



FINAL BOLAND ATHLETICS TEAM TO 2018 SOUTH AFRICAN CROSS COUNTRY CHAMPIONSHIPS

Wednesday 20 August 2018

The following athletes have been selected to represent Boland Athletics at the South African Cross Country Championships at Nelson Mandela University Campus in Port Elizabeth on Saturday 8 September 2018.

	NAME		DOB	CLUB/SCHOOL	EVENTS	Q-Time	ASA #	ID NUMBER
1	Virgell-lee	Africa	2003-08-21	HTS Drostdy	G15 – 4km	15:08		
2	Alme	Jordaan	2002-05-02	Ceres	G16 – 4km	14:53		
3	Cimon	VD Westhuyzen	2002-01-21	Bloemhof	G16 – 4km	15:30		
4	Anneken	Viljoen	2002-03-20	Paarl AC	G16 – 4km	14:56		
5	Farren	Wenn	2002-07-08	CSSS	G16 – 4km	14:56		
6	Meagan	Swanepoel	2001-10-05	HTS Drostdy	G17 – 4km	15:29		
7	Yandiswa	Shange	2000-06-30	Stellenbosch AC	Jun W–6km			
8	Sunel	Jacobs	1993-01-19	Stellenboch AC	Sen W–4km	15:00		
9	Mia	Steytler	1997-04-10	Maties AC	Sen W–4km	15:09		
10	Lara	Rossouw	1999-03-16	Maties AC	W23 – 4km	15:22		
11	Allison	De Wet	1997-03-11	Swartland AC	W23 – 4km	16:31		
12	Liezel	Wessels	1968-07-11	Bonnievale AC	MW50– 4km	16:20		
13	Vondra	Singleton	1968-01-16	Worcester AC	MW50- 4km	18:19		
14	Uzi	Valashiya	2003-08-15	Vusisizwe SS	B15 – 4km	13.27		
15	Siphosethu	Tasana	2002-07-17	New Orleans SS	B16 – 4km	19.24		
16	Germain	Lewies	2002-03-11	Napier HS	B16 – 4km	20.05		
17	Angelo	Booyesen	1991-10-01	Correctional Serv	SM – 4km & SM - 10km	12:26 32:34		
18	Deon-Lee	Hendricks	1997-07-17	Stellenbosch AC	M23 – 4km	11:59		
19	Ashwell	Clooco	1996-05-256	Worcester AC	M23 – 4km	12.41		
20	Shaun	Tobias	1997-06-02	Worcester AC	M23 – 4km	12:36		
21	Isaac	Opperman	1966-08-17	Correctional Serv	MM50–8km	28.04		
22	Thomas	Moses	1957-01-09	Worcester AC	MM60–6km	24.54		



Mike Fraser
 Boland Athletics Office
 Office: 021 868 0007
 Mobile: 083 518 7272
 Email: office@bolandathletics.com
 Website: www.bolandathletics.com