



BOLANDATHLETICS

NEWS LETTER 28 MAY 2018 - BOLAND ATHLETICS CROSS COUNTRY TRIAL 4 - TOP 10 RESULTS

947 athletes from the Cape West Coast, Cape Winelands and Overberg Districts were treated to a feast of Boland Athletics Cross Country Running at Callie De Wet Stadium in Robertson on Saturday 26 May 2018. This event also doubled up as the Boland Cross Country Inter-Districts Challenge, with the three Districts challenging one another for bragging rights as the top District in Boland Schools Cross Country. The results of the Inter- District Challenge will be released by Thursday 3 May 2018. Robertson Athletics Club and Boland Schools Cross Country were the joint hosts for this well-organised event.

The 2018 Boland Cross Country Inter-District Challenge marks the halfway mark for athletes in preparation for the Boland Athletics Cross Country Championships on Saturday 12 August 2018, the Western Schools Cross Country Championships on Saturday 26 August 2018, the ASA Cross Country Championships in Port Elizabeth on Saturday 8 September 2018, and the SA Schools Athletics National Schools Cross Country Championships in Bloemfontein on Friday 28 and Saturday 29 September 2018.

The results of the top 10 athletes in each category of Trial 4 are attached.



GIRLS 9 - 2km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Esmari	Senoamali	2009/03/08	Morrisdale	1	8,06
2	Anthea	Cupido	2009/03/13	Welvaart Prim	2	8,20
3	Stephano	Philander	21/3/2009	Overhex Prim	3	8,25
4	Shanon	Swarts	2010/02/10	Overhex Prim	4	8,32
5	Luzanne	Jacobs	28/1/2009	William Lloyd Prim	5	8,33
6	Zelnay	Draai	2009/03/17	Britsum Prim	6	8,50
7	Wha-Leesha	Van Rooy	12/5/2010	Overhex Prim	7	8,52
8	Meuzaan	Jansen	28/2/2010	Overhex Prim	8	8,53
9	Reshenda	Swartz	12/5/2010	Welvaart Prim	9	8,54
10	Fiona	de Vlam	13/8/2009	Britsum Prim	10	8,56

BOYS 9 - 2km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Herchelle	Manuel	7/3/2009	Steenvliet Prim	1	7,36
2	Ambrey	Shreuder	2009/08/04	Steenvliet Prim	2	7,42
3	Emilio	Sauls	2009/11/24	Morrisdale	3	7,43
4	Eathan	Maans	2009/06/08	Morrisdale	4	7,50
5	Junaid	Franse	2009/06/19	Riverlands Prim	5	7,54
6	LJ	Plaatjies	13/4/2009	De Heide Prim	6	8,02
7	Leighton	Prins	2009/08/16	Morrisdale	7	8,05
8	Edwin	Carollissen	24/3/2009	Overhex Prim	8	8,06
9	Elzyvier	Mankopan	2009/04/03	St. Markus Prim	9	8,09
10	Gladwin	Jaars	2009/09/14	Steenvliet Prim	10	8,11

GIRLS 10 - 2km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Christy	Maans	2008/10/12	Morrisdale	1	7,55
2	Jo-Keishia	Greeff	2008/03/09	LS Touwsrivier	2	8,00
3	Tammy -Lee	Constance	2008/06/30	Britsum	3	8,16
4	Shermon	Kok	2008/09/29	LS Touwsrivier	4	8,22
5	Fredelene	Skippers	2008/06/16	Britsum	5	8,33
6	Ashjinica	Malan	20/2/2008	Mooi-Uitsig	6	8,41
7	Roshe	Hanekom	2008/08/31	LS Touwsrivier	7	8,42
8	Carshay	Speelman	1/4/2008	F.J Conradie PS	8	8,47
9	Lecrusia	September	2008/11/18	Steenvliet Prim	9	8,51
10	Ashminq	Malan	20/2/2008	Mooi-Uitsig	10	8,54

