

Tru Cape Packhouse Challenge

Report by Age Category

Overall Winners

21.1km

Female

Race #	Name	Club	Overall Pos	Gender Pos	Finish Time	Speed/Pace
6957	Andrea Weidemann		21	1	01:41:04	04:48/km
6972	Elmé Middlemost	Brackenfell Ac	24	2	01:41:25	04:48/km
6573	Laura Taylor	Strand Ac	28	3	01:43:37	04:55/km

Male

Race #	Name	Club	Overall Pos	Gender Pos	Finish Time	Speed/Pace
6941	Justin Marais	Langeberg Ac	1	1	01:17:47	03:42/km
6614	Shawn Abrahams		2	2	01:21:00	03:51/km
6952	Phumlani Kumbaca		3	3	01:25:46	04:04/km

Age Category Winners

21.1km - 14 - 19

Male

Race#	Name	Club	Age Pos	Gender Pos	Finish Time	Speed/Pace
6688	Theo Malan		1	100	02:17:46	06:33/km
4158	Renaldo Jacobs	Kromco	2	122	02:29:19	07:06/km
6967	Gareth Steenkamp		3	130	02:33:10	07:16/km

21.1km - Open

Female

Race#	Name	Club	Age Pos	Gender Pos	Finish Time	Speed/Pace
6957	Andrea Weidemann		1	1	01:41:04	04:48/km
6573	Laura Taylor	Strand Ac	2	3	01:43:37	04:55/km
6948	Johline Barnardt		3	5	01:56:21	05:31/km

Male

Race#	Name	Club	Age Pos	Gender Pos	Finish Time	Speed/Pace
6941	Justin Marais	Langeberg Ac	1	1	01:17:47	03:42/km
6952	Phumlani Kumbaca		2	3	01:25:46	04:04/km
6951	Thomas Brown		3	4	01:26:27	04:06/km

21.1km - 40 - 49

Female

Race#	Name	Club	Age Pos	Gender Pos	Finish Time	Speed/Pace
6972	Elmé Middlemost	Brackenfell Ac	1	2	01:41:25	04:48/km
6693	Elizabeth van den Berg		2	4	01:53:16	05:22/km
6771	Angelique Smit	Strand	3	14	02:28:04	07:03/km

Male

Race#	Name	Club	Age Pos	Gender Pos	Finish Time	Speed/Pace
6614	Shawn Abrahams		1	2	01:21:00	03:51/km
6518	Liaan Minnaar	Correctanal Services	2	31	01:48:24	05:09/km
6600	Wilhelm Copper		3	32	01:48:30	05:09/km

21.1km - 50 - 59

Female

Race#	Name	Club	Age Pos	Gender Pos	Finish Time	Speed/Pace
6587	Conita Henry		1	6	02:03:41	05:52/km

Tru Cape Packhouse Challenge

Report by Age Category

21.1km - 50 - 59

Female

Race#	Name	Club	Age Pos	Gender Pos	Finish Time	Speed/Pace
6928	Cecelia Richards		2	26	02:42:05	07:42/km
6992	Bernadette Alexander		3	34	02:52:01	08:10/km

Male

Race#	Name	Club	Age Pos	Gender Pos	Finish Time	Speed/Pace
3831	Sollie Van Rooyen	Apl	1	7	01:33:19	04:25/km
6782	Christo Muller	Nedbank Running Club Wp	2	10	01:35:00	04:30/km
6949	Gavin Millard		3	29	01:47:13	05:06/km

21.1km - 60 - 69

Female

Race#	Name	Club	Age Pos	Gender Pos	Finish Time	Speed/Pace
6955	Sally Le Roux	Strand Ac	1	10	02:14:19	06:22/km
6785	Ruth Leverton		2	21	02:38:18	07:31/km
6975	Hester Fortune		3	45	03:07:11	08:54/km

Male

Race#	Name	Club	Age Pos	Gender Pos	Finish Time	Speed/Pace
3827	Thomas Moses	Apl	1	25	01:43:13	04:54/km
6599	Frank Gillion		2	30	01:47:47	05:06/km
5124	Malcolm Fritz	Two-A-Day	3	51	01:57:56	05:36/km

21.1km - 70 - 79

Male

Race#	Name	Club	Age Pos	Gender Pos	Finish Time	Speed/Pace
6685	John Eccles	Hangklip Ac	1	92	02:16:15	06:28/km
6568	Gavin Hardres-Williams	Run Walk For Life Wp	2	142	03:04:53	08:48/km
6570	Bill Maycock	Run Walk For Life Wp	3	143	03:04:53	08:48/km