



RESULTS (21.1KM)

	NAME	CLUB	PACKHOUSE	LICENCE NO	GENDER	AGES GROUP		FINISH TIME
1	AKHONA MDAKA	EGA	TAD		MALE	24	O	01:17:15
2	PHELETSO MLETSANE	EGA			MALE	25	O	01:17:27
3	LYANDA QOLA	EGA			MALE		O	01:18:46
4	JUSTIN MARAIS				MALE	22	O	01:25:41
5	ANELE MNUKWA		TAD		MALE	37	O	01:25:49
6	GERSHWIN KAMMIES	SANLAM		3763	MALE	22	O	01:26:27
7	MORNE KAMMIES	SANLAM		3762	MALE	30	O	01:26:28
8	SIYABONGA BLAYI		TAD		MALE	34	O	01:29:10
9	NICOLAAS DE JAGER		APL		MALE	35	O	01:29:29
10	NICHOLAS MPONTSHANE	SANLAM		3761	MALE	42	V	01:29:48
11	DEAN PRESTON	HOUTBAY		525	MALE	48	V	01:29:56
12	EVAN FRANSMAN		KROMCO		MALE		O	01:32:04
13	T. HESS	EERSTERIVIER		15059	MALE	54	M	01:32:22
14	ESONA MBOMBO	SANLAM		12305	MALE	20	O	01:35:51
15	PIERRE LUDOLPH		TAD		MALE		O	01:36:38
16	VICKY-HANO JULIES	SAKARHAIRA		1826	MALE	16	J	01:37:51
17	WARREN BEZUIDENHOUT		KROMCO		MALE		O	01:38:55
18	JACKWILL HARTZENBERG		KROMCO		MALE	20	O	01:39:27
19	NKOLISE MAKHOLWA	SAPS		12419	MALE	41	V	01:39:57
20	JULIAN VAN WYK				MALE	28	O	01:40:45
21	BYRON JULIES	SAKARHAIRA		962	MALE	16	J	01:40:58
22	RICHARD BERGER	SANLAM		3620	MALE	44	V	01:41:07
23	HEINRICH ARDENHURST	K-WAY		817	MALE	33	O	01:41:08
24	HERMAN CRONJE	BRACKENFELL		15490	MALE	28	O	01:41:14
25	KAMOLO MOLONGOANA		TAD		MALE	26	O	01:43:18
26	MARSHALL FRANSMAN		APL		MALE	50	M	01:43:41
27	MANDU KHAYELITSHA				MALE	38	O	01:43:58
28	GERHARD SASS		TAD		MALE		O	01:44:31
29	PAUL WILES				MALE	39	O	01:45:51
30	NO INFO						O	01:45:52
31	ALBERT RUST		KROMCO		MALE	46	V	01:46:09
32	E. BARNARD	WHALERS		350	MALE	54	M	01:46:41
33	MAXWELL GODLEZA				MALE	50	M	01:46:51
34	NADEEM GUYAN		TAD		MALE	22	O	01:48:20
35	JACOBUS MARTHINUS		TAD		MALE	52	M	01:49:23
36	WILSON SMITH		TAD		MALE		O	01:50:11
37	NO INFO						O	01:50:27
38	ASHLEY FRANSMAN		KROMCO		MALE		O	01:50:28
39	TOBIN ABRAHAMS		KROMCO		MALE	18	J	01:50:29
40	HENNIE KOTZE	SANLAM		3688	MALE	29	O	01:50:55
41	VUYANI NOSE		TAD		MALE	30	O	01:50:59
42	WILHELM COOPER	WHALERS		408	MALE	46	V	01:51:03
43	IAN LOOS				MALE	48	V	01:51:20
44	JUANRICH VISSER		TAD		MALE	23	O	01:52:45
45	XOLANI KHWATSHNE		TAD		MALE	28	O	01:52:49

	NAME	CLUB	PACKHOUSE	LICENCE NO	GENDER	AGES GROUP		FINISH TIME
46	VICTORIA BENNETTS	WP CARBINEERS		6462	FEMALE	39	O	01:52:54
47	RENIER BEKKER	BRACKENFELL		8219	MALE	33	O	01:53:08
48	BUSIWE N				FEMALE	32	O	01:53:20
49	JOHN	SANLAM		3689	MALE	37	O	01:54:02
50	NO INFO						O	01:54:03
51	CHALGMALA	WHALERS		1786	MALE	48	V	01:55:36
52	SAM KOTZE	NEDBANK		4177	MALE	60	GM	01:55:50
53	TEMBELANI	NEDBANK		4151	MALE	51	M	01:55:59
54	ELKE				FEMALE	22	O	01:56:11
55	MARIETJIE DE VRIES	STRAND		5072	FEMALE	44	V	01:56:21
