

2018 Boland Senior and Central Champs - 2/21/2018 to 2/24/2018

Dal Josaphat

Results

Girls 100 Meter Dash U14

BA Champs QS: 13.60 S

Boland A STD: 12.36 A

	Name	Age	Team	Time	Wind	H#
Time						
1	Lekeishe Vlegg		Paarl Gim	13.62	NWI	4
2	Cassandra Malgas		La Rochelle Meisieskool	13.92	NWI	2
3	Zoe Tobias		Paarl Girls High	14.14	NWI	1
4	Sophia Museke		Desmond Tutu HS	14.19	NWI	2
5	Kelsey Appel		Hottentots Holland	14.27	NWI	2
6	Jody James		La Rochelle Meisieskool	14.49	NWI	3
7	Kate Brewis		Bloemhof Meisieskool	14.60	NWI	5
8	Mikaila Dednam		Bloemhof Meisieskool	14.61	NWI	2
9	Phoebe Lanz		Bridge House	14.71	NWI	1
10	Jennifer Buchenaar		Bergrivier	14.72	NWI	3
11	Amy Jacobs		Parel Vallei HS	14.73	NWI	3
12	Keren Kuzamunu		Rhenish Girls High	14.79	NWI	1
13	Anne Swart		Strand HS	14.84	NWI	1
14	Willisha Diedericks		New Orleans	15.08	NWI	4
15	Renizia Andrews		Paarl Girls High	15.22	NWI	2
16	Denike Bougaardt		Groendal SS	15.26	NWI	1
17	Inge Van Ross		Klein Nederburg	15.37	NWI	3
18	Anastacia Everson		Stellenzicht SS	15.39	NWI	4
19	Thabisa Yekani		La Rochelle Meisieskool	15.47	NWI	4
20	Michelle Appollis		Bergrivier	15.55	NWI	3
21	Zoe Gillespie		Strand HS	15.64	NWI	2
22	Talia Roets		Parel Vallei HS	15.79	NWI	4
23	Leila-May Strydom		Strand HS	15.99	NWI	4
24	Pagan Taylor		New Orleans	16.21	NWI	4
25	Eumi Barnard		Hugenote HS	16.64	NWI	5
26	Amahle Bangiso		Desmond Tutu HS	18.47	NWI	2
27	Zusiphe Yokwana		Desmond Tutu HS	18.88	NWI	4
28	Emihle Lelemba		Desmond Tutu HS	23.40	NWI	3

Girls 200 Meter Dash U14

BA Champs QS: 28.50 S

Boland A STD: 25.30 A

	Name	Age	Team	Time	Wind	H#
Time						
1	Lekeishe Vlegg		Paarl Gim	27.3h	S NWI	2
2	Adrienne Gallop		La Rochelle Meisieskool	27.7h	S NWI	4
3	Kheeza Davids		La Rochelle Meisieskool	28.0h	S NWI	2
4	Cassandra Malgas		La Rochelle Meisieskool	28.4h	S NWI	2
5	Zoe Tobias		Paarl Girls High	28.5h	S NWI	1
6	Jody James		La Rochelle Meisieskool	28.8h	NWI	3
6	Cecilia Willer		Bloemhof Meisieskool	28.8h	NWI	2
6	Roosje Grobbelaar		Paarl Gim	28.8h	NWI	3
9	Carli Swart		Strand HS	29.1h	NWI	1
10	Kelsey Appel		Hottentots Holland	29.8h	NWI	3
10	Jennifer Buchenaar		Bergrivier	29.8h	NWI	2
10	Wayne-lene Frans		Cloetesville	29.8h	NWI	1
13	Mikaila Dednam		Bloemhof Meisieskool	30.1h	NWI	4
14	Lara Steyn		Bloemhof Meisieskool	30.7h	NWI	4
15	Denike Bougaardt		Groendal SS	31.2h	NWI	3
15	Cassidy Cupido		Noorder Paarl	31.2h	NWI	3

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Name	Age	Team	Time	Wind	H#
15 Willisha Diedericks		New Orleans	31.2h	NWI	2
18 Chelsea Smith		Noorder Paarl	31.4h	NWI	4
19 Inge Van Ross		Klein Nederburg	31.6h	NWI	4
20 Talia Roets		Parel Vallei HS	31.8h	NWI	3
20 Sharanay Burger		Weltevrede SS	31.8h	NWI	1
22 Maroscke Liebenberg		Bergrivier	32.5h	NWI	4
23 Madereika September		Wellington HS	32.70	NWI	1
24 Thabisa Yekani		La Rochelle Meisieskool	33.6h	NWI	3
25 Pagan Taylor		New Orleans	33.8h	NWI	4
26 Mivuyo Siphetho		Ihlumelo Secondary	34.6h	NWI	1
27 Kelly Manombe		Desmond Tutu HS	39.9h	NWI	3

Girls 400 Meter Dash U14

BA Champs QS: 1:06.50 S

Boland A STD: 57.76 A

Name	Age	Team	Time	H#
1 Adrienne Gallop		La Rochelle Meisieskool	1:03.87 S	1
2 Kheeza Davids		La Rochelle Meisieskool	1:04.26 S	1
3 Cecilia Willer		Bloemhof Meisieskool	1:05.89 S	1
4 Lara Steyn		Bloemhof Meisieskool	1:07.06	2
5 Kate Brewis		Bloemhof Meisieskool	1:07.16	1
6 Jennifer Buchenaar		Bergrivier	1:07.20	2
7 Kyanti Greyling		Bloemhof Meisieskool	1:07.22	1
8 Karmi Gouws		Paarl Gim	1:08.31	2
9 Roosje Grobbelaar		Paarl Gim	1:08.58	1
10 Renizia Andrews		Paarl Girls High	1:09.16	1
11 Cassidy Cupido		Noorder Paarl	1:10.42	3
12 Carli Swart		Strand HS	1:11.54	1
13 Abigail Le Roux		Paarl Girls High	1:12.39	3
14 Sinovuyo ???		Khyamandi HS	1:13.76	3

Girls 800 Meter Run U14

BA Champs QS: 2:36.00 S

Boland A STD: 2:14.40 A

Name	Age	Team	Time
1 Aninka Ferreira		Paarl Girls High	2:36.03
2 Lee-Ann Coetzee		Paulus Joubert	2:37.94
3 Melisa Kotze		Paarl Girls High	2:40.61
4 Lara Steyn		Bloemhof Meisieskool	2:41.90
5 Abigail Le Roux		Paarl Girls High	2:48.51
6 Zaidee Braam		Rhenish Girls High	2:57.91
7 Sosulwe Mekuto		Noorder Paarl	2:58.11

Girls 1500 Meter Run U14

BA Champs QS: 5:29.00 S

Boland A STD: 4:45.20 A

Name	Age	Team	Time
1 Zenade October		Parel Vallei HS	5:05.1h S
2 Aninka Ferreira		Paarl Girls High	5:09.6h S
3 Katja Molenaar		La Rochelle Meisieskool	5:11.0h S
4 Marietjie Cilliers		Parel Vallei HS	5:17.2h S

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Time ... (Girls 1500 Meter Run U14)

Name	Age	Team	Time
5 Melisa Kotze		Paarl Girls High	5:29.9h
6 Lee-Ann Coetzee		Paulus Joubert	5:32.9h
7 Abigail Le Roux		Paarl Girls High	5:45.4h
8 Renizia Andrews		Paarl Girls High	5:46.2h

Girls 90 Meter Hurdles U14

BA Champs QS: 15.40 S

Name	Age	Team	Time	Wind	H#
Time					
1 Minke Engelbrecht		Paarl Gim	13.9h S	NWI	2
2 Andrea Beyers		Paarl Girls High	14.4h S	NWI	1
3 Helena Swart		Bloemhof Meisieskool	14.9h S	NWI	2
4 Alana Theron		La Rochelle Meisieskool	15.0h S	NWI	2
5 van Wyk Anais		Paarl Girls High	15.5h	NWI	1
6 Karien Jooste		Bloemhof Meisieskool	16.4h	NWI	2
7 Eumi Barnard		Hugenote HS	16.7h	NWI	1
8 Leila-May Strydom		Strand HS	17.1h	NWI	1
9 Nadia Helmey		Groendal SS	17.3h	NWI	1
10 Zoe Gillespie		Strand HS	17.4h	NWI	1
11 Amy Pietersen		New Orleans	21.1h	NWI	2

Girls 300 Meter Hurdles U14

BA Champs QS: 53.00 S

Name	Age	Team	Time	H#
Time				
1 Milan Horn		La Rochelle Meisieskool	47.73 S	2
2 Mienke Engelbrecht		Paarl Gim	49.15 S	2
3 Kyanti Greyling		Bloemhof Meisieskool	50.04 S	1
4 Helena Swart		Bloemhof Meisieskool	50.12 S	1
5 Karmi Gouws		Paarl Gim	50.50 S	1
6 Shamira Titus		La Rochelle Meisieskool	51.40 S	2
7 Anene Rahl		Paarl Girls High	52.24 S	1
8 Karien Jooste		Bloemhof Meisieskool	53.88	2

Girls High Jump U14

BA Champs QS: 1.40m S

Boland A STD: 1.60m A

Name	Age	Team	Time
Time			
1 Alana Theron		La Rochelle Meisieskool	1.50m S
2 Arwen Richardson		Reddam	1.45m S
3 Jané Bruwer		Paarl Gim	1.45m S
4 Andrea Beyers		Paarl Girls High	1.45m S
5 Jana Stofberg		Paarl Girls High	1.45m S
6 Helena Swart		Bloemhof Meisieskool	1.40m S
7 Inge Van Ross		Klein Nederburg	1.40m S
8 Lisa Gous		Parel Vallei HS	1.40m S
9 Hannah Laurence		Paarl Girls High	1.35m
10 Mischkah Brandt		Bloemhof Meisieskool	1.35m
11 Carli Swart		Strand HS	1.30m
11 Anene Rahl		Paarl Girls High	1.30m

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Girls Long Jump U14

BA Champs QS: 4.60m S

Boland A STD: 5.40m A

	Name	Age	Team	Time	Wind
Time					
1	Zoe Tobias		Paarl Girls High	4.97m S	-1.3
2	Adrienne Gallop		La Rochelle Meisieskool	4.81m S	-1.6
3	Shamira Titus		La Rochelle Meisieskool	4.69m S	-1.8
4	Helena Swart		Bloemhof Meisieskool	4.50m	-2.9
5	Phoebe Lanz		Bridge House	4.31m	-2.9
6	Adri Carstens		Paarl Girls High	4.16m	-2.1
7	Keren Kuzamunu		Rhenish Girls High	4.14m	-2.2
8	Cassandra Malgas		La Rochelle Meisieskool	4.10m	-1.9
9	Hannah Kruger		La Rochelle Meisieskool	3.92m	-4.0
10	Lindy-Lee Roberts		Klein Nederburg	3.88m	-0.6
11	Kaylin Arnolds		Stellenzicht SS	3.84m	-2.0
12	Roosje Grobbelaar		Paarl Gim	3.69m	-2.0
13	Zoe Gillespie		Strand HS	3.66m	-2.4
14	Leanca Simons		Klein Nederburg	3.63m	-1.4
15	Maryke Erasmus		Strand HS	3.45m	-2.2
16	Leila-May Strydom		Strand HS	3.44m	-3.4
17	Jadelin Warriess		Charleston Hill	3.27m	-1.8
18	Jody James		La Rochelle Meisieskool	2.71m	-3.5

Girls Shot Put U14

BA Champs QS: 9.00m S

Boland A STD: 13.77m A

	Name	Age	Team	Time
Time				
1	Lané Barnard		Paarl Gim	11.33m S
2	Isabella Retief		Paarl Girls High	10.50m S
3	Milan Horn		Paarl Girls High	10.45m S
4	Andrea Beyers		Paarl Girls High	10.27m S
5	Erin Kelly		Rhenish Girls High	9.96m S
6	Caroline Noyce		La Rochelle Meisieskool	9.81m S
7	Chanel Els		Paarl Gim	9.05m S
8	Yuhaylin Jantjies		New Orleans	8.99m
9	Sumieke Roux		Paarl Gim	8.60m
10	Amber Dico		Cloeterville	8.38m
11	Jade Schoeman		Klein Nederburg	8.35m

Girls Discus Throw U14

BA Champs QS: 23.00m S

Boland A STD: 38.73m A

	Name	Age	Team	Time
Time				
1	Caroline Noyce		La Rochelle Meisieskool	29.40m S
2	Milan Horn		Paarl Girls High	28.70m S
3	Dezre Goosen		Paarl Girls High	27.18m S
4	Xanthe Eksteen		Bloemhof Meisieskool	21.56m
5	Isabella Retief		Paarl Girls High	21.32m
6	Rebekah Diedericks		Parel Vallei HS	21.31m
7	Frianey Hibbert		Strand HS	19.36m

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Girls Javelin Throw U14

BA Champs QS: 26.00m S

Boland A STD: 43.14m A

	Name	Age	Team	Time
Time				
1	Cari Steenkamp		Paarl Girls High	34.76m S
2	Anja Van Staden		Paarl Gim	31.91m S
3	Andrea Beyers		Paarl Girls High	29.91m S
4	Caroline Noyce		La Rochelle Meisieskool	28.55m S
5	Lian Bell		Stellenbosch HS	25.92m
6	Chanel Els		Paarl Gim	24.09m
7	Renizia Andrews		Paarl Girls High	22.74m
8	Anique Mouton		La Rochelle Meisieskool	22.70m

Girls 100 Meter Dash U15

BA Champs QS: 13.50 S

Boland A STD: 12.36 A

	Name	Age	Team	Time	Wind	H#
Time						
1	Elke Van der Westhuizen		La Rochelle Meisieskool	13.06 S	NWI	2
2	Alex Heerink van Breda		Paarl Girls High	13.33 S	NWI	1
3	Leah Swile		Paarl Girls High	13.52	NWI	1
4	Julia Thomas		Paarl Gim	14.18	NWI	3
5	Hanushia Van Niekerk		Parel Vallei HS	14.26	NWI	2
6	Stephany Geldenhuys		Paarl Gim	14.28	NWI	3
7	Naseefah Petersen		Strand HS	14.37	NWI	1
8	Chloe Albertus		Wellington HS	14.63	NWI	1
9	Waldi Hendricks		Klein Nederburg	15.06	NWI	3
10	Mcinneri Sitter		New Orleans	15.07	NWI	3
11	Shane Bowers		Strand HS	15.27	NWI	2
12	Ankia De Wet		Parel Vallei HS	15.29	NWI	2
13	Gemma Trent		Parel Vallei HS	15.30	NWI	3
14	Hendrika Van Rooyen		Paulus Joubert	15.89	NWI	3
15	Anelisiwe Ntlemeza		Ihlumelo Secondary	15.91	NWI	1
16	Abongile Madlanga		Ihlumelo Secondary	15.97	NWI	2
17	Zanele Ndefu		New Orleans	16.04	NWI	3
18	Anathi Nxala		Ihlumelo Secondary	16.17	NWI	2
19	Mantombi Siyila		Desmond Tutu HS	17.72	NWI	2

