



1992-2019

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MISSION

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

To	ASA Members
From	ASA Office
Date	8 April 2019
Subject	ASA Team to 2019 CAA African Youth and Junior Championships - Update
No pages	3

ELECTRONIC TRANSMISSION

Circular 35 of ASA 2019 (05/04) - UPDATE ASA TEAM TO 2019 CAA AFRICAN YOUTH AND JUNIOR CHAMPIONSHIPS

Dear ASA Members

With reference of Circular 33 of ASA 2019.

Please find attached the updated Junior Team that will represent South Africa at the 2019 CAA African Youth and Junior Championships in Abidjan, Ivory Coast from 16 – 20 April 2019.

The final teams that will represent South Africa at the 2019 CAA African Youth and Junior Championships are 58 athletes (15 youth boys, 12 junior men, 19 youth girls and 12 junior women).

The final team is listed below.

Athletics greetings

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**2019 CAA African Youth and Junior Championships
Abidjan, Ivory Coast: 16 - 20 April 2019**

FINAL TEAM – YOUTH

Boys	Event	Girls
Thabang Hlohlolo (AGN) Eckardt Potgieter (AGN)	100m	Miandi van Staden (ACNW) Nosipho Malinga (AGN)
Sinesipho Dambile (AGN)	200m	Elke van der Westhuizen (BOLA) Lene van Heerden(AGN)
Lythe Pillay (CGA) Antonie Nortje (AGN)	400m	Amy Naude (KZNA) Elke van der Westhuizen (BOLA)
	800m	Prudence Sekgodso (AGN)
	1500m	Tebogo Sekgodiso (CGA) Carmie Prinsloo (AGN)
Reinhardt Strauss (AGN)	110m H / 100m H	Kayla van den Bergh (ACNW)
Luciano Custodio (WPA)	400m H	
	High Jump	Jeanne Visser (ACNW)
Kyle Rademeyer (BOLA) Nikolai van Huysteen (BOLA)	Pole Vault	
Jason Tito (WPA)	Long Jump	Joane Gerber (AGN) Nolwazi Mashaba (AMPU)
	Triple Jump	Nolwazi Mashaba (AMPU)
Douw Kruger (AMPU) Wynand Swanepoel (AFS)	Shot Put	Dane Roets (CGA) Mine de Klerk (AFS)
Wynand Swanepoel (AFS)	Discus Throw	Dave Roets (CGA)
	Hammer Throw	Phethisang Makhetha (AFS)
	Javelin Throw	Heike De Nysschen (AFS)
Thabang Hlohlolo (AGN) Eckardt Potgieter (AGN) Vuyo Ndlovu (AMPU) Jesse Josias (WPA)	4 x 100 Relay	Miandi van Staden (ACNW) Nosipho Malinga (AGN) Charlize Eilerd (AGN) Odette van Wyk (AGN)
Lythe Pillay (CGA) Antonie Nortje (AGN) Adrian Swart (BOL) Ryan Jordan (EPA)	4 x 400m Relay	Amy Naude (KZNA) Elke van der Westhuyzen (BOLA) Angelique Strijdom (AGN) Lene van Heerden (AGN)

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**2019 CAA African Youth and Junior Championships
Abidjan, Ivory Coast: 16 - 20 April 2019**

FINAL TEAM – JUNIORS

Men	Event	Women
Phatutshedzo Maswanganyi (AGN) Luke Davids (WPA)	100m	Rose Xeyi (AGN) Remoneilwe Pasha (AGN)
Phatutshedzo Maswanganyi (AGN) Luke Davids (WPA)	200m	Antoinette Van der Merwe (AGN)
Frans Matlala (CGA) Nhlanhla Maseko (AMPU)	400m	Kirsten Ahrens (KZNA) Marli Viljoen (AGN)
Michael Schoeman (AGN)	110m H / 100m H	Antoinette Van der Merwe (AGN)
Zazini Sokwakhana (AGN)	400m H	Rogail Joseph (BOLA) Gontse Morake (CGA)
Breyton Poole (BOL)	High Jump	Kristi Snyman (WPA)
Valco van Wyk (BOL)	Pole Vault	
Tristan FARO (BOLA) Sifiso MIYA (AGN)	Triple Jump	Gontse Morake (CGA)
Chris Van Niekerk (AVT)	Shot Put	Meike Strydom (CGA)
Francois Prinsloo (BOL) Chris van Niekerk (AVT)	Discus Throw	
	Javelin Throw	Savanah Combrink (AGN)
Botshello Kobokoane (AGN)	Hammer Throw	Tharina Van Der Walt (AFS)
Sifiso Miya (AGN) Michael Schoeman (AGN) Phatutshedzo Maswanganyi (AGN) Luke Davids (WPA)	4 x 100 Relay	Rose Xeyi (AGN) Remoneilwe Pasha (AGN) Antoinette vd Merwe (AGN) Rogail Joseph (WPA)
Frans Matlala (CGA) Nhlanhla Maseko (AMPU) David Seete (CGA) Zazini Sokwakhana (AGN)	4x400m Relay	Kirsten Ahrens (KZNA) Marli Viljoen (AGN) Gontse Morake (CGA) Rogail Joseph (WPA)

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