BOYS 10 - 2km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Preston	Natal	2008/01/07	Steenvliet	1	7,30
2	Jeniquin	Snyers	2008/05/05	Morrisdale Prim	2	7,34
3	Marquin	Saayman	2008/09/21	Morrisdale Prim	3	7,34
4	Joe-Marvin	Van Eik	2008/11/20	H. Venter Prim	4	7,35
5	Jeano	Tentenie	2008/01/01	Sand Hills N.G.K	5	7,36
6	Jamiel	Links	2008/03/28	Sandhills Prim	6	7,38
7	Pihatrck	Witbooi	2008/07/16	Bergrivier Prim	7	7,53
8	Lucando	Klaase	2008/05/27	Riverlands	8	7,53
9	Norwic	Swanepoel	2/9/2008	Riverview	9	7,54
10	Jericho	Kroukamp	2008/08/07	Steenvliet Prim	10	7,58

GIRLS 11 - 3km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Mikayla	Hammon	2007/12/07	Morrisdale Prim	1	12,30
2	Shakira	Matthysen	2007/08/21	Victoriapark Prim	2	12,36
3	Gailleen	Rex	24/3/2007	Elandsrivier Prim	3	12,44
4	Bianca	Baron	2007/05/06	Cit Prim	4	12,45
5	Lucusio	Stuurman	2007/08/29	St Albans Prim	5	12,48
6	Mishca	Fredericks	2007/06/09	Welvaart Prim	6	13,06
7	Shante	Bergman	4/2/2007	LS Touwsrivier	7	13,10
8	Mihle	Mzizi	2007/04/23	De Rust Primer	8	13,13
9	Charne	Danster	2007/10/07	H.Venter Prim	9	13,13
10	Ronel	September	22/9/2007	Cit Prim	10	13,28
GIRLS 11 LSEN - 3km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Regemy	May	2007/07/11	Ligstraal	1	18,41
BOYS 11 - 3km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Gilermo	Fillies	2007/02/11	Steenvliet Prim	1	11,27
2	Matt	Jordan	2007/01/03	Paarlzicht Prim	2	11,28
3	Corrin	Adams	2007/05/11	Morrisdale Prim	3	11,28
4	Corne	Wildschutte	2007/05/03	St Albans Prim	4	11,37
5	Dewan	Wildschud	2007/07/22	Steenvliet Prim	5	11,43
6	Xavier	Bam	2007/03/26	Bergrivier Prim	6	11,44
7	Devon	Johnson	3/2/2007	Elandsrivier Prim	7	11,44
8	Anvor	Gaika	2007/02/05	Riverlands Prim	8	11,48
9	Ryan	Adonis	2007/03/01	Dal Josaphat	9	11,50
10	Kurtley	Swartz	2007/03/18	Pineview Prim	10	11,52
BOYS 11 LSEN - 3km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Lorenzo	Bitterbos	2007/12/12	Ligstraal	1	18,02
GIRLS 12 - 3km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Wilmary	Van Esland	2006/06/14	LS Touwsrivier	1	11,54
2	Marodine	Arries	2006/09/15	Victoriapark Prim	2	11,58
3	Clarissa	Snyders	2006/10/05	St Marks Prim	3	11,59
4	Joshlyn	Kiewiets	14/41/2006	LS Touwsrivier	4	12,09
5	Danty	McThomas	2006/04/15	LS Touwsrivier	5	12,32
6	Cady	Fortuin	13/6/2006	Swartland Prim	6	12,32
7	Grace	Sagarias	2006/09/21	Britsum Prim	7	12,32
8	Azalia	Cliffas	2006/07/15		8	12,40
9	Willeshia	Morris	29/7/2006	Dal Josaphat	9	12,42
10	Rosedeen	Louw	2006/03/08	Avianpark	10	12,49

BOYS 12 - 3km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Lehandro	Arendse	2006/07/16	Morrisdale Prim	1	10,42
2	Earlon	Matthews	2006/06/08	Morrisdale Prim	2	10,44
3	Jeremy	Cupido	2006/01/06	Morrisdale Prim	3	10,45
4	Miguel	Swarts	2006/04/28	Overhex PS	4	10,46
5	Jeyeren	November	2006/03/17	Victoriapark Prim	5	10,46
6	Lee Tin	Syfers	2006/05/03	Victoriapark Prim	6	11,07
7	Rio	Maurice	2006/05/21	W.F.Loots	7	11,13
8	Shanvin	Snyers	2006/06/24	Cit Prim	8	11,16
9	Keldin	September	2006/04/06	Steenvliet Prim	9	11,17
10	Tino	Baron	2006/05/26	Cit Prim	10	11,22

BOYS 12 LSEN - 3km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Johan	Dindal	2006/05/08	Ligstraal	1	20,33