Girls 200 Meter Dash U15

BA Champs QS: 28.00 S

Boland A STD: 25.30 A

	Name	Age	Team	Time	Wind	H#
Time						
1	Elke Van der Westhuizen		La Rochelle Meisieskool	25.5h S	NWI	2
2	Alex Heerink van Breda		Paarl Girls High	26.7h S	NWI	1
3	Sascia Schmidt		La Rochelle Meisieskool	27.0h S	NWI	3
4	Tatum Ludick		Rhenish Girls High	27.4h S	NWI	2
5	Stephany Geldenhuys		Paarl Gim	28.6h	NWI	2
5	Julia Thomas		Paarl Gim	28.6h	NWI	3
7	Mcinneri Sitter		New Orleans	30.1h	NWI	2
8	Salome Thompson		Paulus Joubert	30.2h	NWI	2
9	Tyra-Lee Mattheyse		Reddam	30.3h	NWI	2
10	Chaney Lepen		Stellenbosch HS	30.5h	NWI	3
10	Waldi Hendricks		Klein Nederburg	30.5h	NWI	3

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Name	Age	Team	Time	Wind	H#
12 Aliya Ramjee		Strand HS	30.6h	NWI	1
13 Kaylin Du Toit		Strand HS	31.4h	NWI	1
14 Mia Du Plessis		Strand HS	32.0h	NWI	1
15 Heidi Ferreira		Strand HS	33.6h	NWI	1

Girls 400 Meter Dash U15

BA Champs QS: 1:05.00 S

Boland A STD: 57.76 A

Name	Age	Team	Time	H#
1 Elke Van der Westhuizen		La Rochelle Meisieskool	58.71 S	1
2 Tatum Ludick		Rhenish Girls High	59.87 S	1
3 Chloe De Kock		La Rochelle Meisieskool	1:00.49 S	1
4 Ilse Brugman		Bloemhof Meisieskool	1:00.89 S	1
5 Cari Groenewald		Hugenote HS	1:01.45 S	2
6 Linda Mentz		Bloemhof Meisieskool	1:02.98 S	1
7 Lisa Van der Merwe		Parel Vallei HS	1:03.43 S	1
8 Tara Rademeyer		New Orleans	1:11.79	2
9 Amy Absolon		Cloeteville	1:15.00	2
10 Jeadene Manuels		Groendal SS	1:15.03	2

Girls 800 Meter Run U15

BA Champs QS: 2:34.00 S

Boland A STD: 2:14.40 A

Name	Age	Team	Time	H#
1 Christi Noades		Bloemhof Meisieskool	2:26.50 S	2
2 Ilse Brugman		Bloemhof Meisieskool	2:27.14 S	2
3 Karla Brugman		Bloemhof Meisieskool	2:31.66 S	2
4 Anneme Vos		Bloemhof Meisieskool	2:33.53 S	3
5 Lanah Nel		Parel Vallei HS	2:36.94	2
6 Lisa Van der Merwe		Parel Vallei HS	2:39.05	2
7 Kate Rolfe		Paarl Girls High	2:48.75	1
8 Kasandra Botha		Strand HS	2:50.60	1
9 Angel Beukes		Weltevrede SS	2:55.31	1
10 Karla Pienaar		Strand HS	2:56.51	1

Girls 1500 Meter Run U15

BA Champs QS: 5:25.00 S

Boland A STD: 4:45.20 A

Name	Age	Team	Time
1 Christi Noades		Bloemhof Meisieskool	5:02.0h S
2 Anja Van Heerden		Paarl Girls High	5:04.3h S
3 Lanah Nel		Parel Vallei HS	5:10.9h S
4 Karla Brugman		Bloemhof Meisieskool	5:13.9h S
5 Nicole Abrahams		Noorder Paarl	5:35.3h
6 Kasandra Botha		Strand HS	5:39.4h
7 Anel Tallie		La Rochelle Meisieskool	6:11.9h

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Girls 3000 Meter Run U15

BA Champs QS: 12:00.00 S

Boland A STD: 10:23.70 A

	Name	Age	Team	Time
Time				
1	Zenade October		Parel Vallei HS	10:53.40 S
2	Lanah Nel		Parel Vallei HS	10:55.70 S
3	Marietjie Cilliers		Parel Vallei HS	11:07.30 S
4	Dalene Koegelenberg		Hugenote HS	11:11.80 S
5	Marelle Botha		Bloemhof Meisieskool	11:34.70 S

Girls 90 Meter Hurdles U15

BA Champs QS: 14.90 S

	Name	Age	Team	Time	Wind	H#
Time						
1	Anne-Marie Celliers		Bloemhof Meisieskool	14.00 S	NWI	1
2	Rochelle Geustyn		Paarl Girls High	14.10 S	NWI	1
3	Leah Swile		Paarl Girls High	14.60 S	NWI	1
4	Cleoni Esterhuysen		Bloemhof Meisieskool	15.00	NWI	1
5	Hanushia Van Niekerk		Parel Vallei HS	15.60	NWI	2
6	Aliya Ramjee		Strand HS	16.90	NWI	2
7	Johane Steyn		Strand HS	19.00	NWI	2

Girls 300 Meter Hurdles U15

BA Champs QS: 51.00 S

	Name	Age	Team	Time
Time				
1	Alex Heerink van Breda		Paarl Girls High	45.64 S
2	Chloe De Kock		La Rochelle Meisieskool	46.14 S
3	Rochelle Geustyn		Paarl Girls High	46.95 S
4	Aliya Ramjee		Strand HS	55.21
5	Chaney Lepen		Stellenbosch HS	56.63
6	Johane Steyn		Strand HS	58.66

Girls 1500 Meter Steeplechase U15

BA Champs QS: 6:40.00 S

	Name	Age	Team	Time
Time				
1	Dalene Koegelenberg		Hugenote HS	5:50.9h S

Girls High Jump U15

BA Champs QS: 1.45m S

Boland A STD: 1.60m A

	Name	Age	Team	Time
Time				
1	Michaela Horn		Parel Vallei HS	1.55m S
2	Rachelle Van Waardhuizen		Hugenote HS	1.55m S
3	Hannah Botha		Paarl Girls High	1.50m S
4	Mienkie Buitendag		Paarl Girls High	1.50m S
5	Anja Smit		Bloemhof Meisieskool	1.40m
6	Mia Du Plessis		Strand HS	1.35m
7	Cheyenne Bunding		Parel Vallei HS	1.30m
7	Joli Becker		La Rochelle Meisieskool	1.30m
9	Kiame Smit		Bloemhof Meisieskool	1.30m
10	Cindy Lee Kammies		New Orleans	1.25m
11	Kylie Samuels		Wellington HS	1.25m

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Girls Pole Vault U15

BA Champs QS: 2.00m S

Boland A STD: 3.00m A

	Name	Age	Team	Time
Time				
1	Kyra Folscher		Paarl Gim	2.40m S
2	Lijané Botha		Paarl Gim	2.30m S
3	Lian Belll		Stellenbosch HS	2.00m S
4	Anke Deetlefs		Paarl Gim	1.90m
5	Lizan Engelbrecht		Paarl Gim	1.90m

Girls Long Jump U15

BA Champs QS: 4.70m S

Boland A STD: 5.40m A

	Name	Age	Team	Time	Wind
Time					
1	Greta Malan		Bloemhof Meisieskool	4.88m S	NWI 2
2	Lu-Ann Oliveros		La Rochelle Meisieskool	4.82m S	NWI 3
3	Ashley Engelbrecht		La Rochelle Meisieskool	4.38m	NWI 3
4	Chaney Lepen		Stellenbosch HS	4.22m	NWI 3
5	Tyra-Lee Mattheyse		Reddam	4.16m	NWI 2
6	Naseefah Petersen		Strand HS	4.15m	NWI 1
7	Shane Bowers		Strand HS	4.09m	NWI 1
8	Carla Lourens		Strand HS	3.95m	NWI 1
9	Chanelle Dalton		Strand HS	3.63m	NWI 1
10	Courtney Williams		New Orleans	3.58m	NWI 3
11	Tara Rademeyer		New Orleans	3.56m	NWI 2
12	Aatikah Erntzen		Klein Nederburg	3.52m	NWI 2
13	Kaylin Du Toit		Strand HS	3.51m	NWI 1
14	Nicola Rossouw		La Rochelle Meisieskool	3.28m	NWI 3
15	Kay-Lee Beeselaar		Strand HS	2.92m	NWI 2

Girls Triple Jump U15

BA Champs QS: 9.00m S

Boland A STD: 11.30m A

	Name	Age	Team	Time	Wind
Time					
1	Greta Malan		Bloemhof Meisieskool	10.46m S	-3.2
2	Lu-Ann Oliveros		La Rochelle Meisieskool	10.25m S	-3.5
3	Annika Wiehahn		Paarl Gim	10.11m S	-2.9
4	Anne-Marie Celliers		Bloemhof Meisieskool	9.93m S	-4.9

Girls Shot Put U15

BA Champs QS: 9.60m S

Boland A STD: 13.77m A

	Name	Age	Team	Time
Time				
1	Ankia Viljoen		Paarl Gim	11.11m S
2	Rochelle Rijnsburger		Paarl Girls High	10.84m S
3	Monique Van Greuning		Parel Vallei HS	10.63m S
4	Jade Damonse		Paulus Joubert	10.08m S
5	Jana Hayman		La Rochelle Meisieskool	10.00m S
6	Kemp Elri		Hugenote HS	9.89m S
7	Bella Du Toit		La Rochelle Meisieskool	9.84m S
8	Alicia Davey		Paulus Joubert	9.68m S
9	Bianca Leighton		La Rochelle Meisieskool	9.57m

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Results

Time ... (Girls Shot Put U15)

Name	Age	Team	Time
10 Grete Dippenaar		Hugenote HS	8.83m
11 Maryke Swanepoel		Strand HS	8.73m
12 Doanel Raath		Strand HS	8.51m

Girls Discus Throw U15

BA Champs QS: 28.00m S

Boland A STD: 38.73m A

Name	Age	Team	Time
1 Teneal Els		Paarl Gim	34.68m S
2 Octavia Lawrence		La Rochelle Meisieskool	29.95m S
3 Rochelle Rijnsburger		Paarl Girls High	29.35m S
4 Kemp Elri		Hugenote HS	29.25m S
5 Dane Kenny		La Rochelle Meisieskool	29.07m S
6 Stella-Maria Horvath		La Rochelle Meisieskool	26.00m
7 Grete Dippenaar		Hugenote HS	25.37m

Girls Hammer Throw U15

BA Champs QS: 29.00m S

Boland A STD: 49.28m A

Name	Age	Team	Time
1 Marli Botha		Strand HS	45.34m S
2 Teneal Els		Paarl Gim	37.78m S
3 Beneatha Herbst		Strand HS	35.68m S
4 Carli Swart		Strand HS	35.26m S
5 Anka Van Zyl		Parel Vallei HS	24.22m
6 Brigit Burger		Parel Vallei HS	22.50m
7 Layla Morris		Parel Vallei HS	15.19m
8 Zeah Stewart		Parel Vallei HS	13.54m

Girls Javelin Throw U15

BA Champs QS: 30.00m S

Boland A STD: 43.14m A

Name	Age	Team	Time
1 Hane Van der Merwe		Paarl Gim	38.33m S
2 Mila Olivier		Bloemhof Meisieskool	34.35m S
3 Phia Kotzé		Paarl Gim	32.42m S
4 Ankia Viljoen		Paarl Gim	31.54m S
5 Francesca Sullivan		La Rochelle Meisieskool	31.05m S
6 Anika Cloete		Stellenbosch HS	30.99m S
7 Johane le Roux		Paarl Gim	29.97m
8 Mieke Marais		Paarl Girls High	29.33m
9 Dane Kenny		La Rochelle Meisieskool	28.48m

Girls 5000 Meter Race Walk U15

BA Champs QS: 35:00.00 S

Boland A STD: 29:58.70 A

Name	Age	Team	Time
1 Marlie De Klerk		Strand HS	37:37.60
2 Jessica Campbell		Strand HS	38:22.50

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Results

Girls 100 Meter Dash U17

BA Champs QS: 13.10 S

Boland A STD: 12.36 A

	Name	Age	Team	Time	Wind	H#
Time						
1	Caitlin Isaacs		Strand HS	13.06 S	NWI	1
2	Gabriella Ludick		Rhenish Girls High	13.28	NWI	1
3	Zoë Williams		La Rochelle Meisieskool	13.38	NWI	3
4	Jamie-Leigh Oliphant		La Rochelle Meisieskool	13.42	NWI	2
5	Lara Jacobs		Paarl Girls High	13.65	NWI	1
6	Lauren Jansen		New Orleans	14.12	NWI	3
7	Larah Adams		Stellenbosch HS	14.44	NWI	2
8	Jenice Smith		Wellington HS	14.61	NWI	2
9	Gaynor Moses		Charleston Hill	14.67	NWI	2
10	Andrea Adams		Cloetesville	15.39	NWI	1
11	Thaakirah Daniels		New Orleans	15.91	NWI	3
12	Anele Nodlayiya		Desmond Tutu HS	16.12	NWI	3
13	Sesethu Vunda		Desmond Tutu HS	16.19	NWI	1
14	Alex Van Zyl		Klein Nederburg	17.22	NWI	3

Girls 200 Meter Dash U17

BA Champs QS: 27.60 S

Boland A STD: 25.30 A

	Name	Age	Team	Time	Wind	H#
Time						
1	Caitlin Isaacs		Strand HS	25.7h S	NWI	1
2	Gabriella Ludick		Rhenish Girls High	26.1h S	NWI	1
3	Shannon Benjamin		La Rochelle Meisieskool	27.3h S	NWI	4
4	Jamie-Leigh Oliphant		La Rochelle Meisieskool	27.8h	NWI	2
5	Zoë Williams		La Rochelle Meisieskool	28.1h	NWI	4
6	Emma Ritter		Rhenish Girls High	28.3h	NWI	1
7	Hanlie Visser		Hugenote HS	28.5h	NWI	3
8	Hana Sullivan		La Rochelle Meisieskool	28.7h	NWI	4
9	Chloe Parsadh		Rhenish Girls High	28.8h	NWI	3
10	Lynn Rossouw		Bloemhof Meisieskool	29.0h	NWI	2
11	Larah Adams		Stellenbosch HS	29.2h	NWI	3
12	Johnson Lauren		New Orleans	29.7h	NWI	3
13	Ucionne Jacobs		Paarl Girls High	29.9h	NWI	1
13	Sam Sullivan		Reddam	29.9h	NWI	1
13	Rezandre Swartz		Klein Nederburg	29.9h	NWI	4
16	Siyolise Mfana		Desmond Tutu HS	30.0h	NWI	1
17	Bronwin Philander		New Orleans	30.8h	NWI	2
18	Hildegard Fisher		Kylemore SS	31.1h	NWI	4
19	Andrea Adams		Cloetesville	31.2h	NWI	4
20	Tarryn Jacobs		Franshoek HS	31.3h	NWI	2
21	Gaynor Pedro		Klein Nederburg	31.6h	NWI	2
22	Thandeka Malandre		Desmond Tutu HS	33.6h	NWI	2
23	Thaakirah Daniels		New Orleans	34.5h	NWI	2

