



LSEN TEAM 2019

GIRLS U/15			ITEM 1	ITEM 2	ITEM 3
1	ADMAS, MCNESIA	WP	1500M		
2	BOLSEN, WARRELDEAN	BOLAND	1500M	400M	800M
3	COETZEE, KAITLIN	BOLAND	800M		
4	DREYER, SHAUNE	BOLAND	JAVELIN		
5	FISCHER, SAMANTHA	WP	JAVELIN	SHOT PUT	
6	FREDERICKS, LEE ANN	SWD	800M		
7	JACOBS, MICHEALA	WP	DISCUS	JAVELIN	
8	JANSE V RENSBURG, MIKÈ	WP	SHOT PUT		
9	JULIES, ANTHEA	BOLAND	400M		
10	MAKKA, ZUMERA	BOLAND	1500M		
11	MINNIE, IMKE	WP	SHOT PUT		
12	MOHAMMED, NIKITA	WP	800M		
13	OLLEWAGEN, CHANE	SWD	SHOT PUT	DISCUS	
14	PERSENS, JUANITA	BOLAND	1500M		
15	SADIE, NAZEEMA	BOLAND	200M	100M	LONG JUMP
16	SIMONS, KATELIN	WP	400M	200M	100M
17	SMIT, JO-ANN	BOLAND	JAVELIN		
18	SWANEPOEL, SHEVANDRE	WP	LONG JUMP	200M	
19	SWARTZ, CAITLYN	BOLAND	200M	100M	
20	VAN NOOI, LAQUETA	BOLAND	100M		

GIRLS U/17			ITEM 1	ITEM 2	ITEM 3
1	FISHER, DONAY	WP	1500M		
2	FORTUIN, ABIGAIL	BOAND	400M		
3	FURLING, MUNEERAH	WP	DISCUS		
4	JURIES, SHERALDINE	SWD	1500M	800M	
5	LINDSAY, AZRA	WP	SHOT PUT	JAVELIN	
6	LOUW, DANIKA	BOLAND	HIGH JUMP		
7	MEYER, CHEVONNE	WP	100M		
8	PEDRO, LITITIA	BOLAND	LONG JUMP	800M	400M
9	PHILANDER, KEESHA	SWD	JAVELIN	DISCUS	
10	PIETERSEN, ALLISTINE	BOLAND	LONG JUMP		
11	RAMAN, CHANTEY	BOLAND	1500M		
12	SALIE, ANGELINE	WP	100M	200M	400M
13	SPOGTER, LESLEY-ANN	SWD	400M	800M	200M
14	TITO, MORGAN-LEE	WP	100M	200M	
15	TYULA, SENANIVJO	BOLAND	DISCUS		
16	VAN WYK, SORIKA	BOLAND	SHOT PUT	LONG JUMP	
17	VISAGIE, BERENIQUE	BOLAND	800M		
18	VISSER, PETALIA	WP	SHOT PUT		

19	WEIMERS, FRANZINE	BOLAND	LONG JUMP	100M	200M
20	WILLIAMS, LEE ANNE	BOLAND	1500M		

GIRLS U/19			ITEM 1	ITEM 2	ITEM 3
1	DE WEE, PRUDENCE	BOLAND	JAVELIN	LONG JUMP	
2	FORTUNE, NAKITA	BOLAND	200M	100M	
3	JANSEN, GAVONEY	SWD	SHOT PUT	JAVELIN	
4	KANNEMEYER, ATHRAA	WP	SHOT PUT		
5	LEWIES, MARY-ANN	BOLAND	SHOT PUT		
6	LOUW, WARIAH	BOLAND	1500M	400M	
7	MOOS, DEHANDRE	BOLAND	1500M	800M	
8	MULLER, ALEJANDRA	BOLAND	1500M	800M	
9	OCTOBER, OCTAVIA	BOLAND	LONG JUMP	200M	
10	SNYMAN, FATIMA	WP	100M	200M	400M
11	SYFERS, CHAATHERINE	BOLAND	HIGH JUMP		
12	VAN WYK , ANDREA	BOALND	HIGH JUMP		