GIRLS 13 - 3km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Gillian	Muller	2005/10/19	Morrisdale	1	11,29
2	Beulin	Van Rooyen	2005/06/10	Britsum Prim	2	11,38
3	Sarah-Lee	Senoamali	2005/05/06	Morrisdale	3	11,58
4	Celestè	Oersen	2005/02/28	Morrisdale	4	12,03
5	Christolique	Mcniel	2005/10/02	Avianpark	5	12,12
6	Warenique	Adendorf	2005/03/19	LS Dagbreek	6	12,17
7	Michelle	Klaasen	2005/03/01	Paarlzicht Prim	7	12,30
8	Avela	Shumi	1/3/2005	Vusisizwe	8	12,33
9	Shantely	Jacobs	4/8/2005	Riverlands	9	12,43
10	Cay-Leigh	Carolissen	12/2/2005	Eikestad LS	10	12,44

GIRLS- 13 -LSEN						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Shameeqah	Rooifontein	2005/04/09	Edenskool	1	15,50

BOYS 13 - 4km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Zimvo	Tawuse	26/6/2005	Masakhane Prim	1	13,51
2	Morne	Swarts	2005/05/06	Overhex PS	2	14,00
3	Gavin	Petro	21/3/2005	Cit Prim	3	14,07
4	Luson	Kroukamp	28/3/2005	Steenvliet Prim	4	14,11
5	Cameron	Schreuder	13/8/2005	Steenvliet Prim	5	14,14
6	Jack	Armando	27/2/2005	Gansbaai Prim	6	14,30
7	Gavin	Flink	2005/01/05	Vlottenberg	7	14,43
8	Clinton	Moses	2/5/2005	Riverlands Prim	8	15,00
9	Luwellen	Swanepoel	3/1/2005	Nieuwe Drift	9	15,02
10	Siyasanga	Matiyesi	30/12/2005	Morrisdale Prim	10	15,03

GIRLS 14 - 4km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Marietjie	Cilliers	2004/01/02	Parel Vallei HS	1	15,42
2	Chenique	Sas	2004/08/19	Drostdy HS	2	16,01
3	Chantel	Roux	2004/07/01	Hermanus HS	3	16,08
4	Raffika	Jantjies	2004/11/20	St Marks	4	17,16
5	Francina	Koen	2004/12/16	St Marks	5	17,29
6	Niciete	Liwaai	2004/12/24	H.Venter PS	6	19,33
7	Megan	Kok	21/12/2004	LS Touwsrivier	7	19,55
8	Marla	Pienaar	7/12/2004	Le Chasseur	8	20,20
9	Whitney	Appolis	13/11/2004	Worc R.K Prim	9	21,00
10	Chulumanco	Bawuti	5/8/2004	Vusisizwe	10	21,29

GIRLS 14 LSEN - 4km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Aislynn	Muller	2004/10/18	Edenskool	1	18,26
2	Zaina-Lee	April	2004/02/20	Lindelani	2	21,42
3	Nabeelah	Fernandez	2004/08/09	Lindelani	3	23,03

BOYS 14 - 4km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Lee-Tham	Rooi	2004/06/01	Bella Vista HS	1	13,57
2	Bhongo	Shwam	2004/10/30	Vusisiwe HS	2	13,59
3	Elvino	September	7/7/2004	HS Bredasdorp	3	14,00
4	Damian	Van Wyk	2004/09/28	Wolseley HS	4	14,13
5	Ron-Lee	Ockhuis	2004/08/28	Wolseley HS	5	14,20
6	Meheino	Fortuin	2/1/2004	Wolseley HS	6	14,21
7	Gabriel	James	2004/03/09	HB	7	14,33
8	Hershalle	Adams	2004/07/05	Ceres HS	8	14,40
9	Gurshwin	Kalmeyer	1/1/2004	Ceres HS	9	14,52
10	Gavin	Pedro	21/3/2004	Cit Prim	10	14,55

BOYS 14 LSEN - 4km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Fabian	Manus	2004/06/06	Lindelani	1	14,56
2	Turion	Philander	2004/01/05	Ligstraal	2	15,34
3	Vaughan	Johnson	2004/01/28	Lindelani	3	16,56
4	Kyle	Adams	19/4/2004	Ligstraal	4	23,01