Girls 400 Meter Dash U17

BA Champs QS: 1:04.00 S

Boland A STD: 57.76 A

	Name	Age	Team	Time	Wind	H#
Time						
1	Bronwin Lee		Bloemhof Meisieskool	1:03.21 S		2

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Results

Time ... (Girls 400 Meter Dash U17)

	Name	Age	Team	Time	H#
2	Emma Ritter		Rhenish Girls High	1:04.11	1
3	Teneall Engelbrecht		Strand HS	1:04.40	1
4	Shannon Klaasen		Franshoek HS	1:07.22	1
5	Andrea Adams		Cloetesville	1:09.31	2
6	Liezel Hugo		Stellenzicht SS	1:12.00	1
7	Gaynor Moses		Charleston Hill	1:16.71	2
8	Hybre Abrahams		Kylemore SS	1:22.44	2
9	Mercia October		Stellenzicht SS	1:24.25	2

Girls 800 Meter Run U17

BA Champs QS: 2:32.00 S

Boland A STD: 2:14.40 A

	Name	Age	Team	Time	H#
1	Bronwin Lee		Bloemhof Meisieskool	2:24.61 S	2
2	Cimon Van der Westhuizen		Bloemhof Meisieskool	2:25.32 S	1
3	Marguirite Le Roux		Bloemhof Meisieskool	2:31.75 S	2
4	Azrea Sylvester		Bloemhof Meisieskool	2:33.17	2
5	Carli Jacobs		Bloemhof Meisieskool	2:35.65	2
6	Marli Dreyer		La Rochelle Meisieskool	2:37.44	1
7	Dane De Villiers		Parel Vallei HS	2:43.13	2
8	Zeanne Kruger		Bredasdorp AC	2:50.05	1
9	Jaydene Afrika		Weltevrede SS	2:52.50	1
10	Hana Sullivan		La Rochelle Meisieskool	2:55.50	3
11	Esihle Lindi		Desmond Tutu HS	3:02.65	1

Girls 1500 Meter Run U17

BA Champs QS: 5:18.00 S

Boland A STD: 4:45.20 A

	Name	Age	Team	Time
1	Carli Jacobs		Bloemhof Meisieskool	5:09.3h S
2	Cimon Van der Westhuizen		Bloemhof Meisieskool	5:10.1h S
3	Antoinette Du Plessis		Bloemhof Meisieskool	5:22.6h
4	Farren Wenn		Cloetesville	5:26.8h
5	Jatdene Afrika		Weltevrede SS	5:29.2h
6	Inge Venter		La Rochelle Meisieskool	5:31.8h
7	Shalldine Swarts		Kylemore SS	5:40.1h
8	Dane De Villiers		Parel Vallei HS	5:41.4h

Girls 3000 Meter Run U17

BA Champs QS: 11:50.00 S

Boland A STD: 10:23.70 A

	Name	Age	Team	Time
1	Maja Van Aswegen		Stellenbosch HS	11:16.10 S
2	Carli Jacobs		Bloemhof Meisieskool	11:37.30 S
2	Erica Snyman		Cloetesville	11:37.30 S
4	Antoinette Du Plessis		Bloemhof Meisieskool	11:38.20 S
5	Christine Grobler		Bloemhof Meisieskool	11:45.21 S

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Results

Girls 100 Meter Hurdles U17

BA Champs QS: 16.60 S

Boland A STD: 14.40 A

Name	Age	Team	Time	Wind	H#
Time					
1 Mieke Basson		Bloemhof Meisieskool	14.5h S	NWI	1
2 Tatum Maher		Rhenish Girls High	15.6h S	NWI	1
3 Carla Muller		Bloemhof Meisieskool	15.9h S	NWI	1
4 Jay-Cee Hoogbaard		Hugenote HS	16.3h S	NWI	2
5 Hana Sullivan		La Rochelle Meisieskool	16.8h	NWI	2
6 Tara Venter		Strand HS	18.7h	NWI	2
7 Anne Marie Schoeman		Parel Vallei HS	19.4h	NWI	2
8 Johnson Lauren		New Orleans	21.5h	NWI	1
9 Meagan-Jane Mackenzie		Hugenote HS	22.7h	NWI	2

Girls 400 Meter Hurdles U17

BA Champs QS: 1:11.00 S

Boland A STD: 1:01.66 A

Name	Age	Team	Time
Time			
1 Tatum Maher		Rhenish Girls High	1:04.97 S
2 Bianca Kirstein		Paarl Girls High	1:09.96 S
3 Nikola Muller		Bloemhof Meisieskool	1:12.54
4 Chloe Parsadh		Rhenish Girls High	1:12.93
5 Lana Prins		Bloemhof Meisieskool	1:13.06
6 Ateeqah Abrahams		Hottentots Holland	1:14.63

Girls 2000 Meter Steeplechase U17

BA Champs QS: 9:00.00 S

Boland A STD: 7:32.18 A

Name	Age	Team	Time
Time			
1 Erica Snyman		Cloetesville	10:30.8h

Girls High Jump U17

BA Champs QS: 1.49m S

Boland A STD: 1.60m A

Name	Age	Team	Time
Time			
1 Benitha Pretorius		Paarl Gim	1.57m S
2 Jamie Van Schoor		La Rochelle Meisieskool	1.54m S
3 Kayla Neethling		Paarl Gim	1.49m S
3 Hana Sullivan		La Rochelle Meisieskool	1.49m S
4 Jana Brohn		Paarl Gim	1.44m
5 Sibella Barnard		Bloemhof Meisieskool	1.44m
6 Charné Burger		La Rochelle Meisieskool	1.44m
8 Kaylin Burger		La Rochelle Meisieskool	1.39m
9 Ané Braasch		Strand HS	1.34m
9 Nicole Williams		Strand HS	1.34m

Girls Pole Vault U17

BA Champs QS: 2.30m S

Boland A STD: 3.00m A

Name	Age	Team	Time
Time			
1 Nicole Janse van Rensburg		Paarl Gim	3.60m A

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Results

Time ... (Girls Pole Vault U17)

Name	Age	Team	Time
2 Kian-Lee du Toit		Rhenish Girls High	3.40m A
3 Tonet Tallie		La Rochelle Meisieskool	3.40m A
4 Erica Moolman		Paarl Girls High	3.00m A
5 Bianca Laubscher		Paarl Gim	2.60m S
6 Ilka Fourie		La Rochelle Meisieskool	2.50m S
7 Mouton Melissa		La Rochelle Meisieskool	2.50m S
8 Mia Van Rensburg		Bloemhof Meisieskool	2.00m

Girls Long Jump U17

BA Champs QS: 4.90m S

Boland A STD: 5.40m A

Name	Age	Team	Time	Wind
1 Mieke Basson		Bloemhof Meisieskool	5.47m A	-1.9
2 Suneel Louwrens		Paarl Gim	5.09m S	-2.5
3 Shannon Benjamin		La Rochelle Meisieskool	4.77m	-2.3
4 Azrea Sylvester		Bloemhof Meisieskool	4.75m	-2.0
5 Danelle Venter		La Rochelle Meisieskool	4.56m	-3.8
6 Nicole Williams		Strand HS	4.36m	-3.1
6 Hana Sullivan		La Rochelle Meisieskool	4.36m	-1.7
8 Sam Sullivan		Reddam	4.20m	-2.2
9 Lee-Ancke Van Schalkwyk		Groendal SS	4.18m	-1.2
10 Lynn Rossouw		Bloemhof Meisieskool	4.13m	-2.2
11 Devinice Fortuin		Klein Nederburg	4.08m	-4.8
12 Shani Botha		La Rochelle Meisieskool	4.03m	-2.3
13 Tara Venter		Strand HS	3.88m	-4.9
14 Hybre Abrahams		Kylemore SS	3.84m	-2.9
15 Leandre Morris		Wellington HS	3.80m	-4.5
16 Ateeqah Abrahams		Hottentots Holland	3.74m	-3.0

Girls Triple Jump U17

BA Champs QS: 10.00m S

Boland A STD: 11.30m A

Name	Age	Team	Time	Wind
1 Suneel Louwrens		Paarl Gim	11.05m S	+0.0
2 Shannon Benjamin		La Rochelle Meisieskool	10.35m S	-1.3
3 Danelle Venter		La Rochelle Meisieskool	10.30m S	0.5
4 Shani Botha		La Rochelle Meisieskool	10.09m S	0.4
5 Tara Venter		Strand HS	9.96m	-1.3

Girls Shot Put U17

BA Champs QS: 10.00m S

Boland A STD: 13.77m A

Name	Age	Team	Time
1 Hana Sullivan		La Rochelle Meisieskool	12.41m S
2 Georgia Channon		Bloemhof Meisieskool	12.33m S
3 Anika Smit		Paarl Girls High	12.04m S
4 Jana Liebenberg		Bloemhof Meisieskool	11.58m S
5 Janke Oosthuizen		La Rochelle Meisieskool	11.44m S
6 Cara Coetzee		Paarl Gim	11.34m S
7 Danel Dreyer		La Rochelle Meisieskool	10.79m S
8 Juanita May		Stellenzicht SS	9.62m

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Results

Time ... (Girls Shot Put U17)

Name	Age	Team	Time
9 Megan Breitenbach		Parel Vallei HS	9.07m

Girls Discus Throw U17

BA Champs QS: 30.00m S

Boland A STD: 38.73m A

Name	Age	Team	Time
1 Cara Coetzee		Paarl Gim	42.43m A
2 Georgia Channon		Bloemhof Meisieskool	39.86m A
3 Danel Dreyer		La Rochelle Meisieskool	37.55m S
4 Janke Oosthuizen		La Rochelle Meisieskool	35.98m S
5 Anika Smit		Paarl Girls High	29.81m
6 Nina Afonso		La Rochelle Meisieskool	27.87m
7 Chanel De Guisti		Parel Vallei HS	22.60m

Girls Hammer Throw U17

BA Champs QS: 31.00m S

Boland A STD: 49.28m A

Name	Age	Team	Time
1 Jeanne-Mari Laubscher		La Rochelle Meisieskool	46.93m S
2 Anél Swart		Strand HS	42.60m S
3 Megan Breitenbach		Parel Vallei HS	40.89m S
4 Melissa Hoffman		Parel Vallei HS	39.12m S
5 Anika Smit		Paarl Girls High	37.38m S
6 Kika Dorman		Paarl Girls High	32.96m S
7 Andrea Engelbrecht		Labori HS	27.27m

Girls Javelin Throw U17

BA Champs QS: 34.00m S

Boland A STD: 43.13m A

Name	Age	Team	Time
1 Bianca Van Deventer		Strand HS	35.22m S
2 Nikki Schonken		La Rochelle Meisieskool	34.76m S
3 Danel Dreyer		La Rochelle Meisieskool	33.44m
4 Leandri Krige		Paarl Girls High	29.75m
5 Hana Sullivan		La Rochelle Meisieskool	20.50m
6 Zeanne Kruger		Bredasdorp AC	19.64m

Girls 5000 Meter Race Walk U17

BA Champs QS: 34:00.00 S

Boland A STD: 29:58.70 A

Name	Age	Team	Time
1 Zoe-Lee Van der Merwe		Strand HS	35:57.80

Girls 100 Meter Dash U19

BA Champs QS: 13.10 S

Boland A STD: 12.42 A

Name	Age	Team	Time	Wind	H#
1 Jade Paulse		Stellenbosch HS	13.40	NWI	1
2 Anina Claassen		Bloemhof Meisieskool	13.49	NWI	1
3 Jana Schreuder		Bloemhof Meisieskool	14.06	NWI	1

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Time ... (Girls 100 Meter Dash U19)

Name	Age	Team	Time	Wind	H#
4 Jemima Kuzamunu		Rhenish Girls High	14.17	NWI	2
5 Tabita Billie		Noorder Paarl	14.25	NWI	1
6 Elishia Africa		Kylemore SS	14.63	NWI	1
7 Cameron Jansen		Paulus Joubert	14.88	NWI	2

Girls 200 Meter Dash U19

BA Champs QS: 27.50 S

Boland A STD: 24.79 A

Name	Age	Team	Time	Wind
1 Jade Paulse		Stellenbosch HS	27.0h S	NWI
2 Kyle Geldenhuys		Paarl Girls High	27.7h	NWI
3 Britney Van Wyk		New Orleans	29.6h	NWI
4 Michealynn Abner		Wellington HS	30.6h	NWI

Girls 400 Meter Dash U19

BA Champs QS: 1:04.00 S

Boland A STD: 56.86 A

Name	Age	Team	Time
1 Leandra Custodio		La Rochelle Meisieskool	58.31 S
2 Danielle Combrink		Rhenish Girls High	59.64 S
3 Rachel Kaps		Parel Vallei HS	1:00.80 S
4 Kyle Geldenhuys		Paarl Girls High	1:03.13 S
5 Reandi Davids		Klein Nederburg	1:12.20

Girls 800 Meter Run U19

BA Champs QS: 2:32.00 S

Boland A STD: 2:17.70 A

Name	Age	Team	Time
1 Danielle Combrink		Rhenish Girls High	2:23.07 S
2 Anle Loubser		Paarl Girls High	2:23.90 S
3 Kris-Mari Voges		Bloemhof Meisieskool	2:28.10 S
4 Nontsikelelo Williams		Ihlumelo Secondary	3:00.28
5 Yonela Kopana		Ihlumelo Secondary	3:17.63
6 Sisipho Ramatlapeng		Ihlumelo Secondary	3:28.97

Girls 1500 Meter Run U19

BA Champs QS: 5:09.00 S

Boland A STD: 4:45.50 A

Name	Age	Team	Time
1 Bea Hayes		Bloemhof Meisieskool	5:08.0h S
2 Anle Loubser		Paarl Girls High	5:10.6h
3 Willene Fredericks		Cloetesville	5:50.0h

