



CROSS COUNTRY EVENTS CALENDAR 2017

Date	Event	Venue	Start	Distance	Organiser/Host	Contact Person	EEmail
TBC	CAA Cross Country Championships	TBC	NA	NA	Athletics South Africa/CAA	Durell Jejane 011 880 5800	DurellJ@athleticssa.co.za
26 March 2017	IAAF World Cross Country Champs	Kampala, Uganda	10:00	Time Table	Athletics South Africa	Durell Jejane 011 880 5800	DurellJ@athleticssa.co.za
Sat 6 May 2017	Trial 1	Callie De Wet Stadium Robertson	10:00	Time Table	Robertson Athletics Club Boland North Schools	Edward Salies 084 815 9651 Houman Josephs 083 497 1141	edwardsalies@gmail.com,
Sat 13 May 2017	Trial 2	Van Der Stel Sports Club, Stellenbosch	10:00	Time Table	Stellenbosch Athletics Club Boland Central Schools	Hilton Carstens 084 812 5483 Franklin September 082 350 2406	carstens.hilton@gmail.com
Sat 20 May 2017	Trial 3	Victoria Stadium, Ceres	10:00	Time Table	Ceres Athletics Club Witzenberg Schools	Roy Abrahams 084 581 1120 David Koopman 083 736 9790	roy@wolseley.wcape.school.za
Sat 27 May 2017	Trial 4 BA XC Inter-District	Voorberg Correctional Centre, Porterville	10:00	Time Table	Swartland Athletics Club West Coast Schools	Soreen Gous 083 318 1108 Heini Redelinghuys 082 892 2078	lab@piketberg.co.za
Sat 3 June 2017	Trial 5	Boland Park, Worcester.	10:00	Time Table	Worcester Athletics Club Boland North Schools	Russel Cupido 082 532 0826 Owen Fortuin 082 680 4763	worcester.athletics@gmail.com
Sat 29 July 2017	Trial 6	Auldren Estate, Grabouw	10:00	Time Table	Elgin Grabouw Athletics Club Boland North Schools	Deririck Uren 082 532 0826 Tommy Davids 082 680 4763	elgingrabouwatletiekklub@gmail.com
Sat 12 Aug 2017	Boland Athletics XC Championships	Dal Josaphat Stadium, Paarl	10:00	Time Table	BA Cross Country Commission Boland Central Schools	Etheresia Thomas 082 475 6070 Franklin September 082 350 2406	thomasetheresia@gmail.com
TBC	Western Cape XC Championships	TBC	9:00	NA	Western Cape Schools XC	Franklin September 082 350 2406	admin@bdv.wcape.school.za
Sat 9 Sept 2017	SA XC Championships	Potchefstroom	8:30	NA	Athletics South Africa	Durell Jejane 011 880 5800	DurellJ@athleticssa.co.za
29-30 Sept 2017	USSA Cross Country Champs	Kimberley	NA	NA	Athletics South Africa	Durell Jejane 011 880 5800	DurellJ@athleticssa.co.za
29-30 Sept 2017	SASA X-Country Championships	Kimberley	NA	NA	SA Schools Association	Peppi Olevana 057 573 1162	peppi@gcs.co.za

EVENT TIME TABLE

TIME	CATEGORY	DIST.		TIME	CATEGORY	DIST.		TIME	CATEGORY	DIST.		TIME	CATEGORY	DIST.
10:00	Senior Men	10 km		11:10	Boys 11	3 km.		13:10	Boys 14	4 km		14:15	Master Woman	4 km
10:05	Senior Women	10km		11:30	Girls 12	3 km		13:30	Girls 14	4 km		14:35	Boys 16	6 km
10:10	Girls 9	2 km.		11:45	Boys 12	3 km.		13:30	Girls 15	4 km		14:35	Boys 17	6 km
10:20	Boys 9	2 km.		12:00	Girls 13	3 km		13:45	Boys 15	4 km		14:35	Junior Women 19	6 km
10:35	Girls 10	2 km.		12:15	Boys 13	4 km		14:15	Girls 16	4 km		14:35	Grand Master Men	6 km
10:45	Boys 10	2 km.		12:35	Junior Men 19	8 km		14:15	Girls 17	4 km		14:55	Senior Men	4 km
11:00	Girls 11	3 km.		12:35	Master Men	8 km		14:15	Senior Women	4 km				