GIRLS 15 - 4km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Vergell-Lee	Africa	2003/08/21	Drostdy	1	15,35
2	Dalene	Koegelenberg	2003/02/17	Hugenote HS	2	16,35
3	Wilmien-Shay	Pietersen	2003/11/15	Wakkerstroom-Wes	3	16,46
4	Cameron	Mostert	2003/06/21	Drostdy	4	17,06
5	Veronique	Visagie	2003/07/15	Drostdy	5	17,25
6	Marlie	Botha	2003/11/11	Bloemhof	6	17,49
7	Tsepiso	Lebovana	2003/04/11	HS Breërvier	7	17,55
8	Itumeleng	Mbokwe	16/1/2003	Vusisizwe	8	17,57
9	Michaid	Botha	23/7/2003	HB	9	18,55
10	Eldrien	Bestbier	17/11/2003	La Rochelle	10	19,36

GIRLS 15 LSEN - 4km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Abigail	Fortuin	2003/09/11	Riebeeck Vallei	1	17,58
2	Leaticia	Pedro	2003/11/02	Riebeeck Vallei	2	18,32
3	Tammy-Lee	Warries	0/10/2003	Riebeeck Vallei	3	20,07
4	Lynn	Adolf	31/7/2003	Edenskool	4	25,41

BOYS 15 - 4km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Julian	Fortuin	2003/02/04	Ced Akademie	1	13,34
2	Tiang	Makhetha	2003/05/08	Vusisizwe	2	13,44
3	Durizen	Esterhuisen	2003/07/27	Dalweide PS	3	13,58
4	Thapelo	Nthakasane	2003/05/23	Vusisizwe	4	14,13
5	Mxolisi	Gqetyana	28/6/2003	Vusisizwe	5	14,14
6	Bradley	Mentoor	30/8/2003	Paulus Joubert HS	6	14,22
7	Cheslan	Plaatjies	11/4/2003	Hexvallei HS	7	14,24
8	Dikupo	Ramosala	18/7/2003	Vusisizwe	8	14,30
9	Jamian	Hamman	3/11/2003	Ceres HS	9	14,35
10	Rashied	Fransman	4/1/2003	Cederberg Akademie	10	14,45

BOYS 15 LSEN - 4km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Shawn	Chicowore	2003/01/05	Edenskool	1	14,50
2	Shane	Ontong	2003/03/12	Lindelani	2	15,10
3	Peter	Lottering	24/3/2003	Edenskool	3	15,14
4	Geraldo	Cloete	26/3/2003	Lindelani	4	15,44
5	Angelo	Ontong	4/8/2003	Riebeeck Vallei	5	16,01
6	Marquin	Koopman	2003/06/01	Riebeeck Vallei	6	16,29
7	Lorenzo	Boois	2003/07/22	Riebeeck Vallei	7	16,34
8	Ashley	De Wee	16/12/2003	Wellington Vaardigheid.	8	18,16

GIRLS 16 - 4km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Almè	Jordaan	2002/05/02	Homeschooling	1	15,31
2	Anneken	Viljoen	2002/03/20	Paarl Klub	2	15,33
3	Carli	Jacobs	2002/11/10	Bloemhof HS	3	16,35
4	Farren	Wenn	2002/07/08	CSSS	4	16,54
5	Kate-Lynn	Joseph	2002/12/20	HS Breërivier	5	17,58
6	Daniella	Failè	29/12/2002	RGHS	6	18,05
7	Christelle	April	18/3/2002	De Rust	7	18,16
8	Bellamy	Kruger	27/11/2002	La Rochelle	8	18,19
9	Esihle	Lindi	2002/01/11		9	19,04
10	Simthande	Mbangula	2002/03/13	Vusisizwe	10	19,59

GIRLS 16 LSEN - 4km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Atisca	Esterhuizen	2002/12/17	Riebeeck Vallei	1	18,46
2	Roseline	Delilie	2002/10/11	Riebeeck Vallei	2	22,18

BOYS 16 - 6km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Curtis	Fortuin	2002/11/23	Ced Akademie	1	20,31
2	Anslin	Pause	2002/02/10	Wolseley HS	2	21,38
3	Gaiwin	Jantjies	2002/09/13	Paarl Gim	3	21,40
4	Nolan	Diedericks	2002/04/25	Paarl Gim	4	22,02
5	Granville	Farmer	19/1/2002	Kylemore HS	5	22,06
6	Romano	Sauls	28/2/2002	Ced Akademie	6	22,36
7	Will	Arendse	10/12/2003	Goudini HS	7	22,39
8	Sonwabo	Mntwendlela	17/7/2002	Vusisizwe	8	22,45
9	Siphosethu	Tasana	2002/07/17	New Orleans HS	9	22,56
10	Thabiso	Sediba	2002/09/30	Vusisizwe	10	22,56