Girls 3000 Meter Run U19

BA Champs QS: 11:30.00 S

Boland A STD: 11:05.70 A

Name	Age	Team	Time
1 Bea Hayes		Bloemhof Meisieskool	11:09.44 S
2 Jeanne Roothman		Bloemhof Meisieskool	12:04.18
3 Mia Doyle		Parel Vallei HS	13:59.79

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Girls 400 Meter Hurdles U19

BA Champs QS: 1:10.50 S

Boland A STD: 1:01.60 A

Name	Age	Team	Time
Time			
1 Leandra Custodio		La Rochelle Meisieskool	1:03.28 S
2 Zan-Mari Roth		Bloemhof Meisieskool	1:04.79 S
3 Rachel Kaps		Parel Vallei HS	1:08.87 S

Girls High Jump U19

BA Champs QS: 1.55m S

Boland A STD: 1.60m A

Name	Age	Team	Time
Time			
1 Kristi Snyman		Paarl Girls High	1.73m A
2 Brianna Pelham		La Rochelle Meisieskool	1.50m
3 Biancke Wessels		Bloemhof Meisieskool	1.45m

Girls Pole Vault U19

BA Champs QS: 2.50m S

Boland A STD: 3.00m A

Name	Age	Team	Time
Time			
1 Anje Viljoen		Paarl Girls High	3.40m A
2 Elata Fourie		La Rochelle Meisieskool	3.20m A

Girls Long Jump U19

BA Champs QS: 5.00m S

Boland A STD: 5.41m A

Name	Age	Team	Time	Wind
Time				
1 Lene Duncan		Paarl Girls High	5.21m S	NWI
2 Nina Pretorius		Bloemhof Meisieskool	4.78m	NWI
3 Gabriella Elyon		Hugenote HS	4.18m	NWI
4 Zintle Mgedesi		Hugenote HS	3.55m	NWI

Girls Shot Put U19

BA Champs QS: 10.00m S

Boland A STD: 12.07m A

Name	Age	Team	Time
Time			
1 Skye Boshoff		Parel Vallei HS	10.47m S
2 Amy Roux		Rhenish Girls High	10.35m S
3 Courtney Solomons		Klein Nederburg	8.83m
4 Bianca Bester		Paarl Gim	7.84m

Girls Discus Throw U19

BA Champs QS: 31.00m S

Boland A STD: 39.68m A

Name	Age	Team	Time
Time			
1 Courtney Solomons		Klein Nederburg	26.83m

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Results

Girls Hammer Throw U19

BA Champs QS: 31.00m S

Boland A STD: 46.27m A

Name	Age	Team	Time
Time			
1		Skye Boshoff	40.08m S
2		Elzette Versluis	39.01m S
3		Jada Dippenaar	38.38m S
4		Lize Mari Roux	30.83m
5		Enya Scholtz	30.35m

Girls Javelin Throw U19

BA Champs QS: 35.00m S

Boland A STD: 41.37m A

Name	Age	Team	Time
Time			
1		Marle Rademan	35.23m S
2		Janien Cronje	29.02m
3		Anelisa Nzuzo	20.76m
4		Caitlin Engelbrecht	13.02m

Women 100 Meter Dash Senior

Boland A STD: 11.92 A

Boland B STD: 12.00 B

Name	Age	Team	Time	Wind
Time				
1		Justine Palframan	12.49	NWI
2		Kerika Botha	12.93	NWI
3		Shannon Arendse	13.19	NWI
4		Martelize Jordaan	13.79	NWI
5		Anika Pretorius	13.82	NWI

Women 200 Meter Dash Senior

Boland A STD: 24.40 A

Boland B STD: 24.56 B

Name	Age	Team	Time	Wind
Time				
1		Justine Palframan	24.0h A	NWI
2		Shannon Arendse	25.9h	NWI
3		Anrune Weyers	27.3h	NWI
4		Anika Pretorius	27.4h	NWI

Women 400 Meter Dash Senior

Boland A STD: 55.00 A

Boland B STD: 55.70 B

Name	Age	Team	Time
Time			
1		Justine Palframan	53.5h A
2		Elise Groeneveld	57.2h
3		Inari Basson	58.7h
4		Janetta Joubert	1:00.0h

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Results

Women 400 Meter Dash Senior

Boland A STD: 55.00 A

Boland B STD: 55.70 B

	Name	Age	Team	Time
Time				
1	Janetta Joubert		Maties AC	1:00.01
2	Sunel Jacobs		Stellenbosch AC	1:00.05

Women 800 Meter Run Senior

Boland A STD: 2:08.80 A

Boland B STD: 2:12.50 B

	Name	Age	Team	Time	H#
Time					
1	Thineke Cloete		Stellenbosch AC	2:10.85 B	2
2	Zani Kruger		Maties AC	2:11.73 B	1
3	Elise Groeneveld		Maties AC	2:11.83 B	1
4	Sunel Jacobs		Stellenbosch AC	2:12.81	2
5	Inari Basson		Maties AC	2:14.24	1
6	Kelly Vroon		Maties AC	2:28.11	1

Women 800 Meter Run A Senior

Boland A STD: 2:08.80 A

Boland B STD: 2:12.50 B

	Name	Age	Team	Time	H#
Time					
1	Thineke Cloete		Stellenbosch AC	2:10.5h B	1
2	Sunel Jacobs		Stellenbosch AC	2:13.6h	1
3	Inari Basson		Maties AC	2:15.2h	2
4	Beatrice Themane		Wpa	2:15.7h	2
5	Alme Jordaan		Stellenbosch AC	2:16.1h	1
6	Anrune Liebenberg		Maties AC	2:19.2h	2
7	Icarien Van Deventer		Wpa	2:19.6h	2
8	Amy Abrahams		Wpa	2:24.2h	1
9	Lara Rossouw		Maties AC	2:24.5h	1
10	Anneline Ruffy		Wpa	2:25.9h	2
11	Lalande Esterhuysen		Unknown	2:33.7h	2
12	Shan Fourie		Stellenbosch AC	2:37.7h	2

Women 1500 Meter Run Senior

Boland A STD: 4:26.40 A

Boland B STD: 4:30.40 B

	Name	Age	Team	Time
Time				
1	Zani Kruger		Maties AC	4:25.10 A
2	Thineke Cloete		Stellenbosch AC	4:26.40 A
3	Lara Rossouw		Maties AC	4:45.60

Women 3000 Meter Run Senior

	Name	Age	Team	Time
Time				
1	Chery-Lee Schoeman		Maties AC	11:14.20

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Results

Women 5000 Meter Run Senior

Boland A STD: 17:13.20 A

Boland B STD: 17:52.90 B

Name	Age	Team	Time
Time			
1 Yandiswa Shange		Wpa	18:01.00
2 Inge Engelbrecht		Maties AC	21:13.20

Women 100 Meter Hurdles Senior

Boland A STD: 14.03 A

Boland B STD: 14.81 B

Name	Age	Team	Time	Wind
Time				
1 Jean-Mare Senekal		Maties AC	13.8h A	NWI
2 Martelize Jordaan		Maties AC	15.2h	NWI
3 Maryna Van Wyk		Maties AC	16.3h	NWI

Women 400 Meter Hurdles Senior

Boland A STD: 1:00.45 A

Boland B STD: 1:01.57 B

Name	Age	Team	Time
Time			
1 Jean-Mare Senekal		Maties AC	59.9h A

Women 400 Meter Hurdles Senior

Boland A STD: 1:00.45 A

Boland B STD: 1:01.57 B

Name	Age	Team	Time
Time			
1 Jean-Mare Senekal		Maties AC	59.86 A
2 Rogail Joseph		Maties AC	1:04.62

Women 3000 Meter Steeplechase Senior

Boland A STD: 11:10.40 A

Boland B STD: 11:50.40 B

Name	Age	Team	Time
Time			
1 Meagan Swanepoel		Maties AC	11:32.6h B
2 Virnita Africa		Maties AC	11:50.6h
3 Ronelda Vellem		Maties AC	12:29.9h
4 Sharlan Boer		Maties AC	13:32.3h

Women High Jump Senior

Boland A STD: 1.70m A

Boland B STD: 1.65m B

Name	Age	Team	Time
Time			
1 Brittany Uys		Maties AC	1.70m A
2 Fleur Slot		Paarl AC	1.60m
3 Leandre Ketch		Maties AC	1.55m
4 Karla Bronn		Maties AC	1.50m

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Women Pole Vault Senior

Boland A STD: 3.35m A

Boland B STD: 3.20m B

Name	Age	Team	Time
1 Jodie Sedras		Maties AC	3.65m A

Women Triple Jump Senior

Boland A STD: 12.09m A

Boland B STD: 11.68m B

Name	Age	Team	Time	Wind
1 Suneel Lourens		Paarl AC	12.05m B	1.6

Women Shot Put Senior

Boland A STD: 13.36m A

Boland B STD: 12.91m B

Name	Age	Team	Time
1 Amber Abrahams		Maties AC	10.10m
2 AC Petersen		Unknown	6.73m

Women Discus Throw Senior

Boland A STD: 44.89m A

Boland B STD: 42.43m B

Name	Age	Team	Time
1 Zandre Weyers		Maties AC	41.73m

Women Hammer Throw Senior

Boland A STD: 48.34m A

Boland B STD: 44.03m B

Name	Age	Team	Time
1 Karlene Lambrechts		Maties AC	44.46m B
2 Skye Boshoff		Unknown	42.04m
3 Elzette Versluis		Unknown	35.65m

Women Javelin Throw Senior

Boland A STD: 45.70m A

Boland B STD: 44.54m B

Name	Age	Team	Time
1 Anneke Germishuys		Maties AC	44.80m B
2 Hesmari Teubes		Maties AC	34.03m
3 AC Petersen		Unknown	28.07m

Women 100 Meter Dash Masters

Boland A STD: 11.92 A

Boland B STD: 12.00 B

Name	Age	Team	Time	Wind
1 Moira Robertson		Stellenbosch AC	13.6h	NWI
2 Tabita Billie		Paarl AC	14.2h	NWI

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Results

Boys 100 Meter Dash U14

BA Champs QS: 12.00 S

Boland A STD: 10.96 A

	Name	Age	Team	Time	Wind	H#
Time						
1	Jayden Daniels		Parel Vallei HS	12.46	NWI	6
2	Christopher Hendricks		Paarl Boys High	12.60	NWI	1
3	??? Cupido		Bergrivier	12.88	NWI	4
3	Elmarco Adonis		New Orleans	12.88	NWI	3
5	Matthew Levens		Paarl Boys High	12.89	NWI	1
6	Jatian Arriesens		Groendal SS	12.90	NWI	1
7	Shauwin Booise		Boland Landbou	12.99	NWI	1
8	Luca Kolatsis		Parel Vallei HS	13.06	NWI	4
9	Zian Pieters		Strand HS	13.15	NWI	1
10	Elvano Ontong		New Orleans	13.18	NWI	5
11	Munro Adonis		Stellenbosch HS	13.33	NWI	5
12	Jordan Adams		Klein Nederburg	13.42	NWI	3
13	Keanon Johannes		New Orleans	13.43	NWI	3
14	Tiaan Pretorius		Paul Roos	13.45	NWI	3
15	Alexander Smit		Strand HS	13.46	NWI	2
16	Xavier Lotter		Noorder Paarl	13.50	NWI	4
17	Ashwin Cupido		Groendal SS	13.57	NWI	1
18	Nathan De Bruin		Strand HS	13.83	NWI	1
19	Ayanda Maswabi		Desmond Tutu HS	13.86	NWI	4
20	Aasief Standaar		Strand HS	13.88	NWI	2
21	Marlon Abrahamse		Labori HS	14.00	NWI	3
22	Ernest Sibiza		Parel Vallei HS	14.09	NWI	3
23	Devan Mentor		Franshoek HS	14.11	NWI	2
24	Garnet Kabasele		Calling Academy	14.99	NWI	2
25	Babongile Mahlanga		Desmond Tutu HS	15.26	NWI	4
26	Reagan Bianchina		Calling Academy	15.56	NWI	5
27	Katleho Bulane		Calling Academy	15.71	NWI	4
28	Atang Khati		Calling Academy	15.76	NWI	4
29	Liyema Pika		Desmond Tutu HS	16.14	NWI	6

Boys 200 Meter Dash U14

BA Champs QS: 25.00 S

Boland A STD: 21.70 A

	Name	Age	Team	Time	Wind	H#
Time						
1	Jayden Daniels		Parel Vallei HS	23.0h S	+0.0	3
2	Elvano Ontong		New Orleans	24.2h S	+0.0	3
3	Christopher Hendricks		Paarl Boys High	24.5h S	+0.0	1
4	Matthew Levens		Paarl Boys High	24.7h S	+0.0	1
5	O'Shea Van Niekerk		Paarl Gim	24.9h S	+0.0	1
5	Liam Dick		Hugenote HS	24.9h S	+0.0	3
7	Jatian Arriesens		Groendal SS	25.1h	+0.0	1
8	Luca Kolatsis		Parel Vallei HS	25.2h	+0.0	4
9	Shauwin Booise		Boland Landbou	25.5h	+0.0	1
10	Zian Pieters		Strand HS	25.6h	+0.0	1
11	Elmarco Adonis		New Orleans	25.7h	+0.0	4
12	Keanon Johannes		New Orleans	25.9h	+0.0	4
13	Ashwin Cupido		Groendal SS	26.1h	+0.0	1
14	Devan Mentor		Franshoek HS	26.3h	+0.0	3
15	Xavier Lotter		Noorder Paarl	26.6h	+0.0	2

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Results

Time ... (Boys 200 Meter Dash U14)

Name	Age	Team	Time	Wind	H#
16 Jordan Adams		Klein Nederburg	26.9h	+0.0	4
17 Munro Adonis		Stellenbosch HS	27.0h	+0.0	2
18 Willem Williams		Wellington HS	27.4h	+0.0	2
19 Tiaan Naudé		Strand HS	27.5h	+0.0	2
20 Conway George		Strand HS	28.1h	+0.0	2
20 Cole Van der Merwe		Calling Academy	28.1h	+0.0	2
22 Atang Khati		Calling Academy	31.5h	+0.0	3
23 Garnet Kabasele		Calling Academy	33.6h	+0.0	4
24 Shadrack Motsana		Calling Academy	35.0h	+0.0	2

