Wind	Pos.	First name	Surname	School / club
T2423	22,58	-1,1	1	Moeketsi	Ntlaba	Paarl AC
T2408	23,24		2	K	Jacobs	De Kuilen HS
T2418	23,64		3	Jayden - Lee	De Villiers	Wellington HS
T2422	24,04		4	Zachry	Boer	NPSS
T2421	27,61		5	Sisan	Mateuna	DNT

Event: Triple Jump - Men

No.	Performance	Wind	Pos.	First name	Surname	School / club
P925	14,75	-0,2	1	Junior	Mphefu	PAC

Event: 3000m Men

No.	Performance	Wind	Pos.	First name	Surname	School / club
P1098	8:41,96		1	Angelo	Booyesen	Department C.
P1399	9:16,71		2	Geo	van Niekerk	Wellington
P1518	9:33,94		3	Loyiso	Skiti	DMT
T2417	9:34,49		4	Gideon	Louw	Hugenote HS
P2152	9:47,57		5	Wungolo	Manollankhe	BIMT
	9:59,47		6	Keatin	Daans	Wellinton AC
	10:06,18		7	Colin	Philander	Wellington S
T2412	10:08,22		8	Vusumuzi	Masina	Paarl AC
	10:09,71		9	Buwali	Maduna	Wellington S
T2416	10:2,35		10	Siphamandla	Maseh	Paarl AC
	10:45,99		11	Theorique	Louw	Wellington S
P1048	11:15,21		12	Muja	van Aswegen	Stellenbosch AC
P1524	12:17,43		13	Sinokuhle	Feliti	Wellington S

Event: Discus - Youth Girls

No.	Performance	Wind	Pos.	First name	Surname	School / club
	45,56		1	Cara	Coetzee	Paarl AC
	37,55		2	Teneal	Els	Paarl AC
	29,33		3	Ankia	Viljoen	Paarl AC

Event: Discus - Master Women

No.	Performance	Wind	Pos.	First name	Surname	School / club
	26,63		1	Hesmarie	van Deventer	Belville AC M35
	22,99		2	Jacky	Smit	Paarl AC M55

Event: Discus - Youth Boys

No.	Performance	Wind	Pos.	First name	Surname	School / club
	49,00		1	Elton	Lombaard	Paarl AC
	41,46		2	Jo	Hummelstrutler	Paarl AC

Event: 5000m Walk Master Men

No.	Performance	Wind	Pos.	First name	Surname	School / club
P275	39:03,01		1	Frans	Kotze	Paarl AC M65

Event: 5000m Walk Master Woman

No.	Performance	Wind	Pos.	First name	Surname	School / club
P4573	33:05,95		1	Frieda	Blignaut	Sanlam AC M65

Event: High Jump - Master Women

No.	Performance	Wind	Pos.	First name	Surname	School / club
	1,32		1	Suretha	Deetlefs	Ceres AC M55

Event: High Jump - Sub Youth Boys

No.	Performance	Wind	Pos.	First name	Surname	School / club
	1,55		1	Dewald	Hanekom	Paarl Gimnasium

Event: Hammer Throw Junior Boys

No.	Performance	Wind	Pos.	First name	Surname	School / club
	56,3		1	Damian	Bothma	Paarl AC

Event: Hammer Throw Master Women

No.	Performance	Wind	Pos.	First name	Surname	School / club
P136	28,44		1	Jackie	Smit	Paarl AC M55
P15574	21,10		1	Hesmari	van Deventer	Belville AC M35

