



NEWSLETTER - 18 SEPTEMBER 2018

2018 BOLAND ROAD RUNNING LEAGUE 4 RESULTS – SATURDAY 15 SEPTEMBER 2018

The fourth Road Running League meeting was the Ceres Michell's Pass Race held at Victoria Park on Saturday 15 September in perfect weather conditions.

Surprisingly, Elgin-Grabouw Athletics Club did not field a competitive team in the 21 kilometre race giving Worcester Athletics Club the opportunity of scoring a win in the team competition.

The 10 kilometre race was dominated by the junior men from Ceres and junior ladies from Maties. Reagan Rooi winning the men's race and Virgill-Lee Africa, the ladies competition. Ceres and Maties Athletics Clubs subsequently also winning the team competitions with ease.

The dominance of the juniors in the 10 kilometre competition bids well for the future of Boland Athletics.

Participation by Boland clubs was very disappointing. Only Ceres, Swartland and Worcester Athletics Clubs fielded more than 20 athletes each. The rest were represented by 2 to 8 members each.

One league race remains to improve individual positions. It seems as if it is only the second and third positions that are going to be contested in most of the categories. That is, if the top contenders are on the starting line.

The next League meeting will be the Dwars River Valley Athletics Club Race on Saturday 3 November 2018 at Pniel.

The Results and Log position is attached.

Please ensure that your members have access to these.

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