56	NO INFO						O	01:57:27
57	SIFISO SHUMI		TAD		MALE	35	O	01:57:31
58	REINHARDT LOURENS	BRACKENFELL		8291	MALE	20	O	01:57:36
59	M LANGA		TAD		MALE		O	01:57:39
60	DAV.DC VAN HUFFEL	CERES		624	MALE		O	01:59:17
61	CAILEY BREDEKAMP	PAARL		215	FEMALE	54	M	01:59:31
62	J P DUVEAGE	HAC		1361	MALE	37	O	02:01:25
63	REGANALD CROWSTER	TYGERBERG		1720	MALE	54	M	02:01:59
64	BRIAN ROTHMAN	BRACKENFELL		8353	MALE	64	GM	02:02:04
65	ANNE POOL	STRAND		5120	FEMALE	56	M	02:02:27
66	KENEUWE KLETT	SAPS		13675	FEMALE	33	O	02:03:12
67	CHARL VAN HEERDEN	WHALERS		405	MALE	34	O	02:03:15
68	CHRISTO VLOTMAN	WHALERS		359	MALE	35	O	02:03:25
69	CHRIS SCHIEHAGE	PINELANDS		1953	MALE	63	GM	02:03:26
70	ANDREW GEUSICE	PINELANDS		2068	MALE	49	V	02:04:24
71	JOHANN KOTZE	WHALERS		956	MALE	42	V	02:04:26
72	JOSUA BLOM	WHALERS		362	MALE	47	V	02:04:33
73	TOM	HANGKLIP		1346	MALE	32	O	02:04:47
74	YOLANDA NOTYAUNI	SAPS		13626	FEMALE	29	O	02:04:52
75	NO INFO						O	02:05:07
76	NICKI ITILL	CARBINEERS		5065	FEMALE	50	M	02:06:06
77	THOMAS MOSES		APL		MALE	60	GM	02:06:22
78	KHAYALETHU MOMOTT				MALE	37	O	02:06:31
79	CONITA HENRY	STELLENBOSCH		865	FEMALE	54	M	02:07:41
80	M.C SIHLUKU	RCS GUGS		8879	MALE	46	V	02:07:43
81	L GERTZE	EGA		1699	MALE	42	V	02:07:50
82	GERRIT FOUCHE		KROMCO		MALE	43	V	02:07:53
83	JULIAN VEERMEER				MALE	35	O	02:07:55
84	JAYPEE SNYMAN		APL		MALE	50	M	02:08:37
85	JOHANN CLAASEN	SANLAM		3700	MALE	38	O	02:09:25
86	FANNIE SHABONGA	EDGEMEAD RUNNERS		3745	MALE	32	O	02:09:27
87	PATRICK DAWEDE		TAD		MALE	33	O	02:09:42
88	KANAKANA MUSHANGANYISI	PINELANDS		1840	MALE	42	V	02:09:53
89	CHANELLE HOFFMAN	STRAND		5200	FEMALE	46	V	02:10:12
90	ESMUND VAN WYK	BELLVILLE		8694	MALE	35	O	02:10:13
91	LIAAN	CORRECTIONAL SER		1109	MALE	44	V	02:10:14
92	RIAAN SMIT	HANGKLIP		1353	MALE	32	O	02:10:55
93	MDUDUZI MAKHEBA	SAPS		12421	MALE	52	M	02:11:07
94	TACTION MAFATLE		PPECB		MALE	43	V	02:13:46
95	S. KING	STRAND		5300	FEMALE	46	V	02:13:57
96	ESTHER PATIENCE	ATC		2403	FEMALE	48	V	02:13:58
97	CLINTON				MALE	46	V	02:13:59
98	NO INFO						O	02:15:13
99	MARCO JACOBS		KROMCO		MALE	37	O	02:15:14
100	MELISSA VAN DER WESTHUIZEN	SANLAM		3687	FEMALE	25	O	02:15:15
101	HANNES PIETERS	SWARTLAND		24	MALE	51	M	02:15:16
102	LEON VISSER	BRACKENFELL		8200	MALE	48	V	02:16:00
103	GRANT FORTUIN		TAD		MALE	35	O	02:17:30
104	TOM JOHNSON	AVRECON		9209	MALE	62	GM	02:17:31
105	NO INFO						O	02:17:32
106	NO INFO						O	02:17:33
107	SHANE JANSEN		KROMCO		MALE	18	J	02:18:24
108	MARISKA NIEMAND				FEMALE	39	O	02:18:25
109	LIZZY JOUBERT				FEMALE	34	O	02:18:38

	NAME	CLUB	PACKHOUSE	LICENCE NO	GENDER	AGES GROUP		FINISH TIME