Boys 400 Meter Dash U14

BA Champs QS: 58.60 S

Boland A STD: 49.05 A

Name	Age	Team	Time	H#
1 O'Shea Van Niekerk		Paarl Gim	57.31 S	1
2 Etienne Roux de Villiers		Paul Roos	58.79	2
3 Alexander Smit		Strand HS	58.80	1
4 Xavier Petersen		Bergrivier	59.31	3
5 Ashwin Cupido		Groendal SS	59.53	1
6 Slabbert Maartens		Paarl Gim	59.66	3
7 Kholekile Stokwe Warner		Parel Vallei HS	1:00.65	1
8 Dylan Danze		Klein Nederburg	1:02.82	2
9 Breyton Collins		New Orleans	1:05.90	2
10 Khulile Stokwe Warner		Parel Vallei HS	1:06.02	3
11 Ernest Sibiza		Parel Vallei HS	1:07.82	2
12 Dillon Crotz		Cloetesville	1:08.27	1
13 Garnet Kabasele		Calling Academy	1:22.41	2

Boys 800 Meter Run U14

BA Champs QS: 2:14.00 S

Boland A STD: 1:54.80 A

Name	Age	Team	Time	H#
1 Francois Malherbe		Paul Roos	2:15.21	3
2 Loyiso Jack		Desmond Tutu HS	2:16.22	3
3 Deon Du Plessis		Paarl Boys High	2:20.30	1
4 Mejade Williams		Klein Nederburg	2:24.22	2
5 Zavier Coetzer		Strand HS	2:24.44	1
6 Jared Karam		Reddam	2:27.73	1
7 Alexander Smit		Strand HS	2:30.37	1
8 Deacon Booysen		Paarl Boys High	2:31.31	1
9 Vusumzi Masinai		Desmond Tutu HS	2:35.98	2
10 Devan Mentor		Franshoek HS	2:37.12	3
11 Ethan Karam		Reddam	2:43.04	2
12 Jaydon Engelbrecht		Reddam	2:51.12	3
13 Aasief Standaar		Strand HS	2:54.02	1
14 ??? Ludidi		Desmond Tutu HS	3:02.62	3
15 Siyolise Madolo		Calling Academy	3:04.56	3
16 Rory Ntshokolwana		Calling Academy	3:16.43	3
17 Daanish Arends		Calling Academy	3:17.25	2

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Results

Boys 1500 Meter Run U14

BA Champs QS: 4:45.00 S

Boland A STD: 4:30.50 A

Name	Age	Team	Time
Time			
1 Gideon Louw		Hugenote HS	4:36.8h S
2 Alexander Smit		Strand HS	4:42.9h S
3 Xavier Petersen		Bergrivier	4:45.7h
4 Deon Du Plessis		Paarl Boys High	4:55.9h
5 Duwayne Syster		Paul Roos	5:06.2h
6 Ainsley Daniels		Charleston Hill	5:16.1h
7 Garnet Kabasele		Calling Academy	5:16.3h
8 Bradley Sauls		Paarl Gim	5:16.9h
9 Cobus Marias		Parel Vallei HS	5:20.9h

Boys 100 Meter Hurdles U14

BA Champs QS: 15.40 S

Name	Age	Team	Time	Wind	H#
Time					
1 Brandt Christiaan		Paul Roos	14.4h S	NWI	2
2 Jacques Rossouw		Paarl Boys High	14.6h S	NWI	1
3 Vin-Heath Andrews		Hugenote HS	15.0h S	NWI	1
4 Jaython Wyngaard		Paul Roos	15.2h S	NWI	2
5 Thomas Dreyer		Boland Landbou	15.7h	NWI	1
6 Conway George		Strand HS	17.5h	NWI	1
6 Stefan Du Preez		Boland Landbou	17.5h	NWI	1
8 Wynand Schoeman		Paarl Gim	18.1h	NWI	2
9 Ethan Hendricks		Paarl Boys High	19.8h	NWI	1

Boys 300 Meter Hurdles U14

BA Champs QS: 48.00 S

Name	Age	Team	Time
Time			
1 Jayden Daniels		Parel Vallei HS	41.99 S
2 Jacques Rossouw		Paarl Boys High	44.26 S
3 Thomas Dreyer		Boland Landbou	49.03
4 Tiaan Naudé		Strand HS	49.34
5 Wyatt Strydom		Paul Roos	51.47
6 Conway George		Strand HS	52.62

Boys High Jump U14

BA Champs QS: 1.58m S

Name	Age	Team	Time
Time			
1 Stefan Du Preez		Boland Landbou	1.68m S
2 Jacques Rossouw		Paarl Boys High	1.63m S
3 Marlon Abrahamse		Labori HS	1.58m S
4 Jaython Wyngaard		Paul Roos	1.55m
4 Ruben Vogel		Paarl Gim	1.55m
6 Liam Daniels		Paul Roos	1.55m
7 Dewald Hanekom		Paarl Gim	1.50m
7 Vin-Heath Andrews		Hugenote HS	1.50m
9 Kamva Mangena		Noorder Paarl	1.50m
9 Storm Jerome Topley		Paul Roos	1.50m
11 Liam Dick		Hugenote HS	1.40m
11 Kholekile Stokwe Warner		Parel Vallei HS	1.40m

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Results

Boys Long Jump U14

BA Champs QS: 5.40m S

Time	Name	Age	Team	Time	Wind
1	O'Shea Van Niekerk		Paarl Gim	5.44m S	1.3
2	Liam Daniels		Paul Roos	5.40m S	0.5
3	Loyiso Jack		Desmond Tutu HS	5.33m	1.1
4	Harris Dyllan Edward		Paul Roos	5.10m	0.8
5	Vin-Heath Andrews		Hugenote HS	5.05m	1.7
6	Stefan Du Preez		Boland Landbou	5.02m	1.8
7	Kamva Mangena		Noorder Paarl	4.84m	1.6
8	Dylan Danze		Klein Nederburg	4.72m	-0.2
9	Deeolen April		Hugenote HS	4.57m	0.9
10	Thomas Dreyer		Boland Landbou	4.51m	1.1
11	Liam Dick		Hugenote HS	4.46m	2.8
12	Trusthon Klaasen		Cloetesville	4.44m	2.0
13	Christopher Hendricks		Paarl Boys High	4.41m	1.6
14	Katleho Bulane		Calling Academy	4.23m	0.1
14	Gerrit Adriaanse		Stellenzicht SS	4.23m	1.0
16	Sheldon Abrahams		Cloetesville	4.18m	1.5
17	Jaydon Engelbrecht		Reddam	4.07m	+0.0
18	Dian Pretorius		Paarl Gim	3.82m	-1.7
19	Lebohang Memela		Calling Academy	3.79m	+0.0
20	Lindani Mabuto		Calling Academy	3.59m	0.4
21	Liyema Pika		Desmond Tutu HS	3.53m	0.9
22	Siyolise Madolo		Calling Academy	3.51m	1.4
23	Cole Van der Merwe		Calling Academy	3.49m	-1.1
24	Sivuyise Cetywayo		Desmond Tutu HS	3.08m	-0.6
25	Bukho Nkiwana		Desmond Tutu HS	3.04m	0.5

Boys Shot Put U14

BA Champs QS: 11.00m S

Time	Name	Age	Team	Time
1	Franco Nolan		Boland Landbou	13.65m S
2	John-Oliver Klynsmith		Paul Roos	13.28m S
3	Dian Van Heerden		Paarl Gim	11.71m S
4	Jo Himmelstutzer		Paarl Boys High	11.70m S
5	Pieter Van Schalkwyk		Hugenote HS	10.48m
6	Jonathan Smith		Labori HS	9.91m
7	Chad Williams		Klein Nederburg	9.79m
8	Christopher Smit		Strand HS	9.70m

Boys Discus Throw U14

BA Champs QS: 30.00m S

Time	Name	Age	Team	Time
1	John-Oliver Klynsmith		Paul Roos	42.41m S
2	Dian Van Heerden		Paarl Gim	41.16m S
3	Jo Himmelstutzer		Paarl Boys High	39.45m S
4	Elton Lombaard		Unknown	39.27m S
5	Emile Olivier		Hugenote HS	36.40m S
6	Daanish Arends		Calling Academy	35.04m S
7	Pieter Van Schalkwyk		Hugenote HS	34.66m S
8	Hannes Van Wyk		Boland Landbou	32.99m S

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Time ... (Boys Discus Throw U14)

Name	Age	Team	Time
9 Kenneth Janson		Paarl Boys High	27.80m

Boys Javelin Throw U14

BA Champs QS: 39.00m S

Name	Age	Team	Time
1 JC Notnagel		Boland Landbou	44.62m S
2 Erik Viljoen		Paarl Boys High	42.49m S
3 Adam Niklaus		Hugenote HS	39.91m S
4 Reuben Joubert		Boland Landbou	37.64m
5 Christiaan Kotze		Parel Vallei HS	37.59m
6 Dian Van Heerden		Paarl Gim	36.92m

Boys 100 Meter Dash U15

BA Champs QS: 11.80 S

Boland A STD: 10.96 A

Name	Age	Team	Time	Wind	H#
1 Wayde Dale Luke		Paul Roos	11.99	NWI	4
2 King-David Momoh		Paul Roos	12.11	NWI	2
3 Nathan Jacobs		New Orleans	12.12	NWI	2
4 Ivana Richards		Paarl Boys High	12.44	NWI	1
5 Ruwahl Van Der Merwe		Kylemore SS	12.54	NWI	2
6 Tebo Thom		Klein Nederburg	12.81	NWI	3
6 Cambill Fortune		Kylemore SS	12.81	NWI	2
8 Jaydon-Lee De Viliers		Wellington HS	13.01	NWI	2
9 Luke Stander		Noorder Paarl	13.05	NWI	3
10 Keaton Kruger		Bergrivier	13.06	NWI	3
11 Nathan Grootboom		Strand HS	13.18	NWI	1
12 Rowan Simonse		Paarl Gim	13.38	NWI	1
13 Abdul-Fattaah Adams		Strand HS	14.12	NWI	1
14 Jevannie Brink		Charleston Hill	14.20	NWI	2
15 Vernon Conradie		Groendal SS	14.56	NWI	1

Boys 200 Meter Dash U15

BA Champs QS: 24.30 S

Boland A STD: 21.70 A

Name	Age	Team	Time	Wind	H#
1 Wayde Dale Luke		Paul Roos	23.5h S	NWI	2
2 Nathan Jacobs		New Orleans	24.3h S	NWI	4
2 Hakeem Kunene		Paarl Boys High	24.3h S	NWI	1
4 Ivana Richards		Paarl Boys High	24.4h	NWI	1
5 Jaydon-Lee De Viliers		Wellington HS	25.2h	NWI	1
6 Tebo Thom		Klein Nederburg	25.3h	NWI	2
7 Cambill Fortune		Kylemore SS	25.5h	NWI	3
8 Duran Stevens		Franshoek HS	25.7h	NWI	4
8 Nathan Grootboom		Strand HS	25.7h	NWI	1
10 Marcello Arries		Paarl Gim	26.3h	NWI	3
11 Luciano Koordom		New Orleans	26.4h	NWI	4
12 Keaton Kruger		Bergrivier	26.6h	NWI	3
13 Shadrack Motsana		Calling Academy	27.5h	NWI	4
14 Yanga Yoyi		Ihlumelo Secondary	28.2h	NWI	1
15 Abdul-Fattaah Adams		Strand HS	28.3h	NWI	1

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Results

Time ... (Boys 200 Meter Dash U15)

Name	Age	Team	Time	Wind	H#
16 Rowan Simonse		Paarl Gim	36.7h	NWI	3

Boys 400 Meter Dash U15

BA Champs QS: 55.00 S

Boland A STD: 49.05 A

Name	Age	Team	Time	H#
1 Leslie De Lange		Parel Vallei HS	52.50 S	2
2 Bevan Simons		Paarl Boys High	53.60 S	1
3 Keagan Smith		Paarl Boys High	54.70 S	1
3 Hennie Siebenhagen		Paarl Gim	54.70 S	4
5 Pierre Van Staden		Paarl Gim	55.10	1
6 Hanrich Chris Swart		Paul Roos	55.21	4
7 Emile Liebenberg		Wellington HS	57.51	3
8 Tebo Thom		Klein Nederburg	58.62	2
9 Nathan Jacobs		New Orleans	58.82	4
10 Charel Blom		Stellenbosch HS	59.40	2
11 Shoso Zangani		Wellington HS	59.81	2
12 Josh Alexander		Klein Nederburg	59.91	3
13 Luciano Koordom		New Orleans	1:02.50	1
14 Alferno Hendricks		Stellenzicht SS	1:20.40	3

Boys 800 Meter Run U15

BA Champs QS: 2:11.50 S

Boland A STD: 1:54.80 A

Name	Age	Team	Time	H#
1 Leslie De Lange		Parel Vallei HS	2:04.99 S	3
2 Hennie Siebenhagen		Paarl Gim	2:07.59 S	2
3 Jan Welman Slabbert		Paul Roos	2:10.11 S	1
4 Jaydon-Lee De Viliers		Wellington HS	2:15.61	2
5 Duricell Esterhuizen		Paulus Joubert	2:17.39	1
6 Enrico Swarts		Charleston Hill	2:17.89	1
7 Bradley Mentoor		Paulus Joubert	2:18.18	3
8 Estrim Van der Merwe		Hugenote HS	2:21.74	2
9 Friederich Bauermeister		Paarl Boys High	2:24.98	1
10 Matthew Rall		Parel Vallei HS	2:25.95	2
11 Gian-Carlo Booyesen		Hugenote HS	2:26.76	2
12 Juan Van Staden		Strand HS	2:35.37	1
13 De-Andre Truter		Hugenote HS	2:36.29	3
14 Relebohile Moliet		Strand HS	2:40.28	1
15 Dieter Nieuwoudt		Stellenbosch HS	2:48.62	2

Boys 1500 Meter Run U15

Name	Age	Team	Time
1 Jan Welman Slabbert		Paul Roos	4:34.3h
2 Duricell Esterhuizen		Paulus Joubert	4:41.3h
3 Matthew Rall		Parel Vallei HS	4:50.4h
4 Juan Van Staden		Strand HS	4:53.1h
5 Friederich Bauermeister		Paarl Boys High	4:59.9h
6 Thias Barkhuizen		Paarl Gim	5:26.7h
7 De-Andre Truter		Hugenote HS	5:29.2h

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Boys 3000 Meter Run U15

BA Champs QS: 10:00.00 S

Boland A STD: 8:50.00 A

	Name	Age	Team	Time
Time				
1	Keithan Oliphant		Boland Landbou	10:16.60
2	Alexander Smit		Strand HS	10:26.40
3	Juan Van Staden		Strand HS	10:29.80

Boys 100 Meter Hurdles U15

BA Champs QS: 14.80 S

	Name	Age	Team	Time	Wind
Time					
1	Jacques De Villiers		Paarl Boys High	13.6h S	NWI
2	Keagan Smith		Paarl Boys High	13.9h S	NWI
3	Rudi Willemse		Boland Landbou	14.3h S	NWI
4	Ryan Kloosman		Strand HS	15.2h	NWI
5	Ruan Suanders		Paul Roos	16.2h	NWI
6	Chaldon Hartley		Strand HS	20.7h	NWI