TOTAL GIRLS: 52

BOYS U/15			ITEM 1	ITEM 2	ITEM 3
1	ANTONIE, ALVIN	SWD	JAVELIN	DISCUS	SHOT PUT
2	APRIL, FARIED	WP	800M	1500M	
3	ARRISON, JATIAN	BOLAND	200M	100M	
4	BADENHORST, MARCHELLE	BOLAND	1500M		
5	BADETE, ALLY	WP	HIGH JUMP		
6	BREYTON, MARLIN	BOLAND	200M		
7	BUHLALI, MUDUMA	BOLAND	400M		
8	ERASMUS, CALEB	WP	SHOT PUT		
9	FLOORS, GURTLEIGH	BOLAND	JAVELIN	LONG JUMP	
10	HEIN, DAMION	BOLAND	200M		
11	HOFFMAN, NATHEER	WP	DISCUS		
12	ISAACS, SYBIANE	WP	LONG JUMP	HIGH JUMP	
13	JACOBS, WADE	WP	400M		
14	JONKERS, ANGELO	BOLAND	100M	200M	
15	JONKERS, GARETH	WP	400M	800M	
16	KEFFERS, JEMAINÉ	SWD	800M		
17	MARAIS, DEEVON	SWD	1500M	800M	
18	PASHA, STANTIN	WP	SHOT PUT	DISCUS	
19	REQUE, RIVALDO	BOLAND	LONG JUMP		
20	RIDDLES, WARREN	SWD	1500M		

21	ROMBERG, GRAHAM	BOLAND	JAVELIN		
22	SCHEEPERS, AARON	BOLAND	100M		
23	SMITH, DYLAN	BOLAND	HIGH JUMP		
24	VAN DEN BERG, XANDRE	WP	LONG JUMP	400M	
25	WILDSCHUT, ANGEL	BOLAND	JAVELIN		
26	WILLIAMS, YUSRIE	WP	SHOT PUT		

BOYS U/17			ITEM 1	ITEM 2	ITEM 3
1	AFRICA, COHEN	WP	200M		
2	BASSON, PHILLIP	BOLAND	LONG JUMP	100M	
3	BUYS, JADIAN	BOLAND	HIGH JUMP		
4	DAVID, DARRYL	BOLAND	DISKUS		
5	DEBESE, ASENATHI	WP	800M	1500M	
6	ENELBRECHT, ROSKIN	BOLAND	LONG JUMP		
7	EDWARD, JACK	WP	800M	1500M	3000M
8	JACKSON, CALEB	BOLAND	JAVELIN		
9	JOUBERT, ROYDEN	BOLAND	JAVELIN		
10	JULIES, VICKYHANO	BOLAND	1500M	3000M	
11	KAMINETH, ROSHAAN	SWD	200M	100m	
12	KING, RIYAAN	WP	LONG JUMP	200M	
13	KONGOLO, TIMOTHE	WP	HIGH JUMP	SHOT PUT	
14	KOORDOM, SERGIO	BOLAND	JAVELIN		
15	KRUGER, JOHANNES	WP	SHOT PUT	DISCUS	
16	LEWIS, GERMAIN	BOLAND	1500M	800M	3000M
17	LEWIS, CAMERON	WP	SHOT PUT		

18	OLIVIER, JODY	WP	800M	400M	
19	SAMUELS, LIAM	WP	HIGH JUMP		
20	SHEEPERS, DONALD	BOLAND	3 000M		
21	SLABBERT, CJ	WP	100M	200M	400M
22	SOLOMON, EATHAN	WP	400M		
23	VAN WYK, GINO	BOLAND	DISCUS		
24	WEIMERS, MACJAVIAN	WP	LONG JUMP	100M	

BOYS U/19			ITEM 1	ITEM 2	ITEM 3
1	ABRAHAMS, NA'EEM	WP	100M	200M	
2	BOOISE, DIHAIGO	BOLAND	LONG JUMP		
3	BROWN, KEANU	SWD	JAVELIN		
4	CLAASEN, ANGELO	WP	100M	200M	
5	CURTLEY, DAWSON	BOLAND	JAVELIN		
6	DAVIDS, JUSTIN	WP	HIGH JUMP		
7	FRANCIES, JAYDEN	WP	200M	400M	LONG JUMP
8	GOSSMANN, DEMITRI	WP	100M	200M	400M
9	HENDRICKS, JARED	WP	800M	LONG JUMP	
10	JONES, ERIC	BOLAND	400M	800M	
11	JONES, ZITRON	WP	1500M		
12	KATSEBE, BRYTON	SWD	1500M	800M	
13	KIEWIET, LEROY	SWD	DISCUS	SHOT PUT	JAVELIN
14	MASINGA, GLODY	WP	SHOT PUT	DISCUS	
15	MATROOS, ROLAN	BOLAND	100M		
16	MEIRING, AJ	BOLAND	HIGH JUMP		
17	PIETERSE, ADRIAN	BOLAND	800M	1500M	
18	QOMIYANA, LWANDO	WP	5000M		
19	SAMPSON, DEOLIN	SWD	1500M	5000M	
20	SEPTEMBER, ASHLEY	WP	JAVELIN		
21	STEENKAMP, STANLEY	BOLAND	5000M		
22	STEVENS, PATRICK	BOLAND	LONG JUMP		
23	TITUS, DAMION	BOLAND	5000M		

TOTAL BOYS: 72

WESTERN CAPE LSEN: 124 ATHLETES (120 lsen + 20 deaf)