



**Best Performances Boys/Girls Track/Field**

<b>0 Track</b>		<b>Girls</b>				
1	GAU012	403 Jada Van Staden	Gauteng	Girls-15	300 m Hurdles	00:41.87 975 1
2	GAU045	436 Antoinette Van Der Merwe	Gauteng	Girls-17	100 m Hurdles	00:13.20 965 2
3	NWP030	100 Kayla Van Der Burgh	North West Province	Girls-17	100 m Hurdles	00:13.20 965 1
<b>0 Field</b>		<b>Girls</b>				
1	WCP073	120 Meike Strydom	Western Cape	Girls-19	Shot Put	16.32 995 1
2	FSA033	182 Elaine Pretorius	Free State	Girls-15	Hammer Throw	58.41 979 1
3	GAU048	439 Rose Xeyi	Gauteng	Girls-17	Long Jump	6.29 978 1
<b>1 Track</b>		<b>Boys</b>				
1	GAU198	589 Gert Du Plessis	Gauteng	Boys-17	110 m Hurdles	00:09.99 1064 1
2	GAU231	622 Zazini Sokwakhana	Gauteng	Boys-19	400 m Hurdles	00:49.36 1012 1
3	GAU177	568 Mikaa-Il Mohamed	Gauteng	Boys-17	100 m	00:10.18 1006 1
<b>1 Field</b>		<b>Boys</b>				
1	WCP141	127 Phillipus Kleinhans	Western Cape	Boys-15	Shot Put	19.25 984 1
2	WCP141	127 Phillipus Kleinhans	Western Cape	Boys-15	Discus Throw	62.90 964 1
3	WCP183	131 Carel Van Der Merwe	Western Cape	Boys-15	Hammer Throw	59.93 963 1