



**BOLANDATHLETICS**

**PRELIMINARY BOLAND TEAM TO ASA NATIONAL CROSS COUNTRY CHAMPIONSHIPS  
SATURDAY 7 SEPTEMBER 2019 IN PRETORIA**

	NAME		DOB	CLUB/SCHOOL	EVENTS	ID NUMBER	LICENCE
1	Chenique	Sass	2004/08/19	HTS Drostdy	G15		
2	Elandri	Smith	2004/11/16	Bloemhof	G15		
3	Marietjie	Cilliers	2004/01/02	Parel Vallei	G15		
4	Virgell-Lee	Africa	2003/08/21	HTS Drostdy	G16		
5	Anja	Van Heerden	2003/12/10	Girls High	G16		
6	Almé	Jordaan	2002/05/02	Homeschooling	G17		
7	Farren	Wenn	2002/07/08	CSSS	G17		
8	Cimon	Van der Westhuizen	2001/01/21	Bloemhof	G17		
9	Anneken	Viljoen	2002/03/20	Bloemhof	G17		
10	Beatrice	Themane	2000/03/03	Athlete Academy	JW		
11	Yandiswa	Shange	2000/06/30	Athlete Academy	JW		
12	Nicole	Louw	2001/07/26	Rhenish	JW		
13	Sharlan	Boer	1998/05/04	Maties	W-U23		
14	Mia	Lyons	2000/06/12	Athlete Academy	W-U23		
15	Lara	Rossouw	1999/03/16	Maties	W-U23		
16	Allison	De Wet	1997/03/11	Swartland AC	W-U23		
17	Damian	Van Wyk	2004/09/28	Ceres AC	B15		
18	Gideon	Louw	2004/02/15	Hugenote HS	B15		
19	Lee-than	Rooi	2004/06/01	Ceres AC	B15		
20	Nashville	Hofmeester	2004/08/19	Ceres AC	B15		
21	Alfonso	Prins	2003/11/26	Ceres AC	B16		
22	Mark	Stanfliet	2001/10/11	Ashton	JM		
23	Deon-Lee	Hendricks	1997/07/17	Athlete Academy	M-U23		
24	Kananelo	Thulo	1999/05/26	Ceres AC	M-U23		
25	Alvin	Dirkse	1998/04/16	Athlete Academy	M-U23		

26	Harry G	Van Niekerk	1999/05/25	Wellington AC	M-U23		
27	Angelo	Booyesen	1991/01/10	DCS AC	SM 4km		
28	Akhona	Mdaka	1993/03/04	Stellenbosch AC	SM 4km		
29	Llewellyn	Groeneveldt	1995/02/01	Maties	SM 4km		

**Please Note:**

All athletes listed above must submit the following information by Friday 23 August 2019:

1. Name and Surname as reflected on your latest South African Identity Document.
2. Fill in your latest South African Identity Document Number and 2019 ASA Permanent License Number in the appropriate columns next to your name.
3. Athletes who don't have a 2019 ASA Permanent License Number should get one at the local Boland Athletics Club where you live.

**GENERAL CRITERIA**

1. The final selection of the team is subject to the final approval by the Boland Athletics Board.
2. The Boland Athletics Cross Country Selection Criteria is an annexure to the Boland Athletics Constitution that deals with the "Strategy for the Selection and Preparation of Boland Athletics Teams".
3. In selecting athletes for the SA Championships, priority will be given to the selection of athletes with the potential to qualify for IAAF World Championships Events and to win medals for Boland Athletics at the SA Championships.
4. Athletes who do not achieve BA Qualifying Times/Standards will be selected onto the Final Team at the discretion of the BA Executive Board. In doing this, the Board will take the following factors into consideration, in the specified priority order:
  - 4.1. Potential for a medal or potential to end in the top 10.
  - 4.2. Demographics of the team
  - 4.3. Development in general.

**APPEAL**

An athlete not in the team when it is announced has the right to appeal in writing for reconsideration to be included in the final team. The appeal must be made to the Boland Athletics office at [office@bolandathletics.com](mailto:office@bolandathletics.com) within 48 hours after the announcement of the team. The appeal should include all information the athlete considers relevant to the selection panel's reconsideration of its decision.

Released Wednesday 21 August 2019.

Appeals must be made by Friday 23 August 2019 at 12:00.

Please contact the Boland Athletics Office for any other information.



Mike Fraser  
 Boland Athletics Office  
 Office: 021 868 0007  
 Mobile: 083 518 7272  
 Email: [office@bolandathletics.com](mailto:office@bolandathletics.com)  
 Website: [www.bolandathletics.com](http://www.bolandathletics.com)