Boys 300 Meter Hurdles U15

BA Champs QS: 45.00 S

	Name	Age	Team	Time
Time				
1	Keagan Smith		Paarl Boys High	42.03 S
2	Rudi Willemse		Boland Landbou	43.54 S
3	Ryan Kloosman		Strand HS	44.56 S
4	Keanu Philander		Hugenote HS	44.58 S

Boys 1500 Meter Steeplechase U15

BA Champs QS: 5:30.00 S

	Name	Age	Team	Time
Time				
1	Enrico Swarts		Charleston Hill	5:16.6h S
2	Bradley Mentoor		Paulus Joubert	5:42.5h

Boys High Jump U15

BA Champs QS: 1.68m S

	Name	Age	Team	Time
Time				
1	Reece Nathan Montsumi		Paul Roos	1.95m S
2	Donre Louw		Paarl Gim	1.75m S
3	Herchelle Magerman		Hugenote HS	1.65m
3	Rayner Robert Van Driel		Paul Roos	1.65m
5	Ferdi Labuschagne		Paarl Gim	1.65m
6	Luke Van Schoor		Paarl Boys High	1.60m

Boys Pole Vault U15

BA Champs QS: 2.79m S

	Name	Age	Team	Time
Time				
1	Ferdi Labuschagne		Paarl Gim	3.90m S
2	Ruben Vogel		Paarl Gim	3.40m S
3	Migail Van Huyssteen		Paarl Gim	2.90m S
4	Wynand Schoeman		Paarl Gim	2.90m S
5	Wilhelm Cronje		Paarl Boys High	2.80m S

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Time ... (Boys Pole Vault U15)

Name	Age	Team	Time
6 Nealen Wannenburg		Paarl Boys High	2.60m
7 Etienne De Villiers		Paul Roos	2.40m
8 Stephan Marais		Paarl Gim	2.40m
9 Thias Bartkhuizen		Paarl Gim	2.20m
10 Sebastian Aylward		Paarl Gim	2.20m
10 Kyle Vledsman		Paarl Gim	2.20m

Boys Long Jump U15

BA Champs QS: 6.00m S

Name	Age	Team	Time	Wind
1 Hakeem Kunene		Paarl Boys High	6.21m S	1.4
2 Christian Pretorius		Paarl Gim	6.14m S	2.0
3 Aslam Chasha Sulleman		Paul Roos	5.71m	1.7
4 Yaseen Cupido		Bergrivier	5.64m	3.6
5 Justin Warriess		Klein Nederburg	5.50m	2.6
6 Nathan Grootboom		Strand HS	5.44m	2.1
7 Ethan Isaacs		Paarl Boys High	5.31m	1.2
8 Caydon Lawrence		Hugenote HS	5.26m	1.7
9 Luciano Koordom		New Orleans	5.10m	3.2
10 Devon Filander		Klein Nederburg	5.09m	2.0
11 Cairin Björn Kayser		Paul Roos	4.99m	2.1
12 Keaton Albertus		Wellington HS	4.95m	0.8
13 Shawn Meyer		Strand HS	4.87m	3.3
14 Lucia Van Staden		Charleston Hill	4.80m	3.2
14 Sethu Siguqa		Khyamandi HS	4.80m	2.3
16 Abdul-Fattaah Adams		Strand HS	4.63m	1.6
16 Rowan Simonse		Paarl Gim	4.63m	2.4
18 Chaldon Hartley		Strand HS	4.57m	1.3
19 Ruben Van Wyk		Hugenote HS	4.53m	1.6
20 Relebohile Moliets		Strand HS	4.00m	2.7

Boys Triple Jump U15

BA Champs QS: 12.00m S

Name	Age	Team	Time	Wind
1 Christian Pretorius		Paarl Gim	12.00m S	-4.2
2 Luke Van Schoor		Paarl Boys High	11.90m	-3.9
3 Aslam Chasha Sulleman		Paul Roos	11.58m	-4.1
4 Herchelle Magerman		Hugenote HS	11.55m	-2.5
5 Caydon Lawrence		Hugenote HS	11.15m	-1.8
6 Ethan Isaacs		Paarl Boys High	10.85m	-2.6
7 Ruben Van Wyk		Hugenote HS	9.49m	-4.1

Boys Shot Put U15

BA Champs QS: 13.00m S

Name	Age	Team	Time
1 Coetzee Le Roux		Paarl Boys High	17.10m S
2 Emile Hanekom		Paarl Gim	14.28m S
3 Dieter Mohr		Boland Landbou	13.07m S
4 Adin January		Paarl Boys High	12.14m
5 Estian Jordaan		Stellenbosch HS	12.07m
6 Shaun Van Schalkwyk		Franshoek HS	11.98m

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Time ... (Boys Shot Put U15)

Name	Age	Team	Time
7 Eathan Smith		Klein Nederburg	11.62m
8 Leeton Koopman		Wellington HS	11.49m
9 Tristan Van Dyk		Paul Roos	11.34m
10 Adriaan Vlok		Labori HS	11.26m

Boys Discus Throw U15

BA Champs QS: 42.00m S

Name	Age	Team	Time
1 Coetzee Le Roux		Paarl Boys High	52.51m S
2 Emile Hanekom		Paarl Gim	46.99m S
3 Pierre Van Staden		Paarl Gim	46.84m S
4 Dieter Mohr		Boland Landbou	46.50m S
5 Kleeve Jordan		Paarl Boys High	41.20m
6 Adriaan Vlok		Labori HS	39.64m
7 Leeton Koopman		Wellington HS	34.64m

Boys Hammer Throw U15

BA Champs QS: 38.00m S

Name	Age	Team	Time
1 JP Du Plessis		Boland Landbou	46.73m S
2 Willie Liebenberg		Paarl Boys High	41.53m S
3 Mark Lategan		Parel Vallei HS	38.21m S
4 Jandre Coetzee		Hugenote HS	34.28m
5 Christopher Smit		Strand HS	25.20m
6 Mian Van Rooyen		Hugenote HS	22.79m

Boys Javelin Throw U15

BA Champs QS: 46.00m S

Name	Age	Team	Time
1 CP Kleynhans		Paarl Gim	57.83m S
2 Willie Liebenberg		Paarl Boys High	55.64m S
3 Corné Swart		Paarl Gim	53.25m S
4 Coetzee Le Roux		Paarl Boys High	50.50m S
5 Tristan Van Dyk		Paul Roos	45.57m
6 Joone Smuts		Paarl Boys High	43.83m
7 Pierre Gertenbach		Boland Landbou	38.80m
8 Ruben Van Wyk		Hugenote HS	38.48m
9 Ethan Swartz		Klein Nederburg	32.83m
10 Him Van Rooyen		Klein Nederburg	32.80m

Boys 5000 Meter Race Walk U15

BA Champs QS: 31:00.00 S

Name	Age	Team	Time
1 Lain De Villiers		Boland Landbou	31:22.50
2 Ryno Swart		Boland Landbou	33:31.00
3 CJ Bester		Boland Landbou	33:49.70
4 Lucia Van Staden		Charleston Hill	34:45.80
5 Somile Baba		Strand HS	35:50.50
5 Algro Bastiaan		Charleston Hill	35:50.50

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Results

Boys 100 Meter Dash U17

BA Champs QS: 11.50 S

Boland A STD: 10.96 A

	Name	Age	Team	Time	Wind	H#
Time						
1	Curwin Gertse		Paarl Gim	11.37 S	NWI	1
2	Javier Farmer		Paarl Boys High	11.41 S	NWI	1
3	Angelo Osch		Paarl Boys High	11.57	NWI	1
4	Ruthan Valentyn		Klein Nederburg	11.70	NWI	3
5	Zandre Jacobs		Paarl Gim	11.84	NWI	1
6	Moeketsi Ntlaba		New Orleans	11.85	NWI	3
7	Jaden Witbooi		Paarl Gim	11.87	NWI	1
8	Rohan Marnus		Wellington HS	11.95	NWI	1
9	Aiden Neff		Klein Nederburg	12.02	NWI	3
10	Joshua Le Grange		Paul Roos	12.06	NWI	4
11	Hazron April		New Orleans	12.15	NWI	4
12	Kyle Slater		Parel Vallei HS	12.30	NWI	2
13	Leagan Jagman		Klein Nederburg	12.33	NWI	3
14	Caleb Pisani		Charleston Hill	12.45	NWI	4
15	Lincon Nichols		Groendal SS	12.46	NWI	1
16	CJ Olivier		Strand HS	12.62	NWI	2
16	Nathan Malgarte		Noorder Paarl	12.62	NWI	2
18	Lyton Ndhlo		Franshoek HS	12.66	NWI	3
19	Branwill Claasen		New Orleans	12.69	NWI	2
20	Toufeeq Brinkhuis		Strand HS	12.74	NWI	2
21	Elrico Raubenheimer		Stellenzicht SS	12.83	NWI	4

Boys 200 Meter Dash U17

BA Champs QS: 23.30 S

Boland A STD: 21.70 A

	Name	Age	Team	Time	Wind	H#
Time						
1	Angelo Osch		Paarl Boys High	22.8h S	NWI	1
1	Moketsi Ntlaba		New Orleans	22.8h S	NWI	3
3	Javier Farmer		Paarl Boys High	22.9h S	NWI	1
3	Ruthan Valentyn		Klein Nederburg	22.9h S	NWI	2
5	Lincoln Scheepers		Kylemore SS	23.1h S	NWI	3
6	Zandre Jacobs		Paarl Gim	23.4h	NWI	1
6	Jaden Witbooi		Paarl Gim	23.4h	NWI	1
8	Hazron April		New Orleans	23.6h	NWI	2
8	Aiden Neff		Klein Nederburg	23.6h	NWI	2
10	Dewald De Koker		Strand HS	23.7h	NWI	1
11	Lyton Ndhlo		Franshoek HS	24.0h	NWI	4
12	Lincon Nichols		Groendal SS	24.2h	NWI	2
13	Branwill Claasen		New Orleans	24.3h	NWI	3
14	Eric Kelly		Parel Vallei HS	24.7h	NWI	2
15	Warren Booysen		Ihlumelo Secondary	24.9h	NWI	4
16	Elrico Raubenheimer		Stellenzicht SS	25.1h	NWI	4
16	Ayabonga Mteto		Khyamandi HS	25.1h	NWI	3
18	Toufeeq Brinkhuis		Strand HS	25.2h	NWI	1
19	Milano Terry		Noorder Paarl	25.4h	NWI	3
20	Junaid Swanepoel		Strand HS	28.0h	NWI	1
21	Lungelo Mandlakhe		Desmond Tutu HS	28.3h	NWI	2

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Results

Boys 400 Meter Dash U17

BA Champs QS: 52.80 S

Boland A STD: 49.05 A

	Name	Age	Team	Time	H#
Time					
1	Luciano Custodio		Paarl Boys High	49.71 S	1
2	Dewald De Koker		Strand HS	51.43 S	1
3	Angelo Osch		Paarl Boys High	51.92 S	1
4	Lincoln Scheepers		Kylemore SS	52.31 S	2
5	Wynand Neethling		Paul Roos	52.41 S	3
6	Hermanus Egbertus Kotzé		Paul Roos	52.90	2
7	Lincon Nichols		Groendal SS	53.31	1
8	Rowan Wicomb		Paarl Boys High	53.91	1
9	Jason Roux		Boland Landbou	54.00	1
10	Braham Meyer		Parel Vallei HS	54.41	2
11	Jayden Van Wyk		Bergrivier	54.94	4
12	Daniel Briers Louw		Paarl Gim	55.00	2
13	Nathan August		New Orleans	56.00	4
14	Hamilton Khohlakala		Parel Vallei HS	56.43	2
15	Vernico Petersen		Noorder Paarl	56.51	3
16	Natanael young		Groendal SS	57.11	2
17	Keene Munnick		Groendal SS	57.50	1
18	Andre Swanepoel		Bredasdorp AC	59.14	3

Boys 800 Meter Run U17

BA Champs QS: 2:04.00 S

Boland A STD: 1:54.80 A

	Name	Age	Team	Time	H#
Time					
1	Conwill Duiker		Paarl Gim	1:58.20 S	4
2	Wynand Neethling		Paul Roos	1:58.73 S	3
3	Gawain Jantjies		Paarl Gim	1:59.41 S	1
4	Johnnic Arnolds		Weltevrede SS	2:01.59 S	1
5	Joshua Caleb Sunderland		Paul Roos	2:03.10 S	1
6	Albertus Le Roux		Stellenbosch HS	2:07.62	3
7	Sipo Tasana		New Orleans	2:08.12	3
8	Wano Katjiri		Stellenbosch HS	2:08.54	3
9	Randall Roberts		Noorder Paarl	2:19.20	2
10	Adriaan Lambrechts		Strand HS	2:22.69	1
11	Francois Rossouw		Parel Vallei HS	2:26.10	3
12	Alex Daniels		Paarl Gim	2:26.60	4
13	Yamkela Bonase		Desmond Tutu HS	2:27.31	3

Boys 1500 Meter Run U17

BA Champs QS: 4:18.00 S

Boland A STD: 4:03.50 A

	Name	Age	Team	Time
Time				
1	Conwill Duiker		Paarl Gim	4:07.5h S
2	Stephen Millard		Paul Roos	4:08.8h S
3	Gawain Jantjies		Paarl Gim	4:10.2h S
4	Jenowin September		Noorder Paarl	4:10.7h S
5	Alec Michael Botha		Paul Roos	4:11.4h S
6	Loyiso Skiti		Desmond Tutu HS	4:15.4h S
7	Philip Stiaan Van Huyssteen		Paul Roos	4:17.5h S

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Time ... (Boys 1500 Meter Run U17)

Name	Age	Team	Time
8 Johnnic Arnolds		Weltevrede SS	4:19.0h

Boys 3000 Meter Run U17

BA Champs QS: 9:28.00 S

Boland A STD: 8:50.00 A

Name	Age	Team	Time
1 Jenowin September		Noorder Paarl	9:27.20 S
2 Philip Stiaan Van Huyssteen		Paul Roos	9:34.20
3 Nolan Diedericks		Paarl Gim	9:44.90
4 Rohan Britz		Strand HS	9:55.80

Boys 110 Meter Hurdles U17

BA Champs QS: 16.50 S

Boland A STD: 14.28 A

Name	Age	Team	Time	Wind	H#
1 Curwin Gertse		Paarl Gim	13.4h A	NWI	1
2 Tiaan Pretorius		Paul Roos	13.8h A	NWI	1
3 Stephan du Toit		Paarl Gim	14.0h A	NWI	2
4 Pierre De Jongh		Paarl Boys High	15.0h S	NWI	1
5 Martin Marquin Claasen		Paul Roos	15.6h S	NWI	2
6 Rowan Wicomb		Paarl Boys High	16.0h S	NWI	1
7 Jemaine Slaver		Paarl Boys High	16.6h	NWI	1
8 Andre Swanepoel		Bredasdorp AC	17.7h	NWI	2

