



1992-2018

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BOARD MEMBERS

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VICE-PRES: Dr Harold Adams
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SA Sports Trust

MISSION

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

To	ASA Members
From	ASA Office
Date	16 October 2018
Subject	ASA Youth and Junior Squads for 2019 International season
No pages	1

ELECTRONIC TRANSMISSION

CIRCULAR 111 OF 2018 – ASA Squads for 2019 International Season

Dear ASA Members

ASA is in preparation for the 2019 athletics season. In this regard ASA has identified athletes, based on their performance level in 2018, and their eligibility (age) in 2019. The ASA Youth (u18) and Junior (u/20) Squads are attached.

The progress of the identified youth and junior athletes will be monitored by the ASA High Performance Department in their preparation for the 2019 Athletics season.

Coaches and athletes must note that the 2019 CAA African U18 & U20 Championships will take place in the Ivory Coast from 13-20 April, but the date may change to May 2019.

The 2019 CAASR5 Youth & Junior Championships are also scheduled to take place in Boksburg, South Africa, from 10-11 May 2019.

The 2019 ASA Youth and Junior Championships will therefore serve as final opportunity where youth and junior athletes can qualify for both teams as mentioned above.

Athletes not listed in the ASA Preparation Squads below have the right to appeal for reconsideration in writing to the ASA office for attention of Hezekiel Sepeng (hezekiel@athleticssa.co.za) before close of the business, Friday 26 October 2018.

The appeal should include:

1. Name and Surname of Athlete:
2. Date of birth:
3. 2018 ASA License number:
4. ASA Province where license was issued:
5. Performance to be considered:
6. Date and venue of achievement:

Athletics greetings

Richard Stander
ASA ACEO
Not signed due to electronic sending

JUNIOR SQUAD 2019 INTERNATIONAL MEETINGS(2000 / 2001)						
NAME	PROV+B2:	DOB	EVENT	NAME	PROV	DOB
			(10.55) 100m (11.80)			
RHETSHIDISITSWE MLENGA(10.22)	AGN	27.2.00		NONE		
LUKE DAVIS (10.31)	WPA	17.7.01				
MIKAAL - IL MOHAMED (10.33)	AGN	10.6.01				
TSHENOLO LEMAO (10:40)	AGN	7.6.00				
			(21.35) 200m (24.20)			
RUBEN ELS (20.70)	AGN	11.1.00		NICOLA VD MERWE(23.86)	ANWN	29.1.01
LUKE DAVIS (20.81)	WPA	17.7.01		ANTOINETTE VD MERWE(24.01)	AGN	27.1.01
			(47.70) 400m (55.00)			
ZAZINI SOKHWAKHANA(45.86)	AGN	23.1.00		MARLIE VILJOEN(54.07)	AGN	1.8.00
JAYSON WEBER (46.71)	WPA	1.1.01		CARLA HATTING(54.47)	CGA	10.10.01
LIDIKHULE GORA (47.28)	AGN	31.1.01		NICOLA GIBBON(54.67)	AGN	9.10.00
RUAN DE JONG(47.35)	CGA	17.2.00				
			(1.50.0) 800m (2.08.70)			
OMPHILE MOLOTSI (1.50.0)	AGN	9.2.00		NONE		
CHRISTOPHER SWART (1.50.10)	AGN	19.4.00				
			(3.48.0) 1500m (4.27.0)			
NONE				NICOLE LOUW(4.24.77)	AFS	26.7.01
				LEE-ANNE BLAKE(4.26.80)	AGN	14.1.01
			3000m (9.35.0)			
NONE				NONE		
			(14.15.0) 5000m (16.40.0)			
NONE				NONE		
			(31.00.0) 10000m			
NONE				NONE		
			(9.10.0) 3000 SC (10.43.0)			
NONE				NONE		
			(14.20) 110h / 100h (14.10)			
ROELOF VD WALT(13.99)	CGA	6.1.00		NONE		
MATHEW OCTOBER (14.09)	BOL	31.5.00				
			(53.00) 400h (60.75)			
ZAZINI SOKHWAKHANA(49.32)	AGN	23.1.00		ZENEY VD WALT(55.05)	AGN	22.5.00
LIAM PIETERSEN(52.30)	WPA	13.4.00		ROGALI JOSEPH(58.65)	BOL	22.4.00
				JULI VERCUIL (60.17)	WPA	25.1.00
				NICOLA GIBBON (60.56)	AGN	9.10.00
			(2.16) HIGH JUMP (1.82)			
BREYTON POOLE(2.23)	WPA	23.3.00		NONE		
			(5.10) POLE VAULT (4.05)			
VALCO VA WYK(5.50)	BOL	26.7.00		NONE		
			(7.55) LONG JUMP (6.15)			
NONE				NONE		
			(15.60) TRIPLE JUMP (12.85)			
TEBOGO MASEMA(14.96)	CGA	17.2.00		NONE		
			(18.25) SHOT PUT (14.50)			
NONE				MIEKE STRYDOM(16.08)	ASWD	25.8.00
			(56.00) DISCUS THROW (48.00)			
NONE				NONE		
			(68.00) HAMMER THROW (57.00)			
NONE				THARINA VD WALT(57.12)	AFS	22.2.00
			(68.70) JAVELIN (50.00)			
NONE				NONE		
			(7200) DEC / HEP (5300)			
NONE				NONE		
			(44.00.0) RACE WALK 10K (51.00.0)			
FRANCOIS JACOBS(45.45.08)	BOL	23.9.00		NONE		
ANTONIO FARMER(45.70)	ASWD	21.12.00				