110	S MACDONALD	NEDBANK		8034	FEMALE	56	M	02:19:52
111	PIETER JOHNSON		APL		MALE	56	M	02:20:14
112	LATASHA SIDORIE	NEDBANK		4200	FEMALE	41	V	02:21:04
113	DONOVAN GELDENHUYS	TYGERBERG		1717	MALE	50	M	02:21:09
114	LORINDE OIVIER				FEMALE	52	M	02:21:16
115	GAVIN TAYLOR				MALE	41	V	02:21:17
116	RITH LEVERTON	PINELANDS		1952	FEMALE	64	GM	02:21:38
117	SRIKANTH KARUMURI	BRACKENFELL		8277	MALE	29	O	02:21:49
118	P. MTESHANA	RCS GUGS		13805	FEMALE	33	O	02:22:15
119	JAMES FISHER		KROMCO		MALE	50	M	02:22:36
120	MARSHALL KIEWIETS	CARBS WP		6477	MALE	33	O	02:22:37
121	KANEI	CARBINEERS		6560	FEMALE	36	O	02:23:04
122	MATIE STANDER	HANGKLIP		1345	MALE	62	GM	02:23:06
123	TYNIE CRAFFORD	CMC		6403	FEMALE	54	M	02:24:09
124	SAMUEL NGIDIWE	PINELANDS		1925	MALE		O	02:24:10
125	SEBATAOLO	RCS GUGS		12172	MALE	36	O	02:24:11
126	TLOU MASEHELA	PINELANDS		2023	MALE	32	O	02:24:50
127	MARILEE ERASMUS		TAD		FEMALE	36	O	02:24:51
128	ELZAAN WALTERS		TAD		FEMALE	49	V	02:24:52
129	ANGELIQUE NIEUWOUDT		FRUITWAYS		FEMALE	37	O	02:25:12
130	WERNER ANDRIES		TAD		MALE	31	O	02:26:58
131	JACQUES GROENEWALD	SANLAM		3670	MALE	35	O	02:26:59
132	ADRIAAN DE BEER				MALE	38	O	02:27:04
133	DESMOND MOSHOESHOE	GOODWOOD		14832	MALE	26	O	02:27:16
134	CHARLES JAARS	CORRECTIONAL SER		1121	MALE	54	M	02:28:28
135	NO INFO						O	02:28:34
136	HENDRIK FIELANDER		KROMCO		MALE		O	02:29:57
137	MUNCHE ELLIOT	RUN WALK FOR LIFE		5371	FEMALE	49	V	02:30:18
138	VENITA NEL	GOODWOOD		4769	FEMALE	47	V	02:34:31
139	RIEDWAAN SADIE				MALE	62	GM	02:34:37
140	GAYNOR	PAARL		164	FEMALE	47	V	02:35:14
141	DAVID MANIE	CELTIC		5854	MALE	42	V	02:35:50
142	NO INFO						O	02:36:30
143	VIOLA BRUNGS	AAC		3465	FEMALE	51	M	02:37:41
144	MARCELLE LE ROUX	STRAND		5051	FEMALE	59	M	02:37:43
145	CATHY ALGER	EDGEMEAD RUNNERS		2654	FEMALE	54	M	02:37:55
146	DAVID GREEN	EDGEMEAD RUNNERS		2653	MALE	63	GM	02:38:06
147	NO INFO						O	02:38:07
148	JUDITH DAVIDSE	PINELANDS		1981	FEMALE	36	O	02:40:07
149	ALISON SMITH	PINELANDS		2055	FEMALE	40	V	02:40:42
150	SAMANTHA MOODLEY	PINELANDS		2052	FEMALE	49	V	02:42:46
151	JULIAN	CENTURY CITY		9172	MALE	59	M	02:43:30
152	HENDRY DAMON		TAD		MALE	39	O	02:43:40
153	EDGAR ISAACS	EGA	TAD	1301	MALE	53	M	02:43:41
154	ROB BURAWUNDI				MALE	40	V	02:44:41
155	DIANIE LAMPRECHT				FEMALE	42	V	02:47:10
156	CHRISTINA VAN DER BREGGEN				FEMALE	43	V	02:47:10
157	NO INFO						O	02:47:13
158	MARY-ANN				FEMALE	53	M	02:47:14
159	NEIL SPANN	BRACKENFELL		8190	MALE	58	M	02:47:34
160	KOERT MEYER	TYGERBERG		1746	MALE	70	GM	02:47:57
161	EDMUND MATHIAS				MALE	58	M	02:47:59
162	ALIA ISAACS	KENFAC SAC		9615	FEMALE	18	J	02:48:23
