



2017/18 TRACK AND FIELD DRAKENSTEIN SUMMER LEAGUE

Paarl Athletic Club will be hosting a League Meeting of Boland Athletics for the Track and Field season on Wednesday, 15 November 2017.

The league meeting forms part of Boland Athletics preparations for the 2018 Junior and Senior SA Championships and it will be used as criteria for selection to National Championships. The Track and Field Meeting will start at 17:00 and the last event will take place at 20:00.

Notes:

1. An entry fee: R20.00 (Seniors/ Masters/ High School Learners) and R10.00 (Primary School learners) will be charged at the entrance. The Primary Schools, u/14(13), u/16(15), u/18(17), u/20(19) and senior/masters age categories will be catered for.
2. Any socially acceptable clothing can be worn during competition, as long as the athlete wears a license number.
3. License numbers is a prerequisite. Temporary numbers will be available at the track : R15.00
4. Entries for track events close 30min before the start of the event. Entries for field events take place on the track and close 15 minutes before the start of the event.

PROGRAMME

WEDNESDAY, 15 NOVEMBER 2017 Start 17:00 Till 20:00	
Age: u/14, u/16, u/18, u/20 and senior (13, 15, 17, 19)	TIME
1. 5000m Walk	17:00
2. 100m (Primary Schools)	17:00
3. Pole Vault	17:00
4. High Jump	17:30
5. Hammer Throw	17:30
6. Long Jump	17:30
7. Shot Putt	17:30
8. Short Hurdles (Primary Schools)	17:15
9. 200m	17:45
10. 800m	18:00
11. Javelin	18:00
12. 400mH	18:15
13. 3000m	18:40
14. Short Hurdles (Secondary School)	18:50
15. Discus	19:00
16. Triple Jump	19:00
17. 100m	19:00
18. 400m	19:20
19. 1500m	19:40

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