



CROSS COUNTRY EVENTS CALENDAR 2018

Date	Event	Venue	Start	Distance	Organiser/Host	Contact Person	E-Mail
Sat 5 May 2018	Trial 1	Voorberg Correctional Centre, Porterville	10:00	Time Table	Hopefield Athletics Club West Coast Schools	Joggie Maaman 071 438 6699 Jerome Abrahams 084 247 7926	maamanjoggie@gmail.com recreational@voorberg.co.za
Sat. 12 May 2018	Trial 2	CPUT Wellington Campus, Wellington	10:00	Time Table	Wellington AC Boland Central Schools	Jennifer Daniels 078 367 0839 Jerry Swarts 071 738 2708	Online2397498@telkomsa.net
Sat. 19 May 2018	Trial 3	Grabouw High School, Grabouw	10:00	See Time Table	Grabouw AC Boland South Schools	Derrick Uren 082 707 7494 Tommy Davids 063 019 0281	elgingrabouwathletiekklub@gmail.com derrickuren@gmail.com
Sat 26 May 2018	Trial 4 BA XC Inter-District	Callie De Wet Stadium Robertson	10:00	Time Table	Robertson Athletics Club Boland North Schools	Edward Salies 084 815 9651 Houman Josephs 083 497 1141	edwardsalies@gmail.com,
Sat 2 June 2018	Trial 5	Drostdy Technical High School, Worcester	10:00	Time Table	Worcester Athletics Club Boland North Schools	Russel Cupido 082 532 0826 Rico Hunter 073 724 3983	worcester.athletics@gmail.com
Sat 28 July 2018	Trial 6	Riebeeck Valley School of Skills, Riebeeck West	10:00	Time Table	Swartland AC West Coast Schools	Marietjie Viljoen 082 323 0414 Verity Barnes 082 440 3233	mikiviljoen@pcnetmail.co.za
Sat 11 Aug 2018	Boland Athletics XC Championships	Dal Josaphat Stadium, Paarl	10:00	Time Table	BA Cross Country Commission Boland Central Schools	Etheresia Thomas 082 475 6070 Gerald P. Ricketts 082 563 4926	thomasetheresia@gmail.com
TBC	Western Cape XC Championships	TBC	9:00	NA	Western Cape Schools XC	Franklin September 082 350 2406	admin@bdv.wcape.school.za
Sat 8 Sept 2018	SA XC Championships	Port Elizabeth	NA	NA	Athletics South Africa	Mehlo Hlabangane 082 990 9470	DurellJ@athleticssa.co.za
28-29 Sept 2018	USSA Cross Country Champs	East London	NA	NA	University Sports South Africa	Jazz Mnyengeza 072 262 9752	mnyengezammb@tut.ac.za
28-29 Sept 2018	SASA X-Country Championships	Bloemfontein	NA	NA	SA Schools Athletics	Peppi Olevano 082 550 7032	peppi@gcs.co.za
2019	CAA Cross Country Championships	TBC	NA	NA	Athletics South Africa	Hezekiel Sepeng 072 687 3372	hezekiel@athleticssa.co.za
30 March 2019	IAAF Cross Country Championships	Aarhus, Denmark	NA	NA	Athletics South Africa	Hezekiel Sepeng 072 687 3372	hezekiel@athleticssa.co.za

EVENT TIME TABLE

TIME	CATEGORY	DIST.		TIME	CATEGORY	DIST.		TIME	CATEGORY	DIST.		TIME	CATEGORY	DIST.
10:00	Senior Men	10 km		11:10	Boys 11	3 km.		13:10	Boys 14	4 km		14:15	Master Woman	4 km
10:05	Senior Women	10km		11:30	Girls 12	3 km		13:30	Girls 14	4 km		14:35	Boys 16	6 km
10:10	Girls 9	2 km.		11:45	Boys 12	3 km.		13:30	Girls 15	4 km		14:35	Boys 17	6 km
10:20	Boys 9	2 km.		12:00	Girls 13	3 km		13:45	Boys 15	4 km		14:35	Junior Women 19	6 km
10:35	Girls 10	2 km.		12:15	Boys 13	4 km		14:15	Girls 16	4 km		14:35	Grand Master Men	6 km
10:45	Boys 10	2 km.		12:35	Junior Men 19	8 km		14:15	Girls 17	4 km		14:55	Senior Men	4 km
11:00	Girls 11	3 km.		12:35	Master Men	8 km		14:15	Senior Women	4 km				