163	MOEGSIEN EBRAHIM				MALE	57	M	02:48:31
164	LAMEEZ ISAACS	KENFAC SAC		8521	FEMALE	44	V	02:48:33
165	GRAHAM JOOSE	BRACKENFELL		8215	MALE	51	M	02:48:34
166	NICKY DU TOIT	SANLAM		3706	FEMALE	44	V	02:48:35
167	ALEXANDER HUGO	BRACKENFELL		8366	MALE	48	V	02:49:51
168	JACKIE LATEGAN		APL		FEMALE	44	V	02:50:22
169	CORNEL JACOBS		APL		MALE	40	V	02:50:23
170	ELTON GORDON		TAD		MALE		O	02:50:25
171	PETRA RIGGS	BRACKENFELL		8255	FEMALE	55	M	02:51:41
172	SANET DU TOIT	BRACKENFELL		8242	FEMALE	48	V	02:51:43
173	SOPHIA LOUW	BRACKENFELL		8401	FEMALE	47	V	02:52:01

	NAME	CLUB	PACKHOUSE	LICENCE NO	GENDER	AGES GROUP		FINISH TIME
174	NOUTH QUMBA	SANDB		12034	FEMALE	39	O	02:52:02
175	NOMUNHONGO	SAPS		7319	FEMALE	30	O	02:52:25
176	LINDA COETZEE	PINELANDS		1961	FEMALE	56	M	02:52:26
177	LINDA MALLOW	PINELANDS		1773	FEMALE	55	M	02:52:33
178	GODFREY JULIES	STRAND		5088	MALE	54	M	02:52:34
179	RIBERTS S	JAGUARS		7651	MALE		O	02:53:16
180	RENATA	PINELANDS		2073	FEMALE	43	V	02:53:56
181	LEE-ANN HARRIS	PINELANDS		1967	FEMALE	50	M	02:54:23
182	THOBEKA SONDLLO	CELTIC			FEMALE	34	O	02:56:03
183	LIEZEL MATTHEWS	STRAND		5021	FEMALE	44	V	02:57:30
184	M TROUT	CMO		15512	FEMALE	46	V	02:57:32
185	JOHANNES WAGENER	BRACKENFELL		8339	MALE	45	V	03:01:35
186	BILL MAYCOCK				MALE	74	GM	03:01:39
187	GAVIN HARDRES-WILLIAMS				MALE	73	GM	03:02:28
188	CAREN VAN DER WATT		KROMCO		FEMALE		O	03:02:30
189	MARIAM ELISSAC				FEMALE	56	M	03:03:51
190	LEE-ANN ADAMS	KENFAC SAC		8522	FEMALE	41	V	03:04:28
191	SIMONE ABELS	KENFAC SAC		8571	FEMALE	37	O	03:12:08
192	ELMIEN				FEMALE	36	O	03:14:36
193	ADDLINA VAN NIEKERK	RWFL		5358	FEMALE	58	M	03:17:31
194	MARILETTE BROWN	CAPE MULTIS PORT		6150	FEMALE	35	O	03:17:36
195	NO INFO						O	03:17:36
196	MARY FORTUIN				FEMALE	52	M	03:17:57
197	B. FORTUIN				MALE	59	M	03:18:26
198	BRENDA HUMAN	METROPOLITAN		11580	FEMALE	52	M	03:19:43
199	NAZEEMA DANIELS	RCS GUGS		7272	FEMALE	48	V	03:21:52
200	MICHELLE WILLIAMS				FEMALE	34	O	03:25:02
201	ALCIS CILLIERS				FEMALE	52	M	03:25:23
202	TRACY LE ROUX	CMC		6404	FEMALE	48	V	03:25:26
203	PHATHISWA MATIKA				FEMALE	37	O	03:31:12
204	HANDRE JAMES		TAD		MALE	17	O	03:32:13
205	CYNTHIA	BRACKENFELL		8216	FEMALE	52	M	04:03:06
206	IRENE HENDRICKS		TAD		FEMALE	42	V	04:09:48
207	NOLUTHANDO SOMHLAHO		TAD		FEMALE	33	O	04:09:49
208	PEBO MILLON	BRACKENFELL		8221	FEMALE	51	M	04:19:34
209	HABIBA RYKLEERS	TOP FORM		1588	FEMALE	58	M	04:19:40
210	PATRICIA KWEMALIE	SAPS		11281	FEMALE	34	O	
211	NO INFO						O	
212	PAMELA DUANTE				FEMALE	42	V	
213	TERESA MORRIS	BRACKENFELL		8222	FEMALE	45	V	
214	JAN DU PLESSIS	HELDERBERG		3535	MALE	62	GM	