Boys 400 Meter Hurdles U17

BA Champs QS: 1:01.50 S

Boland A STD: 54.26 A

Name	Age	Team	Time	H#
1 Luciano Custodio		Paarl Boys High	54.51 S	1
2 Pierre De Jongh		Paarl Boys High	56.57 S	1
3 Adriaan Kennedy		Strand HS	57.13 S	1
4 Stephan du Toit		Paarl Gim	57.21 S	2
5 Jayden Van Wyk		Bergrivier	58.00 S	2
6 Rowan Wicomb		Paarl Boys High	59.34 S	1
7 Branwill Claasen		New Orleans	59.53 S	2
8 Hamilton Khohlakala		Parel Vallei HS	1:03.12	2
9 Matthew Coetzee		Weltevrede SS	1:05.00	2

Boys 2000 Meter Steeplechase U17

BA Champs QS: 6:50.00 S

Boland A STD: 6:18.78 A

Name	Age	Team	Time
1 Loyiso Skiti		Desmond Tutu HS	6:18.2h A
2 Nolan Diedericks		Paarl Gim	6:32.3h S
3 Jannes Marias		Paarl Boys High	6:32.8h S
4 Alec Michael Botha		Paul Roos	6:46.9h S
5 Giovanni Steyn		Strand HS	7:10.1h
6 Lorenzo Zimry		Cloetesville	7:34.8h

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Results

Boys High Jump U17

BA Champs QS: 1.76m S

	Name	Age	Team	Time
Time				
1	Matthew Jacobs		Paarl Gim	1.86m S
2	Adriaan Kennedy		Strand HS	1.86m S
3	Jamie Rogers		Wellington HS	1.81m S
4	Carl Van der Westhuizen		Hugenote HS	1.76m S
4	Marco De Witt		Boland Landbou	1.76m S
5	Bradley Austen		Parel Vallei HS	1.76m S
6	Julian Johannes		Noorder Paarl	1.76m S
7	Joshua Hendricks		Paarl Boys High	1.76m S
9	Keenan Bailey		Paul Roos	1.71m
9	Mark Kleinhans		Paul Roos	1.71m
11	Tyson Blankenberg		Noorder Paarl	1.66m
11	Tiaan Engelbrecht		Hugenote HS	1.66m
13	Molato Phokeng		Ihlumelo Secondary	1.61m
13	Gillon Smith		Kylemore SS	1.61m
13	Cian Vorster		Stellenbosch HS	1.61m
13	Guillaume Yed		Bridge House	1.61m
17	Ben Du Plooy		Labori HS	1.55m

Boys Pole Vault U17

BA Champs QS: 3.40m S

	Name	Age	Team	Time
Time				
1	Nikolai Van Huyssteen		Paarl Gim	4.67m S
2	Neil Basson		Paul Roos	3.40m S
3	Johan Daniel Slabbert		Paul Roos	3.00m
3	David Fourie Swart		Paul Roos	3.00m
5	Hein Joubert Swart		Paul Roos	2.80m
5	Andre Swanepoel		Bredasdorp AC	2.80m

Boys Long Jump U17

BA Champs QS: 6.30m S

	Name	Age	Team	Time	Wind
Time					
1	Rohan Marnus		Wellington HS	6.59m S	2.8
2	Migdel Basson		Paarl Gim	6.45m S	2.1
3	Cameron Roberts		Paarl Boys High	6.38m S	3.0
4	Kyle Slater		Parel Vallei HS	6.18m	3.7
5	Martin Marquin Claasen		Paul Roos	6.03m	2.1
6	Andre Swanepoel		Bredasdorp AC	6.00m	3.2
7	Mark Kleinhans		Paul Roos	5.93m	2.5
8	Ethan Demas		Wellington HS	5.89m	2.5
9	Xavier Titus		Noorder Paarl	5.79m	4.2
10	Daniel Wildeman		Paarl Boys High	5.72m	5.6
11	Marlin Riley		Paarl Gim	5.70m	2.0
12	Natanael young		Groendal SS	5.66m	1.7
13	Eric Kelly		Parel Vallei HS	5.48m	3.8
13	Guillaume Yed		Bridge House	5.48m	2.9
15	Toufeeq Brinkhuis		Strand HS	5.42m	1.8
16	Mihle Vanana		Desmond Tutu HS	4.99m	2.0
17	Ben Du Plooy		Labori HS	4.74m	3.0

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Boys Triple Jump U17

BA Champs QS: 12.60m S

	Name	Age	Team	Time	Wind
Time					
1	Matt Fairbairn		Paarl Boys High	13.74m S	-0.5
2	Marlin Riley		Paarl Gim	12.92m S	0.3
3	David Abrahams		Paarl Boys High	12.52m	-1.1
4	Canon Moody		Boland Landbou	12.15m	-0.1
5	Juan Luus		Strand HS	12.02m	-0.8
6	Trevino Swartz		Boland Landbou	11.23m	-1.2

Boys Shot Put U17

BA Champs QS: 14.00m S

	Name	Age	Team	Time
Time				
1	Sebastian Lombaard		Paarl Boys High	15.13m S
2	Rynhardt Rijnsburger		Paarl Boys High	15.03m S
3	Angus Stuart		Labori HS	13.78m
4	Armand Maritz		Paul Roos	13.71m
5	Nicholas Goble		Parel Vallei HS	13.47m
6	Roux Nieuwoudt		Parel Vallei HS	12.83m
7	Andre Swanepoel		Bredasdorp AC	8.50m

Boys Discus Throw U17

BA Champs QS: 40.00m S

	Name	Age	Team	Time
Time				
1	Rynhardt Rijnsburger		Paarl Boys High	49.60m S
2	Jacques Maingard		Paarl Boys High	41.05m S
3	Hendrik Johann Erasmus		Paul Roos	38.19m
4	Damien Bothma		Paarl Gim	38.00m
5	Lyle Titus		Parel Vallei HS	37.15m
6	Luhan Steyn		Boland Landbou	36.22m
7	Willem Jacobus Schoeman		Paul Roos	35.89m
8	Andre Swanepoel		Bredasdorp AC	25.50m

Boys Hammer Throw U17

BA Champs QS: 47.80m S

	Name	Age	Team	Time
Time				
1	Damien Bothma		Paarl Gim	64.53m S
2	Joruhan de Wit		Paarl Gim	57.78m S
3	Juanu Olivier		Boland Landbou	55.89m S
4	Marco De Witt		Boland Landbou	50.96m S
5	Jeanne Fryer		Hugenote HS	46.09m
6	Abrie Louw		Hugenote HS	42.78m
7	Hendrik Johann Erasmus		Paul Roos	41.97m
8	Rynhardt Rijnsburger		Paarl Boys High	41.10m
9	Ryan Prinsloo		Labori HS	36.39m

Boys Javelin Throw U17

BA Champs QS: 51.00m S

	Name	Age	Team	Time
Time				
1	Rynhardt Botha		Paarl Boys High	50.32m
2	Danniell Rex Coetzee		Paul Roos	44.56m

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Time ... (Boys Javelin Throw U17)

Name	Age	Team	Time
3 Eugene Adams		Charleston Hill	43.25m
4 Keeshlin Arendse		Wellington HS	33.56m
5 Andre Swanepoel		Bredasdorp AC	29.90m

Boys 10000 Meter Race Walk U17

BA Champs QS: 1:05:00.00 S

Boland A STD: 52:52.70 A

Name	Age	Team	Time
1 Gerhard Eckley		Parel Vallei HS	58:16.48 S
2 Benjiman Brett		Parel Vallei HS	1:04:35.00 S
3 Cleo Ambrose		Paulus Joubert	1:06:12.00
4 Zavier Retief		Paulus Joubert	1:06:52.00
5 Pieter Lambrechts		Strand HS	1:07:01.00
6 Leighton Joseph		Strand HS	1:07:04.00
6 Michael Fouché		Strand HS	1:07:04.00
8 Granwill McDonald		Strand HS	1:13:00.00
9 Tiaan Mollentze		Boland Landbou	1:13:10.00

Boys 100 Meter Dash U19

BA Champs QS: 11.30 S

Boland A STD: 10.81 A

Name	Age	Team	Time	Wind	H#
1 Tiaan Whelpton		Paul Roos	11.30 S	NWI	2
2 Gershon September		Strand HS	11.56	NWI	1
3 Peter-John Muller		Noorder Paarl	11.73	NWI	3
4 Neo Masipa		Paarl Boys High	11.79	NWI	1
5 Jacquin Esau		Kylemore SS	11.82	NWI	3
6 Renaldo Young		New Orleans	11.88	NWI	3
7 Jose George		Paarl Boys High	11.92	NWI	1
8 Guescot Williams		Paulus Joubert	11.96	NWI	1
9 Magneto Herandien		Klein Nederburg	11.98	NWI	3
10 Cade Tonkin		Paarl Boys High	12.08	NWI	3
11 Tyrone Klein		Bergrivier	12.17	NWI	3
12 Stuart Bruintjies		Hugenote HS	12.20	NWI	3
13 Shawn-Dean Jacobs		Kylemore SS	12.24	NWI	3
14 Jermaine Smith		Paulus Joubert	12.41	NWI	2

Boys 400 Meter Dash U19

BA Champs QS: 52.20 S

Boland A STD: 48.77 A

Name	Age	Team	Time	H#
1 Clé Sergio Hendricks		Paul Roos	50.41 S	3
2 Leonard Gouws		Paarl Boys High	50.61 S	1
3 Jermaine Isaacs		Paarl Gim	50.81 S	1
4 Bennie Greyling		Paul Roos	51.96 S	3
5 Tyrone Klein		Bergrivier	52.00 S	2
6 Queano Reeve Van Den Berg		New Orleans	52.62	3
7 Geuvano Davids		New Orleans	52.64	3
8 Daniel Francois Prins		Paul Roos	52.84	1
9 Renaldo Young		New Orleans	53.34	2
10 Lexton Swigelaar		Paarl Gim	53.62	2

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Time ... (Boys 400 Meter Dash U19)

Name	Age	Team	Time	H#
11 Liam Malan		Paul Roos	54.21	2
12 Edward Joubert		Wellington HS	58.11	2
13 Ruben Barry		Stellenzicht SS	1:00.00	1

Boys 800 Meter Run U19

BA Champs QS: 2:02.00 S

Boland A STD: 1:52.50 A

Name	Age	Team	Time	H#
1 Lexton Swigelaar		Paarl Gim	1:59.05 S	2
2 Marlin Riegaardt		Charleston Hill	1:59.65 S	1
3 Queano Reeve Van Den Berg		New Orleans	2:06.83	1
4 Mikhail Fisher		Parel Vallei HS	2:10.57	1
5 Jayden Smith		Parel Vallei HS	2:11.37	1
6 Chrizano Roons		Wellington HS	2:14.45	1

Boys 1500 Meter Run U19

BA Champs QS: 4:13.00 S

Boland A STD: 3:59.50 A

Name	Age	Team	Time
1 Jamie Wilson Riddle		Paul Roos	4:06.7h S
2 Marlin Riegaardt		Charleston Hill	4:10.1h S
3 Wilton Vlink		Charleston Hill	4:16.1h
4 Leehandre Robertson		Cloeteville	4:31.4h
5 Mikhail Fisher		Parel Vallei HS	4:32.2h
6 Jayden Smith		Parel Vallei HS	4:38.7h
7 Mmeli Khohli		Desmond Tutu HS	4:50.7h

Boys 5000 Meter Run U19

BA Champs QS: 16:30.00 S

Boland A STD: 15:20.50 A

Name	Age	Team	Time
1 Wilton Vlink		Charleston Hill	15:11.50 A
2 Leehandre Robertson		Cloeteville	16:47.10
3 Lyle September		Charleston Hill	17:27.80
4 Jacobus Lodewicus Cronje		Paul Roos	18:00.00

Boys 110 Meter Hurdles U19

BA Champs QS: 17.20 S

Boland A STD: 14.42 A

Name	Age	Team	Time	Wind
1 Jason Mathew October		Paul Roos	14.0h A	NWI
2 Renaldo Mackenzie		Paul Roos	14.0h A	NWI
3 Jose George		Paarl Boys High	16.2h S	NWI
4 Christiaan De Wet		Strand HS	16.4h S	NWI

Boys 400 Meter Hurdles U19

BA Champs QS: 1:00.00 S

Boland A STD: 53.94 A

Name	Age	Team	Time
1 Jason Mathew October		Paul Roos	55.78 S

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Results

Time ... (Boys 400 Meter Hurdles U19)

Name	Age	Team	Time
2 Dimitri Mngqolo		Paul Roos	1:00.46
3 Hughwan Engelbrecht		Hottentots Holland	1:01.64

Boys 3000 Meter Steeplechase U19

BA Champs QS: 10:40.00 S

Boland A STD: 9:28.10 A

Name	Age	Team	Time
1 Wilton Vlink		Charleston Hill	9:59.70 S
2 Gaynor Andrews		Stellenzicht SS	10:40.10
3 Lyle September		Charleston Hill	10:49.30

Boys High Jump U19

BA Champs QS: 1.79m S

Name	Age	Team	Time
1 Breyton Poole		Paul Roos	2.10m S
2 Christiaan De Wet		Strand HS	1.75m
2 Christiaan Beukes		Paarl Gim	1.75m
4 Leandro Hopley		Hugenote HS	1.70m
5 Byron Rhode		Kylemore SS	1.65m

Boys Pole Vault U19

BA Champs QS: 3.68m S

Name	Age	Team	Time
1 Valco Van Wyk		Paarl Gim	5.20m S
2 Ekhardt Van der Watt		Paarl Boys High	4.75m S
3 Pieter Gilomee		Paarl Gim	4.15m S
4 Renaldo Mackenzie		Paul Roos	3.00m

Boys Long Jump U19

BA Champs QS: 6.50m S

Name	Age	Team	Time	Wind
1 Brent Manuel		Hugenote HS	6.76m S	4.1
2 Tiaan Whelpton		Paul Roos	6.73m S	2.2
3 Caleb Williams		Paul Roos	6.63m S	1.4
4 Marno Dirks		Hugenote HS	6.62m S	3.0
5 Jacques Smith		Labori HS	6.44m	2.6
6 Renaldo Mackenzie		Paul Roos	6.30m	2.1
7 Gershon September		Strand HS	6.25m	2.7
8 Ashwyn Jones		Labori HS	6.15m	2.3
9 Alex Hignett		Klein Nederburg	5.86m	2.7
10 Eugene Niemann		Hugenote HS	5.46m	2.2

