



## NEWSLETTER - 7 SEPTEMBER 2018

### 2018 BOLAND ROAD RUNNING LEAGUE 3 RESULTS – SATURDAY 1 SEPTEMBER 2018

The third Road Running League meeting was the Lente Fees race held at Riebeek Kasteel on Saturday 1 September in cool, misty weather conditions.

In the 21km race Elgin-Grabouw Athletics Club was once again dominant, providing the race winner, Deon Titus in the men's section, as well as winning the team competition.

The 10 km race was also the Boland Championships. Angelo Booyesen (Correctional Services) was too strong for junior, Reagan Rooi (Ceres) while the minor places were basically the same as in the previous League race. The ladies's race was a maroon show with Maties filling the first 6 places. Virgell-Lee Africa is the Boland champion.

With only two league races remaining to improve individual positions, It seems as if it is only the third positions that are going to be contested in most of the categories. That is, if the top contenders are on the starting line. The next League meeting will be the Michell's Pass race on 15 September 2018 at Ceres.

The results and Log position are attached.  
Please ensure that your members have access to this information.

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## **BOLAND**ATHLETICS

### **2018 BOLAND ATHLETICS 10KM ROAD RUNNING CHAMPIONSHIPS RESULTS**

#### **SENIOR MEN OPEN**

<b>POS</b>	<b>NAME</b>	<b>CLUB</b>	<b>TIME</b>
1	Angelo Booysen	Correctional Services AC	31:53
2	Reagan Rooi	Ceres AC	32:21
3	Petrus Zwane	Swartland AC	32:23

#### **VETERAN MEN 40+**

<b>POS</b>	<b>NAME</b>	<b>CLUB</b>	<b>TIME</b>
1	Owen Smith	Wellington AC	39:55
2	Alexander Evertson	Worcester AC	40:15
3	Morne Hansen	Maties AC	42:04

#### **MASTER MEN 50+**

<b>POS</b>	<b>NAME</b>	<b>CLUB</b>	<b>TIME</b>
1	Sollie Van Rooyen	Worcester AC	39:01
2	David Andrews	Hope Field AC	39:25
3	Abraham Fielies	Worcester AC	39:48

#### **MASTER MEN 60+**

<b>POS</b>	<b>NAME</b>	<b>CLUB</b>	<b>TIME</b>
1	Piet Smit	Swartland AC	43:50
2	Thomas Moses	Worcester AC	44:28
3	Johnny De Koker	Ashton AC	47:57

#### **JUNIOR MEN**

<b>POS</b>	<b>NAME</b>	<b>CLUB</b>	<b>TIME</b>
1	Reagan Rooi	Ceres AC	32:21
2	Kanelelo Thulo	Ceres AC	33:28
3	Geo Van Niekerk	Wellington AC	34:20

**SENIOR WOMEN OPEN**

POS	NAME	CLUB	TIME
1	Virgell-Lee Africa	Maties AC	41:14
2	Marquerite Fredericks	Swartland AC	42:34
3	Virnita Africa	Maties AC	43:48

**VETERAN WOMEN 40+**

POS	NAME	CLUB	TIME
1	Magdeline Wildschutt	Ceres AC	65:04
2	Nellie West	Swartland AC	70:41
3	Anita Spreeth	Swartland AC	70:47

**MASTER WOMEN 50+**

POS	NAME	CLUB	TIME
1	Vondra Singleton	Worcester AC	52:12
2	Wanda Carstens	Swartland AC	58:23
3	Marietjie Nieuwoudt	Swartland AC	

**MASTER WOMEN 60+**

POS	NAME	CLUB	TIME
1	Annetjie Rainsford	Swartland AC	65:39
2	Ursula Teuchert	Swartland AC	69:50
3	Dolla Geldenhuis	Ceres AC	73:45

**JUNIOR WOMEN**

POS	NAME	CLUB	TIME
1	Virgell-Lee Africa	Maties AC	32:21
2	Virnita Africa	Maties AC	33:28
3	Veronique Visagie	Maties AC	34:20



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