BOYS 16 LSEN - 4km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	German	Lewis	2002/03/11	Napier HS	1	20,29
2	Masoet	Abrahams	2002/05/31	Lindelani	2	23,56
3	Ryan	Steer	2002/04/30	Lindelani	3	24,04
4	Abdullah	Roux	2002/11/30	Riebeeck Vallei	4	24,18
5	Lesley	Zealan	2002/05/14	Lindelani	5	24,51
6	Keaton	Daars	2002/09/21	Wellington Vaardigheid.	6	25,04
7	Ayanda	Meyers	2002/08/07	Wellington Vaardigheid.	7	25,05
8	Quintin	Hector	2002/04/21	Riebeeck Vallei	8	26,11
9	Malcolm	Olckers	2002/01/21	Steinthal	9	26,46
10	Brazano	Pietersen	2002/03/31	Steinthal	10	30,49

GIRLS 17 - 4km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Meagan	Swanepoel	2001/10/05	Drostdy	1	16,22
2	Mikayla	Martinengo	0/0/2001	HS Hermanus	2	17,03
3	Vernita	Africa	2001/08/27	Drostdy	3	17,25
4	Deidre	Wessels	2001/03/20	La Rochelle	4	18,05
5	Abigail	Botes	2001/11/28	HB	5	18,24
6	Andrea	Adams	2001/06/12	CSSS	6	19,38
7	Courtney	Eftha	2001/03/02	HB	7	19,52
8	Lucrecia	Williams	2001/04/16	HS Breërivier	8	20,43
9	Nadine	Zempie	24/7/2001	HS Breërivier	9	22,23
10	Deslyn	Nortjie	2001/02/17	CSSS	10	22,51

GIRLS 17 LSEN - 4km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Mariska	Rex	2001/10/05	Ligstraal	1	22,21
2	Rochelle	Engelbrecht	2001/11/12	Ligstraal	2	22,21

BOYS 17 - 6km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Mark	Standfliet	2001/12/11	Ashton HS	1	19,52
2	Lojiso	Skiti	2001/10/13	DMT	2	20,08
3	Duvan	Jansen	2001/12/09	HS Bredasdorp	3	20,36
4	Alec	Botha	2001/10/10	Paul Roos Gim	4	21,07
5	Adrian	Muller	2001/07/03	Ced Akademie	5	21,22
6	Unathi	Fino	2001/03/31	Vusisizwe	6	21,49
7	Jenowin	September	13/5/2001	Noorder Paarl HS	7	22,00
8	Conwill	Duiker	2001/11/07	Paarl Gim	8	22,05
9	Bulelani	Katshwa	2001/02/28	Vusisizwe	9	22,38
10	Percy	van der Watt	30/7/2001	Goudini	10	23,07

BOYS 17 LSEN - 6km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Kyle	Owies	2001/02/17	Riebeeck Vallei	1	25,01
2	Marthinus	Perens	2001/02/10	Riebeeck Vallei	2	26,15
3	Johnny-Lee	Titus	2001/11/04	Ligstraal	3	26,49
4	Matthew	Moos	2001/02/06	Lindelani	4	26,50
5	Heinrich	Engelbrecht	2001/01/15	Riebeeck Vallei	5	26,53
6	Ricardo	Classen	2001/08/05	Riebeeck Vallei	6	27,15
7	Austin	Pheiffer	2001/04/06	Riebeeck Vallei	7	27,53
8	Machiano	Baadjes	2001/05/27	Riebeeck Vallei	8	29,28
9	Bradley	Gertse	5/12/2001	Ligstraal	9	32,08