YOUTH SQUAD 2019 INTERNATIONAL MEETINGS(2002 /2004)						
NAME	PROV	DOB	EVENT	NAME	PROV	DOB
			(10.90) 100m (12.30)			
SINESEPHO DAMBILE (10.43)	AGN	2.3.02		MIANDA V STADEN (12.18)		
THABANG HLHOHLO (10.50)	AGN	14.10.02		CHARLIZE EILARD(12.3)	AGN	15.3.02
JOHNSON ELVIANO (10.59)	ACNW	11.12.02				
GALLANT COHEN (10,72)	AGN	27.1.02				
			(22.25) 200m (25.35)			
SINESEPHO DAMBILE (20.79)	AGN	2.3.02		NONE		
ELVIANO JOHNSON(21.28)	AGN	11.12.02				
SWART ADRIAN(21.98)	BOL					
JOSISA JESSE)22.00)	WPA	27.3.02				
CLOETE KEENAN (22.02)	AFS	22.2.02				
			(49.45) 400m (57.20)			
NORTJE MATT (48.77)	AGN	2.2.02		AMY NAUDE(53.83)	KZN	7.1.02
			(1.54.50) 800m (2.14.00)			
NONE				PRUDENCE SEKGODISO(2.06.96)	AGN	5.1.02
				JANA VD MERWE(2.10.87)		
			(3.59.0) 1500m (4.34.0)			
NONE				CARMI PRINSLOO(4.27.22)	AGN	31.1.02
			(8.44.0)3000m (9.50.0)			
TSHEPO NTHUTHWANA(8.37.49)	CGA	10.2.02		CARMI PRINSLOO(9.27.55)	AGN	31.1.02
KGADI MONYEBODI(8.37.82)	AGN	31.7.02		LYNDI ROELOFSE(9.34.69)	CGA	30.4.02
			(6.05.0) 2000 SC (7.14.0)			
TSHEPO NTHUTHWANA(5.57.32)	CGA	10.2.02		NONE		
			(14.20) 110h / 100h (14.35)			
DYLAN COETZEE (13.98)	AGN	15.5.02		KAYLA VD BERG(13.37)	ACNW	10.1.02
				MARIONE FOURIE(14.08)	AVT	30.4.02
				CHARLIZE EILARD(14.29)	AGN	15.3.02
			(55.00) 400h (62.50)			
CHRISTIAN VENTER (53.38)	AGN	2.4.02		JANKE V SCHALKWYK(63.37)	BOL	1.1.02
			(2.06) HIGH JUMP (1.77)			
NONE				NONE	AVT	28.5.02
			(4.65) POLE VAULT (3.80)			
NIKOLAI V HUYSTEEN(5.00)	BOL	27.3.02		NONE		
			(7.25) LONG JUMP (6.00)			
NONE				NONE		
			(14.80) TRIPLE JUMP (12.50)			
NONE				NONE		
			(18.00) SHOT PUT (15.00)			
DOUW KRUGER(17.58)	AMPU	29.9.02		DANE ROETS(17.46)	CGA	16.1.02
				CHRISTELLE GROBLER(15.32)	CGA	13.2.02
				JUANITA DE NECKER(15.41)	AVT	10.7.02
			(55.0) DISCUS THROW(43.0)			
WYNAND SWANEPOEL(57.06)	AFS	18.6.02		DANE ROETS(43.24)	CGA	16.1.02
			(67.0)HAMMER THROW(60.0)			
NONE				NONE		
			(65.00) JAVELIN (48.00)			
NONE				CHANE VAN ZYL(51.13)	AFS	8.8.02
			(6500) DEC / HEP(5000)			
NONE				NONE		
			RACE WALK 5K (25.20)			
NONE				NONE		
			(47.30.0)RACE WALK 10K			
NONE				NONE		