



**PRELIMINARY BOLAND ATHLETICS TEAM
TO SA 10km ROAD RUNNING CHAMPIONSHIPS
SATURDAY 4 NOVEMBER 2017 AT THE MBOMBELA STADIUM, NELSPRUIT.**

Name	Club	Licence number	Age Group	Q- Race	Date	BA Selection Criteria Time	Qualifying Time
Angelo Booysen	Correctional Services AC		Sen Men	Sanlam	17-09-17	30:20	29:22
Sollie Van Rooyen	Worcester AC		M50+	Mitchells Pass	23-09-17	38:40	38:09
Abraham Fielies	Worcester AC		M50+	Mitchells Pass	23-09-17	38:40	38:36
Thomas Moses	Worcester AC		M60+	Mitchells Pass	23-09-17	43:30	41:07
Piet Smith	Swartland AC		M60+	Mitchells Pass	23-09-17	43:30	42:10
Meagen Swanepoel	Maties AC		JUN WOMEN	Mitchells Pass	23-09-17	37:50	41:19 (selected ito para 2.3.2./2.3.3 upon approval of Boland Board)

• An athlete not in this Preliminary Team has the right to appeal in writing for reconsideration to be included in the final team. The appeal must be made to the Boland Athletics office at office@bolandathletics.com within 48 hours after the announcement of the team.

The appeal should include all information the athlete considers relevant to the selection panel's reconsideration of its decision.

The closing date for this appeal process is Monday 9 October 2017 at 12:00

- Selected athletes are not allowed to participate in any race two weeks before the Championships
- Athletes are not allowed to participate in any race longer than 10km between 2 till 22 October 2017
- Any athletes not adhering to the above will automatically be disqualified from the team
- All athletes in the team will be subjected to fitness test, therefore have participate in a 10km race announce by the selection committee on 14 October 2017.
- Proposed the including of the Boland ladies 10km champion in line with paragraph 2.3.2 and 2.3.3.

Issued by Basil Jantjies
Convenor of Selectors
Boland Athletics Road Running Commission



Mike Fraser
Boland Athletics Office
Office: 021 868 0007
Mobile: 083 518 7272
Email: office@bolandathletics.com
Website: www.bolandathletics.com