Boys Triple Jump U19

BA Champs QS: 13.00m S

Name	Age	Team	Time	Wind
1 Tiaan Whelpton		Paul Roos	14.22m S	5.7
2 Marno Dirks		Hugenote HS	13.43m S	6.7

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Results

Boys Shot Put U19

BA Champs QS: 13.80m S

Name	Age	Team	Time
Time			
1 Ewan Roos		Paarl Boys High	14.19m S
2 Zaan Hendricks		Cloetesville	12.95m

Boys Discus Throw U19

BA Champs QS: 40.00m S

Name	Age	Team	Time
Time			
1 Franco Vermeulen		Maties AC	50.91m S
2 Ewan Roos		Paarl Boys High	44.08m S
3 Daniël Theron		Labori HS	36.11m
4 Amedee Venter		Hugenote HS	28.84m
5 Zaan Hendricks		Cloetesville	24.45m

Boys Hammer Throw U19

BA Champs QS: 42.00m S

Name	Age	Team	Time
Time			
1 Dean Nieuwoudt		Paarl Gim	42.31m S

Boys Javelin Throw U19

BA Champs QS: 50.00m S

Name	Age	Team	Time
Time			
1 Juan Smith		Hugenote HS	62.02m S
2 Freddie Visser		Paarl Gim	57.47m S
3 Renier Janse van Rensburg		Paarl Boys High	55.53m S
4 Michael Cloete		Bergrivier	43.98m

Boys 10000 Meter Race Walk U19

BA Champs QS: 1:04:00.00 S

Boland A STD: 53:39.40 A

Name	Age	Team	Time
Time			
1 Dian Kenny		Boland Landbou	59:59.81 S
2 Franco Jones		Boland Landbou	1:11:51.00
3 Phillip Du Toit		Boland Landbou	1:12:51.00

Men 200 Meter Dash U19

BA Champs QS: 23.00 S

Boland A STD: 21.44 A

Name	Age	Team	Time	Wind	H#
Time					
1 Bennie Greyling		Paul Roos	22.2h S	NWI	1
1 Manfred Ndamane		Paarl AC	22.2h S	NWI	3
3 Shawn-Dean Jacobs		Kylemore SS	22.4h S	NWI	3
4 Neo Masipa		Paarl Boys High	22.7h S	NWI	1
5 Renaldo Young		New Orleans	23.1h	NWI	1
6 Guescot Williams		Paulus Joubert	23.2h	NWI	2
7 Caleb Williams		Paul Roos	23.4h	NWI	2
7 Stuart Bruintjies		Hugenote HS	23.4h	NWI	1
9 Tyrone Klein		Bergrivier	23.6h	NWI	2
10 Jermaine Smith		Paulus Joubert	24.0h	NWI	2

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Results

Time ... (Men 200 Meter Dash U19)

Name	Age	Team	Time	Wind	H#
10 Geuvano Davids		New Orleans	24.0h	NWI	2
12 Renaldo Mackenzie		Paul Roos	24.1h	NWI	1
13 Franscois De Beer		Unknown	24.2h	NWI	3
13 Cade Tonkin		Paarl Boys High	24.2h	NWI	1
15 Byron Williams		Weltevrede SS	24.3h	NWI	1
16 Renaldo Geswind		Noorder Paarl	24.5h	NWI	2
17 Kyle Daniels		Weltevrede SS	24.8h	NWI	3
17 Duwayne Grootboom		Wellington HS	24.8h	NWI	3

Men 100 Meter Dash Senior

Boland A STD: 10.32 A

Boland B STD: 10.42 B

Name	Age	Team	Time	Wind	H#
Time					
1 Iveyano Vyfer		Maties AC	11.01	NWI	1
2 Curt Ruiters		Maties AC	11.17	NWI	1
3 Edward Johannisen		Paarl AC	11.55	NWI	2
4 Nicholas Swarts		Maties AC	11.88	NWI	2
5 Dyan Buis		Maties AC	11.93	NWI	1
6 Carvial Herskwa		Paarl AC	12.25	NWI	2
7 Charl Du Toit		Maties AC	12.26	NWI	1
8 Anthony Solomons		Unknown	12.94	NWI	2
9 Elroy Alexander		Charleston Hill	13.11	NWI	2
10 Christo Jephtas		Unknown	14.79	NWI	2

Men 200 Meter Dash Senior

Boland A STD: 20.99 A

Boland B STD: 21.40 B

Name	Age	Team	Time	Wind	H#
Time					
1 Iveyano Vyfer		Maties AC	22.7h	NWI	2
2 Dylan Daniels		Paarl AC	23.0h	NWI	2
3 Dyan Buis		Maties AC	23.2h	NWI	2
4 Ingvar Van Rooyen		Paarl AC	23.4h	NWI	2
5 Charl Du Toit		Maties AC	23.9h	NWI	2
5 Carvial Herskwa		Paarl AC	23.9h	NWI	2
7 Anthony Clark		Maties AC	24.6h	NWI	2
8 Alan Naude		Unknown	27.4h	NWI	1
9 Christo Jephtas		Unknown	29.8h	NWI	1

Men 400 Meter Dash Senior

Boland A STD: 46.44 A

Boland B STD: 47.23 B

Name	Age	Team	Time	H#
Time				
1 Wynand Du Toit		Maties AC	46.6h B	3
2 Gardeo Isaacs		Maties AC	47.7h	1
3 Jaden Flagg		Maties AC	48.3h	2
4 Lee-Hano Swarts		Maties AC	48.7h	2
5 Linford Maree		Maties AC	49.0h	2
6 Jesse Perez		Maties AC	49.8h	1
7 Tommie Prins		Maties AC	50.6h	1
8 Calvin Cornelius		Maties AC	52.6h	1
9 Shalton Cobern		Maties AC	53.5h	1

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Time ... (Men 400 Meter Dash Senior)

	Name	Age	Team	Time	H#
10	Pierre Jacobs		Maties AC	53.6h	1
11	George Weilbach		Maties AC	54.0h	2
12	Nicholas Swarts		Maties AC	54.4h	1
13	Anthony Clark		Maties AC	54.6h	2
14	Christiaan Von Durckheim		Stellenbosch AC	55.4h	3
15	Hendrik Petrus Beukes		Maties AC	56.0h	3
16	Ronaldo Mackenzie		Maties AC	56.7h	3
17	Leon Groeneveld		Stellenbosch AC	1:04.9h	3

Men 400 Meter Dash Senior

Boland A STD: 46.44 A

Boland B STD: 47.23 B

	Name	Age	Team	Time	H#
Time					
1	Gardeo Isaacs		Maties AC	48.3h	1
2	Jaden Flagg		Maties AC	48.7h	1
3	Zaid Williams		Stellenbosch AC	50.2h	1
3	Llewellyn Van Wyk		Maties AC	50.2h	1
5	Luke Wagenaar		Stellenbosch AC	50.4h	2
6	Francois Bruwer		Maties AC	50.6h	2
7	Tommie Prins		Maties AC	51.4h	3
7	Calvin Cornelius		Maties AC	51.4h	2
9	Anthony Clark		Maties AC	54.0h	1
10	Pierre Jacobs		Maties AC	54.3h	3
11	Christiaan Von Durckheim		Stellenbosch AC	55.9h	3
12	Elroy Alexander		Charleston Hill	56.4h	3
13	Maurice Fortuin		Unknown	57.9h	3

Men 800 Meter Run A Senior

Boland A STD: 1:48.70 A

Boland B STD: 1:49.70 B

	Name	Age	Team	Time
Time				
1	Zaid Williams		Stellenbosch AC	1:52.8h
2	Sylvan Dirkse		Stellenbosch AC	1:54.1h
3	Paul Roux		Unknown	1:57.1h
4	Marlin Riergardt		Paarl AC	1:58.3h
5	Pierre Jacobs		Maties AC	1:58.9h
6	Wynand Neethling		Unknown	2:00.5h
7	Harry Van Niekerk		Wellington AC	2:00.9h
8	Oscar Bestenbier		Wpa	2:05.6h
9	Curtley Abrahams		Citrusdal AC	2:09.5h
10	Allister Titus		Citrusdal AC	2:09.9h
11	Janneman Slabbert		Stellenbosch AC	2:11.0h
12	Clive Cupido		Langebaan AC	2:20.3h

Men 800 Meter Run Senior

Boland A STD: 1:48.70 A

Boland B STD: 1:49.70 B

	Name	Age	Team	Time	H#
Time					
1	Sylvan Dirkse		Stellenbosch AC	1:52.78	2
2	Francois Bruwer		Maties AC	1:52.82	1
3	Zaid Williams		Stellenbosch AC	1:52.84	1

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Time ... (Men 800 Meter Run Senior)

	Name	Age	Team	Time	H#
4	Llewellyn Groeneveld		Maties AC	1:56.36	2
5	Pierre Jacobs		Maties AC	1:58.64	1
6	Tyler Warriess		Maties AC	1:59.24	2
7	Neels Van Niekerk		Maties AC	2:02.70	1
8	Johan Van Wyk		Maties AC	2:03.43	2
9	Maurice Fortuin		Unknown	2:17.14	1

Men 1500 Meter Run Senior

Boland A STD: 3:44.10 A

Boland B STD: 3:47.50 B

	Name	Age	Team	Time
1	Llewellyn Groeneveld		Maties AC	3:55.20
2	Alistair Blaauw		Maties AC	4:10.20
3	Harry Van Niekerk		Wellington AC	4:12.10
4	Johan Van Wyk		Maties AC	4:15.00
5	William Kruger		Maties AC	4:19.10
6	Abraham Afrika		Swartland AC	4:37.80

Men 5000 Meter Run Senior

Boland A STD: 14:27.60 A

Boland B STD: 14:37.40 B

	Name	Age	Team	Time
1	Angelo Booyesen		Correctional Service	14:45.60
2	Deon Lee		Stellenbosch AC	15:10.20

Men 10000 Meter Run Senior

Boland A STD: 30:04.30 A

Boland B STD: 31:00.10 B

	Name	Age	Team	Time
1	Angelo Booyesen		Correctional Service	29:49.10 A
2	Rudolf Rossouw		Maties AC	33:58.80
3	Marquin Smit		Ceres AC	35:34.90

Men 110 Meter Hurdles Senior

Boland A STD: 14.15 A

Boland B STD: 14.69 B

	Name	Age	Team	Time	Wind
1	George Weilbach		Maties AC	14.8h	NWI
2	Jesse Perez		Maties AC	15.4h	NWI
3	Hendrik Petrus Beukes		Maties AC	16.7h	NWI
4	Nicholas Swarts		Maties AC	18.5h	NWI

Men 400 Meter Hurdles Senior

Boland A STD: 51.53 A

Boland B STD: 52.83 B

	Name	Age	Team	Time
1	Lee-Hano Swarts		Maties AC	53.54
2	George Weilbach		Maties AC	57.93
3	Shalton Cobern		Maties AC	58.23
4	Peter-John Waterboer		Maties AC	1:03.94

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Men 400 Meter Hurdles Senior

Boland A STD: 51.53 A

Boland B STD: 52.83 B

Name	Age	Team	Time
Time			
1 Llewellyn Van Wyk		Maties AC	59.2h

Men High Jump Senior

Boland A STD: 2.05m A

Name	Age	Team	Time
Time			
1 Bronwin Fransman		Citrusdal AC	1.95m
2 Jesse Perez		Maties AC	1.90m
3 Ronaldo Mackenzie		Maties AC	1.85m
4 Nikolaas Swarts		Maties AC	1.75m
5 Neal Bredeveldt		Wpa	1.65m

Men High Jump Senior

Boland A STD: 2.05m A

Name	Age	Team	Time
Time			
1 Keagan Fourie		Maties AC	2.10m A
1 Garth Ellis		Maties AC	2.10m A
3 Luvo Nkewu		Maties AC	1.95m
4 Jesse Perez		Maties AC	1.85m
5 Nicholas Swarts		Maties AC	1.80m
6 Hennie Beukes		Maties AC	1.75m

Men Pole Vault Senior

Boland A STD: 4.80m A

Name	Age	Team	Time
Time			
1 William Gibbens		Maties AC	4.00m
2 Nicholas Swarts		Maties AC	3.00m

Men Long Jump Senior

Boland A STD: 7.40m A

Name	Age	Team	Time	Wind
Time				
1 Divan Manuel		Maties AC	7.34m	3.3
2 Kwezi Mtoba		Maties AC	7.08m	2.2
3 Keanu Moodie		Maties AC	7.07m	2.3
4 Ingvar Van Rooyen		Paarl AC	6.82m	3.1
5 Kyle Green		Wpa	5.24m	2.4

Men Triple Jump Senior

Boland A STD: 15.02m A

Name	Age	Team	Time	Wind
Time				
1 Kwezi Mtoba		Maties AC	15.30m	5.5
2 Cheslin Kortje		Maties AC	14.38m	3.3
3 Junior Mpefu		Desmond Tutu HS	14.13m	2.9
4 Karl-Otto Matthee		Maties AC	14.10m	3.0
5 Ingvar Van Rooyen		Paarl AC	14.09m	3.4

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Men Triple Jump Senior

Boland A STD: 15.02m A

	Name	Age	Team	Time	Wind
Time					
1	Junior Mpefu		Paarl AC	15.90m A	0.6
2	Ingvar Van Rooyen		Paarl AC	14.65m	2.1
3	Neal Bredeveltdt		Wpa	10.97m	2.1

Men Shot Put Senior

Boland A STD: 17.28m A

	Name	Age	Team	Time
Time				
1	Hendrik Petrus Beukes		Maties AC	9.97m
2	Jesse Perez		Maties AC	9.86m
3	Nicholas Swarts		Maties AC	9.85m

Men Discus Throw Senior

Boland A STD: 53.89m A

	Name	Age	Team	Time
Time				
1	Victor Hogan		Paarl AC	64.59m A
2	Cameron Donkin		Maties AC	49.05m
3	Llewellyn Van Rensburg		Unknown	42.00m
4	Diederik Niehaus		Swartland AC	30.81m

Men Javelin Throw Senior

Boland A STD: 71.50m A

	Name	Age	Team	Time
Time				
1	Dante De Wet		Maties AC	67.34m
2	Arno Horn		Maties AC	63.73m
3	Nico Horn		Maties AC	51.57m

Men 100 Meter Dash Masters

Boland A STD: 10.32 A

Boland B STD: 10.42 B

	Name	Age	Team	Time	Wind
Time					
1	Edward Johannisen		Paarl AC	11.0h	NWI
2	Manfred Ndamane		Paarl AC	11.3h	NWI
3	Moeketsi Ntlaba		Paarl AC	11.6h	NWI