JUNIOR WOMEN - 6km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Jana	Le Roux	2000/05/19	Paarl Girls	1	24,22
2	Bea	Hayes	2000/06/02	Bloemhof	2	25,48
3	Marina	Van Tonder	1999/02/14	Maties	3	26,22
4	Ronelda	Vellem	2000/02/27	HB	4	27,10
5	Willene	Fredericks	1999/12/11	CSSS	5	27,47
6	Nell	Singleton	2000/12/01	Drostdy	6	28,05
7	Babalwa	Taweti	2000/10/10	Vusisizwe	7	30,26
8	Ambrosia	Mitchell	2000/01/24	Langeberg	8	31,14
9	Veronique	Kiewiets	1999/07/02	HS Touwsrivier	9	31,21
10	Aseza	Zamliza	2000/06/02	Vusisizwe	10	32,10

JUNIOR MEN - 8km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Reagan	Rooi	2000/08/22	Bella Vista HS	1	No time due to technical difficulties
2	Lance	Micheals	2000/07/03	Ashton HS	2	
3	Wilton	Flink	1999/03/08	Charleston Hill HS	3	
4	Gavin	Abrahams	28/12/2000	Ced Akademie	4	
5	Yonga	Mkosi	2000/05/10	Vusisizwe HS	5	
6	Marlin	Isaacs	22/9/2000	Bella Vista HS	6	
7	Leehandre	Robertson	30/11/1999	Cloetesville	7	
8	Gavin	Oersen	3/8/2000	Albert Myburgh HS	8	
9	Phathisanani	Masiza	2000/12/06	Vusisizwe HS	9	
10	Zane	Heneke	2/3/2000	CSSS	10	

JUNIOR MEN LSEN - 8km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Winston	Groenewald	7/1/2000	Steinthal	1	Technical difficulties
2	Dylan	Oersen	2000/11/01	Steinthal	2	
3	Steven	Alexander	2000/07/04	Riebeeck Vallei	3	
4	Adri	Pretorius	2000/12/12	Steinthal	4	

SENIOR WOMEN - 4km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Mia	Steytler	1997/04/10	Maties	1	15,36
2	Veronique	Jakob	1995/06/03	Maties	2	16,27
3	Sharlan	Boer	1998/05/04	Maties	3	19,04
4	Allison	De Wet	1997/03/11		4	19,04
5	Elnora	Monejai	28/12/1997	EGA	5	21,28
6	Shaheeda	Davids		Groenberg	6	24,40

SENIOR WOMEN 10 KM						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Petra	Oerson	1989/07/10	Bredasdorp	1	52,04
2	Elouise	Lourens	26/10/2000	La Rochelle	2	1.01.52

SENIOR MEN - 4km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Deon-Lee	Hendricks	1997/07/17	STB AC	1	12,15
2	Ashwell	Clooco	5/25/1996	Worcester	2	12,40
3	Reagan	Rooi	22/8/2000	Bella Vista HS	3	12,43
4	Lance	Micheals	3/7/2000	Ashton HS	4	12,58
5	Eugene	Davids	11/3/1990	Robertson	5	13,00
6	Johan	Oersen	14/3/1990	Bredasdorp	6	14,01
7	Gavin	Oersen	3/8/2000	Albert Myburgh	7	14,32
8	Melvin	Swarts	16/12/1998	Maties	8	14,38
9	Zane	Heneke	2/3/2000	Cloeteville HS	9	14,39
10	Henrico	Booyesen	1995/08/08	STB AC	10	15,02

SENIOR MEN - 10km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Mark	Stanfliet	17/11/2001	Robertson AK	1	35,06
	Johan	Oerson	0/0/1990	Bredasdorp	2	36,01
	Klaas	Mouries	13/9/1998	Robertson AK	3	36,03
	Rudolf	Rossouw	1997/02/13	MatiesAC	4	36,21
2	Elgurron	Jacobs	14/3/1994	Robertson AK	5	39,10
3	Paulton	Douries	1997/09/11	Cederberg Akademie	6	40,49
4	Jermaine	Tobias	30/5/1996	Robertson AK	7	41,30

MASTER WOMEN - 4km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Vondra	Singleton	1968/01/16	Worcester	1	19,59

MASTER MEN - 8km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Alexander	Evertson	7/3/1970	Worc AK	1	Tech. diff.
2	Hennie	Moses	3/9/1960	Ceres AK	2	

GRAND MASTER MEN - 6km						
NR	NAME	SURNAME	D.O.B.	SCHOOL/CLUB		TIME
1	Thomas	Moses	9/1/1957	Worc AK	1	24,54

Please Note that Trial 5 is on Saturday 2 June 2018 at Drostdy Technical School in Worcester, where another feast of Cross Country running awaits you.



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